

RADIONUCLIDE AND RADIATION PROTECTION DATA HANDBOOK 2002

D. Delacroix*
J. P. Guerre**
P. Leblanc**
C. Hickman

* Commissariat à l'Energie Atomique, CEA/DAM - Ile de France, France

**Commissariat à l'Energie Atomique, CEA/Saclay, France

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Radiation Protection Dosimetry is abstracted or indexed in RADIATION PROTECTION ABSTRACTS, Chemical Abstracts, CURRENT CONTENTS, Energy Information Abstracts (Cambridge), EXCERPTA MEDICA (EMBASE), Health and Safety Science Abstracts (Cambridge), INIS ATOMINDEX (hard copy and CD ROM), INSPEC, Nuclear Energy (Czech Republic), QUEST and Referativnaja Zhurnal.

Preface

RADIONUCLIDE AND RADIATION PROTECTION DATA HANDBOOK (2002)

This handbook is an updated and expanded (2nd edition) version of the handbook with the same title published in 1998. That handbook was in turn based on an earlier French laboratory guidebook *A Guide on Radionuclides and Radioprotection* by D. Delacroix, J.P. Guerre, and P. Leblanc, published in 1994⁽¹⁾. The earlier publication was very much oriented towards guidance on the handling of radionuclides used in medicine. The present handbook is much more broadly based in its outlook and application and incorporates updated information to take account of the most recent ICRP and IAEA recommendations⁽¹⁻⁴⁾. The radionuclides listed in the earlier publication were supplemented by commonly used radionuclides in the nuclear industry and in other areas. Moreover, the main purpose of this handbook (and its 1998 predecessor) is the provision of data sheets and the models or sources used to assemble the data, rather than as a radiation protection guide for laboratory users.

This practical handbook of data for handling radioactive materials is intended for radiation protection specialists as well as all others who use or transport radionuclides. Its publication should satisfy a major need for all health physics departments and is intended to assist in informing and training personnel in radiation protection. It consists of an explanatory text followed by specific radiation data sheets for selected radionuclides. Because of the disparities in the approaches adopted by different countries, it is essential that users also refer to the relevant national regulations with which they must comply.

The present handbook includes 36 additional radionuclides than the previous edition, giving a total of 144 nuclides. Additional data are included covering dose rates above uniformly contaminated surfaces (infinite plane source). Some corrections to data in the previous edition have been incorporated. The list of nuclides is not exhaustive but those included have been selected on the basis of being most commonly used, taking into account the requirements of users in industry, medicine and research. Finally, account is taken of the need to consider decay chain products for several heavy elements. To this end, an appendix is provided giving the decay products and their activities as a function of time (age), together with decay charts for four of the more complex chains.

**Directeur Central de la Sécurité
Commissariat à l'Energie Atomique, France**

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D. Delacroix*, J. P. Guerre**, P. Leblanc** and C. Hickman

*Commissariat à l'Energie Atomique, CEA/DAM - Ile de France, France

**Commissariat à l'Energie Atomique, CEA/SACLAY, France

Abstract — This handbook is a reference source of radionuclide and radiation protection information. Its purpose is to provide users of radionuclides in medicine, research and industry with consolidated and appropriate information and data to handle and transport radioactive substances safely. It is mainly intended for users in low and intermediate activity laboratories. Individual data sheets are provided for a wide range of commonly used radionuclides (144 in total). These radionuclides are classified into five different groups as a function of risk level, represented by colours red, orange, yellow, green and blue, in descending order of risk.

INTRODUCTION

In recent years the need for a compilation of essential data for commonly used radionuclides, for both practice and training, has become increasingly apparent.

This handbook contains individual data sheets for a range of radionuclides and is mainly intended for users of unsealed radioactive sources in low and intermediate activity laboratories, industrial applications and transport.

Individual data sheets corresponding to the different radionuclides give the physical characteristics, reference transport activities, exemption levels, contamination derived limits and appropriate detection probes, dose rates from skin contamination, half and tenth value shielding thicknesses, external exposure data, dose coefficients for ingestion and inhalation, derived 20 mSv ALI values, and the highest dose organ. The maximum activities recommended to be handled on benches, under fume hoods and in glove boxes are also given. However, this information is most appropriate in laboratories handling low and intermediate levels of radioactive materials. In order to facilitate the user's understanding, pictorial illustrations have been employed and data is presented in tabular form.

It should be noted that the data provided, although drawn from appropriate recent international recommendations, should in no way be taken to supersede existing local or national regulations. The data may, of course, be used to review existing local regulations which may have become out of date.

The text preceding the data sheets provides the background, derivation and substantiation for the data given, enabling users to satisfy any quality assurance arrangements that may be in place.

SCOPE

This handbook provides the most up to date internal and external dosimetry information and control criteria

in the form of data sheets in an easy to use format for 144 of the most commonly used radionuclides in medicine, research and industry. It is designed as a ready reference source of information, gathering together in one place, in the form of individual data sheets, the most up to date isotopic and radiation protection data. The information includes:

- ◆ half-life and specific activity,
- ◆ main emissions,
- ◆ IAEA Basic Safety Standards exemption levels,
- ◆ IAEA A₁ and A₂ transport values,
- ◆ external exposure data for a range of geometries,
- ◆ surface contamination data, detection and limits,
- ◆ shielding information,
- ◆ ICRP dose per unit intake data by ingestion and inhalation,
- ◆ 20 mSv ALI values and the highest organ dose, and,
- ◆ maximum recommended activities in Controlled and Supervised Areas.

Most of the data provided are relevant to all users. However, the section and data dealing with maximum recommended activities are only appropriate to low and intermediate activity laboratories. These laboratories are frequently limited to two to three orders of magnitude higher than the exemption limits by local or national regulations.

CLASSIFICATION OF RADIONUCLIDES

Radionuclides have been divided in this handbook into five 'risk groups'. The classification used is based on the BSS 'quantity' exemption limit values. Exemption limit values have been chosen for this purpose because they reflect both internal and external exposure risks. Each group is associated with a colour (red, orange, yellow, green and blue successively represent decreasing levels of risk). The data sheets have been appropriately coloured providing the reader with a rapid visual means of appreciating the risk associated with

particular radionuclides. The five risk groups have been defined as follows:

- Group 1: exemption limit $\leq 10^4$ Bq (red)
- Group 2: exemption limit = 10^5 Bq (orange)
- Group 3: exemption limit = 10^6 Bq (yellow)
- Group 4: exemption limit = 10^7 Bq (green)
- Group 5: exemption limit $\geq 10^8$ Bq (blue)

In the rare cases for which exemption levels have not been defined (e.g. ^{11}C , a nuclide sometimes used for medical imaging) a group has been assigned by analogy with other radionuclides of the same type.

Attention is drawn to the fact that radioactive substances are also chemical substances, the handling of which may involve hazards of non-radiological origin. Moreover, radioactive substances are often intimately mixed with chemical products having an aggressive action on the human body (toxic, mutagenic and carcinogenic effects). Chemical hazards should therefore never be neglected.

PHYSICAL CHARACTERISTICS OF RADIONUCLIDES

The following characteristics are considered in these sheets.

Half-lives expressed in the most appropriate units (hours, days, years).

