



Preventive Intervention
2-arm RCT with double baseline (6 months between 1st assessment and start of parental therapy),
post-assessment after 45 parental therapy sessions and 6-month FU*
 1st arm: state-of-the-art cognitive behavioral therapy for parents (CBT); 2nd arm: CBT + Positive Parenting Program (PPP)

* FU = follow-up; full study design available upon request

Figure 1: Model of the trans-generational transmission of mental disorders adapted from¹⁵ p. 253 identifying risk factors, mechanisms, vulnerability, and child outcome. The influence of interventions on the different aspects of the model is an inclusion of the consortium.