Specific activities expressed as Bq.g^{-1} .

Exemption levels

Exempt activity concentrations (Bq.g^{-1}) and exempt activities (Bq) are defined in the IAEA Basic Safety Standards⁽²⁾ and in the L159 Euratom Directive⁽³⁾. These limits can be used by regulatory authorities to define criteria for exemption against formal registration of the premises and may also be used to develop clearance levels for materials leaving the premises. The exemption levels also apply in the transport regulations. The correct use of these limits by users is of utmost importance. Users should refer to the above mentioned references.

A₁ and A₂ reference transport activities

A₁ and A₂ are the maximum activities (expressed in TBq) that can be transported by A type packages. A₁ corresponds to radioactive matter in 'special form' and A₂ to the other cases.

In the data sheets, the values correspond to values in the 1996 edition of The IAEA publication *Regulations for the Safe Transport of Radioactive Materials*⁽⁴⁾, with which the international modal transport authorities (RID, ADR, IMO, ICAO, etc.) are harmonised. Users seeking further details are referred to the referenced texts.

The nature of the main radiation⁽⁵⁾

α , β , e^- , X, γ radiation and neutron emissions are given, together with the corresponding energies expressed in keV, and corresponding percentage emissions. A maximum of the three most characteristic emissions is given for each type of radiation, the criterion adopted being the relevance of the emissions from the radiation protection standpoint. However, in order to remedy the restrictive effects of this approach (some radionuclides exhibit multiple emissions, e.g. ^{140}La and ^{152}Eu), the relative percentage emissions not taken into consideration are nevertheless given.

RADIOLOGICAL CONTROL

External exposure risks

The following modes of exposure are considered.

Contact

When handling radioactive materials, the operator may touch the receptacle (e.g. beaker, pipette, syringe) containing the radioactive substance or materials contaminated with this substance. The radioactive substance can also become deposited on the skin.

Distant source

All parts of the operator's body generally remain distant from the radioactive substances being handled, even though certain parts of the body such as the hands and forearms occasionally approach these substances during handling operations with or without manipulators.

Immersion in a cloud

This type of relatively infrequent hazard is encountered when handling gaseous radioactive sources. The corresponding risks must be taken into consideration, for example, in laboratories using cyclotrons to manufacture short half-life radionuclides (e.g. ^{18}F , ^{11}C , ^{123}I).

Internal exposure risks

The risks arise from three different possible paths into the human body:

- ◆ *Inhalation* after the dispersion of gases, vapours or aerosols in the environment;
- ◆ *Ingestion* by contaminated hands or objects through contact with the mouth;
- ◆ *Transfer through the skin* with or without an associated wound following contamination of parts of the body (which have not been sufficiently rapidly decontaminated) or following simple contact with highly penetrating radionuclides (e.g. tritium in

tritiated water) or chemically aggressive substances (acidic solutions, solvents, etc.).

Dose limits for workers^(2,6)

The occupational exposure of any worker should not exceed the following limits, but may also be subject to more restrictive limits in appropriate local or national regulations.

- ◆ an effective dose of 100 mSv over a period of five consecutive years (i.e. 20 mSv per year) averaged over this period;
- ◆ an effective dose of 50 mSv in any single year;
- ◆ an equivalent dose to the lens of the eye of 150 mSv in a year;
- ◆ an equivalent dose to the extremities (hands and feet) or the skin of 500 mSv in a year.

It is noted that the IAEA⁽²⁾ states that

Compliance with the foregoing requirements for application of the dose limits on effective dose shall be determined by one of the following methods:

(a) by comparing the total effective dose with the relevant limit, where the total effective dose E_T is calculated according to the following formula:

$$E_T = H_p(d) + \sum_j e(g)_{j, \text{ingestion}} \cdot I_{j, \text{ingestion}} + \sum_j e(g)_{j, \text{inhalation}} \cdot I_{j, \text{inhalation}}$$

where $H_p(d)$ is the personal dose equivalent from exposure to penetrating radiation during the year. Note that $e(g)_{j, \text{ingestion}}$ and $e(g)_{j, \text{inhalation}}$ are the committed effective dose per unit intake by ingestion and inhalation for radionuclide j by the group of age g , and $I_{j, \text{ingestion}}$ and $I_{j, \text{inhalation}}$ are the intakes via ingestion or inhalation for radionuclide j during the same period.

(b) by satisfying the following conditions:

$$H_p(d)/DL + \sum_j (I_{j, \text{ingestion}}/I_{j, \text{ingestion}, L}) + \sum_j (I_{j, \text{inhalation}}/I_{j, \text{inhalation}, L}) \leq 1$$

where DL is the relevant dose limit on effective dose, and $I_{j, \text{ingestion}, L}$ and $I_{j, \text{inhalation}, L}$ are the annual limits on intake (ALI) via ingestion or inhalation of radionuclide j .

(c) by any other approved method.

Note that the symbols used in the quote are consistent with those used in this handbook but not the original IAEA document. The above quantities are briefly explained in Schedule II of Reference 2.

EXTERNAL EXPOSURE

Assumptions

X ray, γ , β , e^- and neutron emissions lead to external exposures depending on the nature and energies of the corresponding radiation as well as the packaging and geometry of the source. Depending on the particular case being studied, superficial exposures (or skin exposures) defined at a depth of 7 mg.cm^{-2} or deep body exposures⁽⁷⁾ are taken into consideration.

Various handling postures and situations commonly encountered in laboratories are considered. Calculations have been performed for unique values of source or solution activity; in this way a direct comparison between the values obtained under different circumstances can be made. A nominal activity of 1 MBq has been adopted for external exposures, exposures resulting from contacts with receptacles and exposures to distant sources. A nominal value of 1 kBq has been adopted for the case of skin contamination due to droplets and 1 kBq.cm^{-2} for uniform skin contamination. Exposures due to an infinite and uniformly contaminated surface at 1 MBq.cm^{-2} are also considered. Data are provided for distances of 10 cm and 1 m from the contaminated surface for beta and photon radiation for the skin and deep tissue. The quantity adopted for all geometries for tabulated data is dose equivalent, expressed in mSv.h^{-1} (millisievert per hour).

The handling postures adopted in this handbook for some operations with radionuclides in the form of unsealed sources may not actually represent what is done in practice (e.g. use of a syringe or beaker). However, the user, by analogy, can transform the values indicated into those corresponding to other receptacles of similar dimensions, on the basis that the situations shown are reasonably typical.

The following codes have been used for the calculations:

- ◆ Microshield Version 4.10 has been used for γ and X ray calculations (Grove Engineering, 15215 Shady Grove Road, Rockville, USA, 1996)
- ◆ Varskin mod 2 for β radiation and Varskin mod 2 modified for monoenergetic electrons (J.S. Durham, Pacific Northwest Laboratory, PO Box 999, Richland, Washington 99352, USA).

Distant (point source) external exposure

The cases of a point source at a distance of 30 cm (average length of forearm) in air and a 'penicillin' type vial at a distance of 1 m in air⁽⁸⁾ are considered successively. In the latter case, the source is represented by a cylinder with a density of 1 g.cm^{-3} , 2.3 cm in diameter and 2.5 cm high enclosed in a 1.5 mm thick glass (density 2.7 g.cm^{-3}) envelope.

In the case of a point source at 30 cm, the deep or whole-body dose equivalent due to X and γ ray compo-

nents is distinguished from the superficial or skin dose equivalent due to β and e^- components. This is done in order to draw the operator's attention to the fact that the superficial dose equivalent can be considerably reduced by interposing a screen with a thickness equivalent to the maximum range of the β and e^- components.

A deep dose equivalent is given for a vial at 1 m (this corresponds to the distance between the operator and the bench or table).

Exposures to a uniformly contaminated surface

Exposures due to a uniformly contaminated source (floors) are considered. The contributions due to beta radiation and photons are considered separately for distances of 10 cm and 1 m from an infinitely and uniformly contaminated surface. This separation enables users to make appropriate decisions as to what measurement equipment should be used. Pure beta emitters generally cannot be detected with gamma detectors. Dose rates at 10 cm and 1 m are often similar because the increased distance is compensated by the increased solid angle. Data is quoted for the dose equivalent at depths representing the skin and deep tissue respectively.

External contact exposure (receptacles)

The cases of a 50 cm³ beaker containing 20 cm³ of solution and a 5 cm³ syringe containing 2.5 cm³ of solution are considered. The beaker is represented by a cylinder with a density of 1 g.cm⁻³, 4 cm in diameter, 1.6 cm high enclosed in a 2 mm thick glass (density 2.7 g.cm⁻³) envelope.

The syringe is represented by a cylinder with a density of 1 g.cm⁻³, 1.2 cm in diameter, 2.2 cm high enclosed in a 1 mm thick plastic (density 1 g.cm⁻³) envelope.

In both cases dose equivalents have been calculated under 7 mg.cm⁻² at the level of the solution (an arrow indicates the position taken into consideration)⁽⁸⁾.

The position indicated corresponds to the maximum dose equivalent to which an operator can be exposed when manipulating these receptacles. Attention is drawn to the fact that these drawings, for pedagogical reasons, show the operator's hands and fingers as far away from the source as possible.

The dose equivalents depicted take both β and γ components into consideration. It should, however, be noted that in the case of a beaker (2 mm thick glass), β components (other than those emitted by radionuclides such as ⁴²K, ⁹⁰Y and ¹⁴⁴Pr) can be neglected. In the case of a syringe (1 mm thick plastic), the β contribution can be highly significant (e.g. 24 mSv.h⁻¹ for 1 MBq ³²P).

Note that good agreement is observed between the values quoted here and those found in the literature⁽⁹⁻¹²⁾.

β ray absorption in shielding gives rise to bremsstrahlung (X rays).

With high activity sources bremsstrahlung radiation can make a significant contribution to dose. Attention is drawn to this in the data sheets. It is for this reason that 'Brem. Rad.' is indicated on data sheets corresponding to pure β emitters (¹⁴C, ³⁵S, ³³P, ³⁶Cl and ⁴⁵Ca) for which the calculated dose rates behind shielding are very low or even zero. These radionuclides are very much used in laboratories.

SHIELDING OF BETA AND GAMMA EMITTERS

The range of betas and electrons and the attenuation of X and γ rays in shielding materials depends on the energies of the incident radiation and the nature of the shielding material.

Total absorption thicknesses have been determined for β and e^- radiation in glass and plastic⁽¹³⁾; these materials are those most commonly used for this purpose. In the case of γ and X rays, the first half-value and tenth-value thicknesses of lead and steel (attenuating the incident radiation by a factor of 2 and 10 respectively) are given.

Attention is drawn to the fact that some radionuclides simultaneously emit significant low and high energy components for which first half-value and tenth-value thicknesses may be considerably less than second half-value and tenth-value thicknesses. ¹²³I is an example but the data provided here do not cover this situation.

CONTAMINATION

Contact exposure due to external skin contamination

Two situations have been considered to illustrate body contamination. Firstly, exposure due to an extensive uniformly spread out contamination of the skin^(9,14,15) is considered and secondly, the projection of a 0.05 cm³ droplet of a radioactive substance. The droplet is represented by a cylinder with a density of 1 g.cm⁻³, a cross sectional area of 1 cm² and a height of 0.5 mm⁽⁸⁾.

Dose equivalent values have been calculated for an average 70 μ m basal layer depth. At this depth the main component of the dose resulting from superficial contamination of the skin is due to β rays and electrons from the radionuclide; the γ contribution to the dose is generally just a few per cent. Comparison between the values due to a uniform (infinitely thin) deposit and those due to a droplet highlights the effects of β attenuation in tissue. It is assumed here that penetration of the contamination in the skin can be neglected.

Decay products

Decaying radionuclides are generally treated as follows:

- ◆ radionuclides (parent–progeny) couples are assumed to be in equilibrium;
- ◆ calculations are performed for a nominal activity of the parent nuclide (e.g. 1 kBq.cm⁻² for uniform skin contamination);
- ◆ parent–progeny radionuclide decay schemes are normally covered in a single sheet, but when physical separation of the constituents is possible (e.g. by elution), progeny products are treated in individual sheets. The ⁹⁹Mo–^{99m}Tc couple is an example of this. The reader will find both ⁹⁹Mo–^{99m}Tc and ^{99m}Tc sheets.

Decay of heavy elements

In the case of heavy element decay chains (e.g. lead, radium, uranium, plutonium and americium), where the parent and progeny are not necessarily in equilibrium (e.g. after chemical separation or extraction of an element) the respective activities of each of the progeny in the chain will depend upon the age of the sample. It is not possible to cover all situations likely to be encountered but the Appendix to this handbook includes selected major heavy element decay chains and the activities of respective progeny in the chain are given as a fraction of the parent activity as a function of time (age since separation) for 0.1 day, 1 day, 10 days, 100 days, 1 year, 10 years and 100 years. The parent radionuclides for which this information is provided are marked '!!' in the main data sheets, including an indication of the first and last elements within the chains.

A similar approach can be adopted if data on natural uranium or re-constituted 'natural' uranium are required by taking into account the isotopic composition.

The data in the Appendix are derived using RadDecay version 1.13⁽¹⁶⁾.

Derived surface contamination limits

The derived surface contamination limit (DSCL) is a non-regulatory quantity enabling exposure risks due to removable and/or fixed surface contamination to be quantified. Exposure to the DSCL leads to a dose which does not exceed the maximum annual occupational exposure limit (corresponding to 2000 working hours). A model is used to determine the DSCL values corresponding to the different radionuclides dealt with⁽¹⁷⁾. This model takes different modes of exposure and transfer parameters into consideration. These data are given for completeness and the values do not supersede limits imposed by regulations, which are invariably much lower.

Occupational exposures may result from:

- ◆ transfer of surface contamination to the atmosphere leading to internal exposure through inhalation
- ◆ transfer of surface contamination to the organism through ingestion

- ◆ transfer of surface contamination to the skin leading to external extremity exposures
- ◆ whole-body exposure due to surface contamination.

The DSCL is defined by the following equation:

$$1/\text{DSCL} = 1/\text{As}_{\text{atm}} + 1/\text{As}_{\text{ingestion}} + 1/\text{As}_{\text{skin}} + 1/\text{As}_{\text{surf}}$$

where As_i is the activity per unit surface area of the contaminated zone leading to annual limits due to each of the four modes of exposure (considered separately). Limits of 20 mSv.y⁻¹ and 500 mSv.y⁻¹ are considered for whole body external exposure and skin exposure, respectively. The most restrictive $\text{ALI}_{\text{inhalation}}$ and $\text{ALI}_{\text{ingestion}}$ values calculated for 20 mSv.y⁻¹ are used in the following derivations of surface activity for limiting internal contamination.

Calculation of As_{atm}

As_{atm} is the value of the activity per unit surface area of the contaminated zone which leads to an $\text{ALI}_{\text{inhalation}}$ dose with an atmospheric re-suspension factor, T_{atm} , of 10⁻⁴ m⁻¹ and an annual occupational exposure of 2000 h with a respiratory volume rate, R , of 1.2 m³.h⁻¹.

As_{atm} (Bq.cm⁻²) is given by the following equation:

$$\text{As}_{\text{atm}} = \text{ALI}_{\text{inhalation}} / (T_{\text{atm}} \times 2000 R \times 10^4)$$

Calculation of $\text{As}_{\text{ingestion}}$

$\text{As}_{\text{ingestion}}$ is the value of the activity per unit surface area of the contaminated zone which leads to an $\text{ALI}_{\text{ingestion}}$ dose with an organ transfer factor, $T_{\text{ingestion}}$, of 1 cm².h⁻¹ and an annual occupational exposure of 2000 h. This component may simulate, for example, the risk due to a chronic exposure at a working post.

$\text{As}_{\text{ingestion}}$ (Bq.cm⁻²) is given by the following equation:

$$\text{As}_{\text{ingestion}} = \text{ALI}_{\text{ingestion}} / (2000 T_{\text{ingestion}})$$

Calculation of As_{skin}

As_{skin} is the value of the activity per unit surface area of the contaminated zone leading to an annual skin dose of 500 mSv for an occupational exposure of 2000 h and a skin transfer factor, T_{skin} of 0.1. It is assumed that contamination is eliminated on a daily basis when the user washes on leaving the working zone. Neither radioactive decay nor the renewal of skin cells (which contribute towards eliminating radioactivity) are taken into account.

As_{skin} (Bq.cm⁻²) is given by the following equation:

$$\text{As}_{\text{skin}} = 500 / (T_{\text{skin}} \times 2000 \times D_p)$$

where D_p (mSv.h⁻¹) is a conversion coefficient giving

the dose rate in tissue beneath 7 mg.cm^{-2} for a skin contamination of $1 \text{ Bq.cm}^{-2(14,15)}$.

Calculation of $A_{s_{\text{surf}}}$

$A_{s_{\text{surf}}}$ (Bq.cm^{-2}) is the value of the activity per unit surface area of the contaminated zone leading to an effective dose equivalent of 20 mSv for an occupation exposure of 2000 h.

$A_{s_{\text{surf}}}$ (Bq.cm^{-2}) is given by the following equation:

$$A_{s_{\text{surf}}} = 20 / (2000 D_{\text{floor}})$$

where D_{floor} (mSv.h^{-1}) is a conversion coefficient giving the effective dose equivalent 1 m above a floor infinitely and uniformly contaminated at $1 \text{ Bq.cm}^{-2(14)}$.

Alpha emitters

The DSCL value corresponding to most radionuclides lies between 1 Bq.cm^{-2} and 10^5 Bq.cm^{-2} , and, in general, is of the order of 100 Bq.cm^{-2} . In the case of alpha emitters, the model can lead to very restrictive values; a lower limit of 0.04 Bq.cm^{-2} has been imposed for alpha emitters.

Determination of removable and fixed contamination values

DSCL values enable derived limits to be determined for removable (or non-fixed) and fixed contamination. The above limits enable the potential risk to users from surface contamination to be assessed together with the most appropriate means for decontamination.

In the case of removable contamination, the derived limit is defined as being equivalent to 1/10th of the DSCL value of the radionuclide considered (this allows possible occupational exposures of other origins to be taken into consideration).

In the case of fixed contamination, the derived level is defined as the value corresponding to a whole-body exposure from a uniformly contaminated floor equivalent to 1/10th of the annual exposure limits of 20 mSv. The DSCL value for fixed contamination always exceeds the value for removable contamination. For some radionuclides such as 'pure' beta or alpha emitters, the ratio of the two values can be highly significant (radiation from the floor being negligible). In this handbook, the DSCL value for fixed contamination is set at a maximum of 100 times the derived limit for removable contamination (e.g. see ^{14}C on page 24). Regulations do not usually include specific limits for fixed contamination since its effect is taken into account in external radiation levels.

Contamination control

The level of removable contamination of working zones and materials must be kept as low as reasonably

practicable by appropriate maintenance and cleaning operations. When accidental contamination (even of very low level) occurs, decontamination must be carried out as quickly as possible.

Detection probes

Surface contamination due to many of the radionuclides covered in these sheets can be detected with soft β , β , α , X ray or γ probes.

Preferences given to particular types of probe or instrument are indicated for each type of radiation. A single + means that such a type of probe or instrument can possibly be used, double ++ means that this type of probe or instrument is recommended, whilst the absence of a + sign means that that type of probe or instrument is not suitable. Absence of a + sign in any box means that direct measurement is inappropriate and a wipe test, in association with a suitable detection system, such as liquid scintillation methods, would be appropriate. This applies only to tritium in this handbook but the same technique can be applied with advantage to low levels of contamination of other radionuclides, especially those with low penetration emissions.

INTERNAL EXPOSURE

Committed effective dose per unit intake

Internal exposures resulting from ingestion and inhalation are evaluated with the dose coefficients, $e(g)_{\text{ingestion}}$ and $e(g)_{\text{inhalation}}$, expressed in Sv.Bq^{-1} , and identically given by the ICRP⁽¹⁸⁾, the IAEA Basic Safety Standards⁽²⁾ and the L159 Euratom Directive⁽³⁾. Listed values take the age of exposed individuals into account (>1 year, 1–2 years, 2–7 years, 7–12 years, 12–17 years and >17 years) as well as their status (public or occupational exposure). In this handbook only occupational exposures are considered.

The committed effective dose per unit intake via ingestion is given for different gut transfer factor, f_1 , values. This factor quantifies the proportion of intake transferred to body fluids in the gut and depends on the chemical form of the radionuclide.

The committed effective dose per unit intake via inhalation is given for three default lung absorption types (fast, moderate, slow). These coefficients depend on the chemical form and particle size of the aerosol. It is recalled that particle size is quantified by aerodynamic median activity diameter (AMAD) parameters. Inhalation coefficients are given for 1 and 5 μm AMAD values. Indication of the different forms for each nuclide that correspond to different gut transfer factors and lung absorption types are given in the data sheets. In some cases, for example phosphorus and sulphur, where the nuclide may form part of the anion, the gut transfer factor or lung absorption types may be predominantly

determined by the associated cation. These are indicated in the data sheets.

Annual Limits on Intake (ALI)

Annual Limits on Intake by ingestion and inhalation ($I_{\text{ingestion,L}}$ and $I_{\text{inhalation,L}}$) are given in order to assist users who are not familiar with the dose per unit intake coefficients discussed above. $I_{\text{ingestion,L}}$ and $I_{\text{inhalation,L}}$ are calculated using the following relationship⁽¹⁹⁾:

$$I_L = D_L / e(g)$$

where D_L is the average annual limit of 20 mSv. I_L values can be considered to be ALI values.

$ALI_{\text{ingestion}}$ and $ALI_{\text{inhalation}}$ values are given in the data sheets for an average annual 20 mSv limit and the most restrictive $e(g)$ values, respectively. They are calculated values⁽¹⁹⁾, not values given by ICRP, and users should be aware of this. The references should be consulted, where appropriate, for further information.

The 'highest dose organ'

Various metabolic and dosimetric models have enabled retention and excretion functions after intake by inhalation by Reference Man to be established^(19–21). These models have also enabled committed whole-body and organ doses to be determined. Some organs preferentially concentrate particular radionuclides. Therefore, the data sheets indicate which is the 'highest dose organ' (e.g. the thyroid in the case of iodine nuclides). The 'highest dose organ' depends on physicochemical form and whether intake results from ingestion or inhalation. Only inhalation (for an AMAD of 1 μm) is considered in this handbook. It should also be noted that these functions depend on the clearance time from the pulmonary region to the remainder of the body (F, M, S). Therefore, the 'highest dose organ' may also depend on the elimination class. ^{90}Sr is an example; depending on whether F or S classes are considered either bone surface or lungs can be considered as being the 'highest dose organ'. However, for some chemical forms the associated anion or cation may be more important in this context.

General

Internal exposure values are determined using various established metabolic and dosimetric models and hypotheses, which are subject to review by ICRP. *Interpretation of the results of these analyses should be done by specialists.*

MAXIMUM RECOMMENDED ACTIVITIES

Operators or competent radiation protection personnel often require order-of-magnitude estimates on the maximum activities that can be handled with available

equipment (chemical benches, fume hoods, glove boxes) or in given working areas (controlled or supervised areas). Whilst the purpose of this handbook is to provide data rather than advice on practices, it is felt appropriate to include information on 'maximum recommended activities'.

The data provided are appropriate to low and intermediate level laboratories and not to high level laboratories, where extensive professional radiation protection expertise will be available.

Calculation models

The maximum activity (A_o) corresponding to a particular nuclide and handling situation is characterised by the potential risk associated with handling specific nuclides. External exposure due to γ and β radiation components and the re-suspension of the nuclide in the atmosphere are taken into consideration.

A_o (Bq) is determined from the following relationship:

$$1/A_o = 1/A_{\text{beta}} + 1/A_{\text{gamma}} + 1/A_{\text{volatile}}$$

where A_{beta} (Bq) and A_{gamma} (Bq) represent the maximum activities determined for a point source at a distance of 30 cm in air. These activities are calculated for the following dose rate limits:

250 $\mu\text{Sv.h}^{-1}$ under 7 mg.cm^{-2} for beta components,
10 $\mu\text{Sv.h}^{-1}$ for gamma components.

A_{volatile} (Bq) is related to potential atmospheric contamination risks directly dependent on the volatility of the radioactive product.

In free air, A_{volatile} is given by the expression:

$$A_{\text{volatile}} = 10^{-2} ALI_{\text{inhalation}}/k,$$

where k is the volatility factor.

It should be noted that the maximum recommended activities given in these sheets have been determined using the most restrictive $ALI_{\text{inhalation}}$ values described above; k values, related to the volatility of the product, are defined as follows:

- ◆ $k = 1$: gases, substances with high saturation vapour pressures of about 1 bar at 20°C, substances penetrating the skin, particles smaller than 5 μm .
- ◆ $k = 0.1$: substances with saturation vapour pressures of about 0.1 bar at 20°C, particles larger than 5 μm .
- ◆ $k = 0.01$: low volatility substances with saturation vapour pressures of about 0.01 bar at 20°C (e.g. water).
- ◆ $k = 0.001$: non-volatile substances with saturation vapour pressures less than 0.01 bar at 20°C.

Dependence of maximum recommended activities on equipment and working areas

The following additional rules are used to determine

the recommended limits for benches, fume cupboards and glove boxes:

- ◆ It is forbidden to manipulate highly volatile substances ($k > 0.01$) or radionuclides with $ALI_{\text{inhalation}}$ values lower than 1000 Bq on chemical benches because even a low level contamination could lead to a significant $ALI_{\text{inhalation}}$ fraction that would be difficult to detect.
- ◆ Manipulating substances under a fume hood is considered to increase protection by a factor of 10 in comparison with an open bench.
- ◆ Manipulating substances in a glove box is considered to increase protection by a factor of 100 in comparison with fume hoods.
- ◆ Maximum recommended levels of activity in supervised areas are nominally 3/10 of those in controlled zones (this approximately represents the respective exposure limits defined for these areas). However, the installation of glove boxes in supervised zones is generally deprecated; the level of protection afforded by a glove box is considered incompatible with the definition of such zones. It should be noted that the factor of 3/10 may be masked by rounding the data to one significant figure; rounding in any other way may imply an unjustified degree of accuracy in the models used for deriving the recommended levels of activity.

Limitations

Area control

The values indicated in these sheets apply mainly to the supervised and controlled areas of low and intermediate activity laboratories. Maximum recommended activities have further been limited to:

- Group 1 (red) 0.5 GBq
- Group 2 (orange) 5 GBq
- Group 3 (yellow) 5 GBq
- Group 4 (green) 5 GBq
- Group 5 (blue) 50 GBq

These limits have been imposed because such laboratories are not generally equipped with either a means for continuously monitoring the working environment, or for rejecting gases at a sufficient height to ensure that no recycling takes place.

It should be noted that values calculated in compliance with these rules are *guide values and are only indicative* since other non-quantifiable parameters such as working methods and human factors must also be taken into account. Nevertheless, it has been observed that when practices are performed in accordance with these simple rules, only very low levels of atmospheric contamination and exposure occur.

The maximum recommended levels for elemental tritium (^3H), tritiated water and ^{37}Ar have been deliberately

reduced because of the difficulty of detecting the corresponding surface or atmospheric contamination. This factor can be modified in particular situations, depending on survey and control frequencies. In the case of iodine isotopes (^{123}I , ^{125}I , ^{131}I), the existence of particularly unstable states (with the possibility of I_2 release) has been considered. The corresponding limitations are consequently much more stringent.

Radiation control

Handled or stored activity values must comply with external exposure limits in situations where the external radiation hazard may be more restrictive than the internal radiation hazard. Attention is drawn to this fact in the data sheets by the remark 'Subject to external exposure requirements which may be more restrictive'. Stored activities may exceed maximum recommended activities by a factor of 10, subject to any limits imposed by local or national regulations.

In particular cases, listed values may be varied in local regulations, based upon assessments by professional radiation protection specialists.

DESCRIPTION OF DATA SHEETS

General

Individual data sheets provide data in five main areas, namely basic radionuclide data, external exposure, contamination, internal exposure and maximum recommended activities in laboratory situations. These are divided into physical characteristics, (half life, specific activity and decay scheme, A_1 and A_2 reference transport activities, exemption levels, data for external exposure for five different geometries, external and internal exposure limits, appropriate contamination detection probes and half-value and tenth-value shielding thicknesses. The maximum activities that can be handled on benches, under fume hoods or in glove boxes are also given. The 'highest dose organ' is indicated, even where this is the whole body. As described earlier the data sheets are coloured red, orange, yellow, green or blue, indicating, in descending order of risk, the level of risk posed by the particular radionuclide.

GLOSSARY

Activity

The number of nuclear transformations occurring in a given amount of radionuclide per unit time. The SI unit of activity is the reciprocal second, s^{-1} , with the special name becquerel (Bq).

Annual limit of intake

The intake by inhalation or ingestion of a given radionuclide in a year by the Reference Man which would result in a committed dose equal to the relevant dose limit.

Bremsstrahlung

X rays produced by deceleration of β particles in materials.

Committed equivalent dose

Following an intake to the body of a radioactive material, the time integral of the equivalent dose rate is called the committed equivalent dose. If the integration time following the intake is not specified, it is implied that the value is 50 years for adults.

Equivalent dose

The equivalent dose, $H_{T,R}$ is defined as

$$H_{T,R} = W_R D_{T,R}$$

where $D_{T,R}$ is the absorbed dose delivered by radiation type R averaged over a tissue or organ T and W_R is the radiation weighting factor for type R radiation. When the radiation field is composed of different radiation types, the equivalent dose is $H_T = \sum_R W_R D_{T,R}$.

Effective dose

The quantity E, defined as a summation of the tissue equivalent doses, each multiplied by the appropriate tissue weighting factor ($E = \sum_T W_T H_T$ where H_T is the equivalent dose in tissue T and W_T is the tissue weighting factor for tissue T). From the definition of equivalent dose it follows that $E = \sum_T W_T \sum_R W_R D_{T,R}$.

Radioactive half-life

Time required for a radioactive substance to lose 50% of its activity by radioactive decay.

Half-value and tenth-value thickness (or layer)

The thickness of material necessary to reduce the intensity of X or gamma radiation by a factor of 2 and 10, respectively.

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TABLE OF RADIONUCLIDES LISTED

Nuclide	Symbol	Page			
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Sodium - 24	(²⁴ Na ₁₁)	29	Krypton - 85m	(^{85m} Kr ₃₆)	76
Aluminium - 26	(²⁶ Al ₁₃)	30	Rubidium - 86	(⁸⁶ Rb ₃₇)	77
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Caesium - 137 / Barium - 137m	(¹³⁷ Cs ₅₅ / ^{137m} Ba ₅₆)	114	Thallium - 204	(²⁰⁴ Tl ₈₁)	140
Barium - 133	(¹³³ Ba ₅₆)	115	Lead - 210	(²¹⁰ Pb ₈₂)	141
Barium - 140 / Lanthanum - 140	(¹⁴⁰ Ba ₅₆ / ¹⁴⁰ La ₅₇)	116	Lead - 214	(²¹⁴ Pb ₈₂)	142
Lanthanum - 140	(¹⁴⁰ La ₅₇)	117	Bismuth - 207	(²⁰⁷ Bi ₈₃)	143
Cerium - 139	(¹³⁹ Ce ₅₈)	118	Bismuth - 210	(²¹⁰ Bi ₈₃)	144
Cerium - 141	(¹⁴¹ Ce ₅₈)	119	Bismuth - 214	(²¹⁴ Bi ₈₃)	145
Cerium - 143	(¹⁴³ Ce ₅₈)	120	Polonium - 210	(²¹⁰ Po ₈₄)	146
Praseodymium - 143	(¹⁴³ Pr ₅₉)	121	Radium - 226	(²²⁶ Ra ₈₈)	147
Praseodymium - 144	(¹⁴⁴ Pr ₅₉)	122	Thorium - 231	(²³¹ Th ₉₀)	148
Promethium - 147	(¹⁴⁷ Pm ₆₁)	123	Thorium - 234	(²³⁴ Th ₉₀)	149
Samarium - 153	(¹⁵³ Sm ₆₂)	124	Protactinium - 234	(²³⁴ Pa ₉₁)	150
Europium - 152	(¹⁵² Eu ₆₃)	125	Protactinium - 234m	(^{234m} Pa ₉₁)	151
Europium - 154	(¹⁵⁴ Eu ₆₃)	126	Uranium - 233	(²³³ U ₉₂)	152
Europium - 155	(¹⁵⁵ Eu ₆₃)	127	Uranium - 234	(²³⁴ U ₉₂)	153
Europium - 156	(¹⁵⁶ Eu ₆₃)	128	Uranium - 235	(²³⁵ U ₉₂)	154
Erbium - 169	(¹⁶⁹ Er ₆₈)	129	Uranium - 238	(²³⁸ U ₉₂)	155
Thulium - 170	(¹⁷⁰ Tm ₆₉)	130	Neptunium - 239	(²³⁹ Np ₉₃)	156
Thulium - 171	(¹⁷¹ Tm ₆₉)	131	Plutonium - 238	(²³⁸ Pu ₉₄)	157
Ytterbium - 169	(¹⁶⁹ Yb ₇₀)	132	Plutonium - 239	(²³⁹ Pu ₉₄)	158
Rhenium - 186	(¹⁸⁶ Re ₇₅)	133	Plutonium - 240	(²⁴⁰ Pu ₉₄)	159
Rhenium - 188	(¹⁸⁸ Re ₇₅)	134	Plutonium - 241	(²⁴¹ Pu ₉₄)	160
Iridium - 192	(¹⁹² Ir ₇₇)	135	Americium - 241	(²⁴¹ Am ₉₅)	161
Gold - 198	(¹⁹⁸ Au ₇₉)	136	Americium - 243	(²⁴³ Am ₉₅)	162
Mercury - 197	(¹⁹⁷ Hg ₈₀)	137	Curium - 244	(²⁴⁴ Cm ₉₆)	163
Mercury - 203	(²⁰³ Hg ₈₀)	138	Californium - 252	(²⁵² Cf ₉₈)	164

Beryllium - 7

⁷Be₄

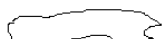
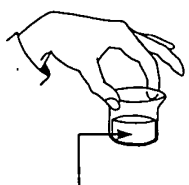
Half life: 53.2 days
Specific activity: 1.30E+16 Bq.g⁻¹

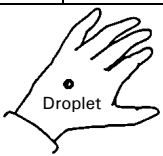
Risk group: 4
Risk colour: Green

Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	477	10				
E2						
E3						
% omitted	0					

Exemption levels	
Quantity (Bq)	1E+07
Concentration (Bq.g ⁻¹)	1E+03

Transport (TBq)	
IAEA ST1 A1 value	0.7
IAEA ST1 A2 value	0.7

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.0E+00	10 cm 0.0E+00			
	1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
9.2E-05	10 cm 3.4E-04	8.2E-06	2.4E-02	1.3E-01
	1 m 2.2E-06			
	<i>Photons (deep dose)</i>			
	10 cm 3.3E-04			
	1 m 2.1E-04			

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.9E-03	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.3E-02	Alpha	6E+02
	Beta	Fixed contamination
	Gamma ++	6E+02
	X rays ++	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		-
Plastic		-
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	5	17
Steel	25	62

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f₁	Inhalation	1 µm	5 µm
All compounds	0.005		F	
		All unspec. compounds	M	4.8E-11
		Oxid., halid. & nitrat.	S	5.2E-11
				4.6E-11
Highest dose organ	Lungs	20 mSv ALI_{ingestion}	7.1E+08 (Bq)	20 mSv ALI_{inhalation}
				3.8E+08 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	3E+07	3E+08	8E+07	8E+08	5E+09

Carbon - 11

¹¹C₆

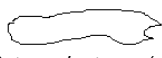
Half life: 20.4 minutes
Specific activity: 3.10E+19 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

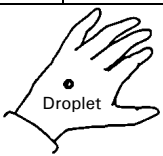
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	511	200	960	100
E2				
E3				
% omitted	0		0	

Exemption levels	
Quantity (Bq)	-
Concentration (Bq.g ⁻¹)	-

Transport (TBq)	
IAEA ST1 A1 value	1E+0
IAEA ST1 A2 value	6E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
1.35E-1	10 cm 1.2E-01 1 m 1.2E-02			
	Photons (skin)			
	10 cm 7.0E-03 1 m 4.4E-03			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
1.87E-3	10 cm 6.6E-03 1 m 4.2E-03	1.63E-4	5.81E-1	6.41E+0

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.95E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.12E+0	Alpha	2E+1
	Beta ++	Fixed contamination
	Gamma ++	3E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		1.6
Plastic		3.0
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	6	17
Steel	27	64

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion	f ₁	Inhalation (for soluble and reactive gases and vapours)				
Labelled organic compounds	1.000	2.4E-11	Vapour		3.2E-12	
			Dioxide		2.2E-12	
			Monoxide		1.2E-12	
Highest dose organ	Soft tissues	20 mSv ALI _{ingestion}	8.3E+08 (Bq)	20 mSv ALI _{inhalation}	6.3E+09 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds except below	0.01	4E+05	4E+06	1E+06	1E+07	1E+09
Oxide & anhydride	1	Forbidden	4E+06	Forbidden	1E+07	1E+09

Carbon - 14

 $^{14}\text{C}_6$

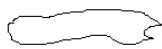
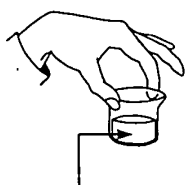
Half life: 5730 years
 Specific activity: $1.65\text{E}+11 \text{ Bq.g}^{-1}$

Risk group: 4
 Risk colour: Green

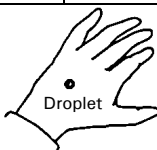
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1			157	100		
E2						
E3						
% omitted			0			

Exemption levels	
Quantity (Bq)	$1\text{E}+07$
Concentration (Bq.g^{-1})	$1\text{E}+04$

Transport (TBq)	
IAEA ST1 A1 value	$4\text{E}+1$
IAEA ST1 A2 value	$3\text{E}+0$

EXTERNAL EXPOSURE (mSv.h^{-1}) for an activity of 1 MBq or 1 MBq.m^{-2} (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
$0.00\text{E}+0$	10 cm $0.0\text{E}+00$			
	1 m $0.0\text{E}+00$			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>			
$0.00\text{E}+0$	10 cm $0.0\text{E}+00$			
	1 m $0.0\text{E}+00$			
	<i>Photons (deep dose)</i>			
	10 cm $0.0\text{E}+00$			
	1 m $0.0\text{E}+00$			
		100 cm		
		Brem. Rad.	Brem. Rad.	Brem. Rad.

The values above do not include Bremsstrahlung radiation. Brem. Rad. indicates that it may be significant.

CONTAMINATION												
Contamination skin dose (mSv.h ⁻¹)		Detection										
Uniform deposit (1kBq.cm ⁻²)	3.24E-1	<table><tr><td colspan="2">Recommended probes*</td></tr><tr><td>Alpha</td><td></td></tr><tr><td>Beta</td><td>++</td></tr><tr><td>Gamma</td><td></td></tr><tr><td>X rays</td><td></td></tr></table>	Recommended probes*		Alpha		Beta	++	Gamma		X rays	
Recommended probes*												
Alpha												
Beta	++											
Gamma												
X rays												
0.05 ml droplet (1 kBq)	2.70E-3											
												
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique												

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	0.2	
Plastic	0.3	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	-	-
Steel	-	-

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion		f ₁	Inhalation (for soluble and reactive gases and vapours)		
Labelled organic compounds		1.000	5.8E-10	Vapour	5.8E-10
				Dioxide	6.2E-12
				Monoxide	8.0E-13
Highest dose organ	Whole body	20 mSv ALI _{ingestion}	3.4E + 07	(Bq) 20 mSv ALI _{inhalation}	3.4E + 07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds except below	0.01	$1\text{E}+07$	$1\text{E}+08$	$3\text{E}+07$	$3\text{E}+08$	$5\text{E}+09$
Oxide & anhydride	1	Forbidden	$1\text{E}+06$	Forbidden	$3\text{E}+06$	$3\text{E}+08$

Nitrogen - 13

¹³N₇

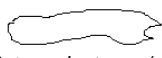
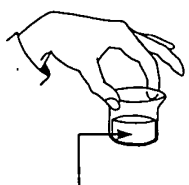
Half life: 9.97 minutes
Specific activity: 5.37E+19 Bq.g⁻¹

Risk group: 4
Risk colour: Green

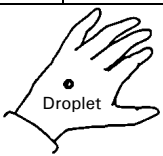
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	511	200	1199	100
E2				
E3				
% omitted	0		0	

Exemption levels	
Quantity (Bq)	-
Concentration (Bq.g ⁻¹)	-

Transport (TBq)	
IAEA ST1 A1 value	9E-1
IAEA ST1 A2 value	6E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
1.20E-1	10 cm 1.3E-01 1 m 2.5E-02			
	Photons (skin)			
	10 cm 7.0E-03 1 m 4.5E-03			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
1.87E-3	10 cm 6.7E-03 1 m 4.2E-03	1.63E-4	5.81E-1	1.29E+1

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.90E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.2E+00	Alpha	-
	Beta ++	Fixed contamination
	Gamma ++	-
	X rays	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		2.1
Plastic		4.0
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	6	17
Steel	27	64

INTERNAL EXPOSURE FOR WORKERS			
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)			
Ingestion	f ₁	Inhalation (for soluble and reactive gases and vapours)	
		n/a	n/a
		n/a	n/a
		n/a	n/a
Highest dose organ	-	20 mSv ALI _{ingestion}	- (Bq) 20 mSv ALI _{inhalation} - (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+05	5E+06	2E+06	2E+07	2E+09
Volatile form	1	Forbidden	4.0E+06	Forbidden	1.0E+07	1.0E+09

Oxygen - 15

¹⁵O₈

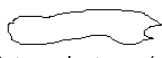
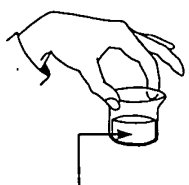
Half life: 2.04 minutes
Specific activity: 2.28E+20 Bq.g⁻¹

Risk group: 5
Risk colour: Blue

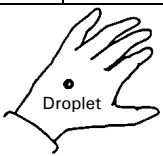
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	511	200	1732	100
E2				
E3				
% omitted	0		0	

Exemption levels	
Quantity (Bq)	1E+09
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	-
IAEA ST1 A2 value	-

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
1.20E-1	10 cm 1.4E-01 1 m 5.1E-02			
	Photons (skin)			
	10 cm 7.0E-03 1 m 4.5E-03			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
1.87E-3	10 cm 6.7E-03 1 m 4.2E-03	1.67E-4	5.93E-1	3.05E+1

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)		Detection
Uniform deposit (1kBq.cm ⁻²)	2.00E+0	Recommended probes*
0.05 ml droplet (1 kBq)	1.4E+00	Alpha
		Beta ++
		Gamma ++
		X rays
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		Derived limits (Bq.cm ⁻²)
		Removable contamination
		-
		Fixed contamination
		-

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	3.4	
Plastic	6.4	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	6	17
Steel	27	64

INTERNAL EXPOSURE FOR WORKERS			
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)			
Ingestion	f ₁	Inhalation (for soluble and reactive gases and vapours)	
		n/a	n/a
		n/a	n/a
		n/a	n/a
Highest dose organ	-	20 mSv ALI _{ingestion}	(Bq) 20 mSv ALI _{inhalation}

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+05	5E+06	2E+06	2E+07	2E+09
Volatile form	1	Forbidden	4E+06	Forbidden	1E+07	1.0E+09

Fluorine - 18

¹⁸F₉

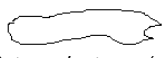
Half life: 1.83 hours
Specific activity: 3.52E+18 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

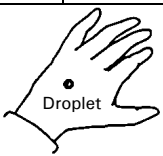
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	511	194	634	97
E2				
E3				
% omitted	0		0	

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	1E+0
IAEA ST1 A2 value	6E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.20E-1	10 cm 9.6E-02 1 m 5.3E-04			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
1.81E-3	10 cm 6.8E-03 1 m 4.3E-03	1.58E-4	5.63E-1	2.88E+0
	<i>Photons (deep dose)</i>			
	10 cm 6.4E-03 1 m 4.1E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.95E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 7.88E-1	Alpha	2E+1
	Beta +	Fixed contamination
	Gamma ++	3E+1
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.9
Plastic		1.7
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	6	17
Steel	27	64

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f₁		Inhalation	
All compounds	1.000	4.9E-11	Determined by combining cation	F 3.0E-11 5.4E-11
			Determined by combining cation	M 5.7E-11 8.9E-11
			Determined by combining cation	S 6.0E-11 9.3E-11
Highest dose organ	Lungs	20 mSv ALL _{ingestion}	4.1E+08 (Bq)	20 mSv ALL _{inhalation} 2.2E+08 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
Subject to external exposure requirements which may be more restrictive						
PHYSICOCHEMICAL STATE	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+05	5E+06	2E+06	2E+07	2E+09
Volatile form	1	Forbidden	3E+06	Forbidden	9E+06	9E+08

Sodium - 22

 $^{22}\text{Na}_{11}$

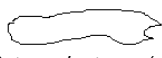
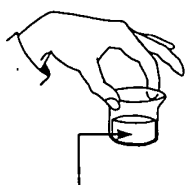
Half life: 2.6 years
 Specific activity: $2.31\text{E}+14 \text{ Bq.g}^{-1}$

Risk group: 3
 Risk colour: Yellow

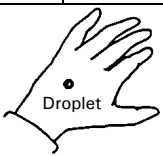
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	511	181	546	90
E2	1275	100		
E3				
% omitted	0		0	

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	5E-1
IAEA ST1 A2 value	5E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
1.01E-1	10 cm 7.2E-02 1 m 0.0E+00			
	Photons (skin)			
	10 cm 1.4E-02 1 m 9.2E-03			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
3.64E-3	10 cm 1.3E-02 1 m 8.7E-03	3.14E-4	1.13E+0	5.36E+0

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.68E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 6.69E-1	Alpha	1E+1
	Beta ++	Fixed contamination
	Gamma ++	2E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.8
Plastic		1.4
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	10	37
Steel	31	80

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	1.000	3.2E-09	All compounds	F 1.3E-09	2.0E-09
				M	
				S	
Highest dose organ	Red marrow	20 mSv ALL _{ingestion}	6.3E+06 (Bq)	20 mSv ALL _{inhalation}	1.0E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	4E+05	4E+06	1E+06	1E+07	1E+09

Sodium - 24

 $^{24}\text{Na}_{11}$

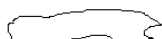
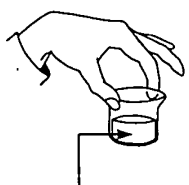
Half life: 15.0 hours
 Specific activity: $3.22\text{E}+17 \text{ Bq.g}^{-1}$

Risk group: 2
 Risk colour: Orange

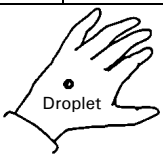
Main emissions (keV)				
	Gamma or X		Beta (Emax)	Electrons
	E	%	E	%
E1	1369	100	1390	100
E2	2754	100		
E3				
% omitted	0		0	

Exemption levels	
Quantity (Bq)	1E+05
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	2E-1
IAEA ST1 A2 value	2E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
1.24E-1	10 cm 1.3E-01 1 m 3.3E-02			
	Photons (skin)			
	10 cm 2.2E-02 1 m 1.5E-02			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
5.40E-3	10 cm 2.1E-02 1 m 1.4E-02	4.64E-4	1.64E+0	2.17E+1

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.22E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.31E+0	Alpha	8E+0
	Beta ++	Fixed contamination
	Gamma ++	9E+0
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		2.6
Plastic		4.8
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	20	58
Steel	41	111

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁		Inhalation	1 µm 5 µm
All compounds	1.000	4.3E-10	All compounds	F 2.9E-10 5.3E-10
				M
				S
Highest dose organ	Lungs	20 mSv ALL _{ingestion}	4.7E+07 (Bq)	20 mSv ALL _{inhalation} 3.8E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	3E+05	3E+06	9E+05	9E+06	9E+08

Aluminium - 26

²⁶Al₁₃

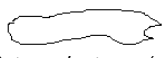
Half life: 7.2E+5 years
Specific activity: 7.07E+08 Bq.g⁻¹

Risk group: 2
Risk colour: Orange

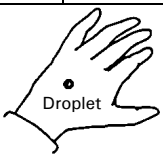
Main emissions (keV)						
	Gamma or X		Beta (Emax)		Electrons	Alpha
	E	%	E	%	E	%
E1	511	164	1174	82		
E2	1130	3				
E3	1809	100				
% omitted	< 1		0			

Exemption levels	
Quantity (Bq)	-
Concentration (Bq.g ⁻¹)	-

Transport (TBq)	
IAEA ST1 A1 value	1E-1
IAEA ST1 A2 value	1E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.02E-1	10 cm 1.0E-01 1 m 2.6E-02			
	<i>Photons (skin)</i>			
	10 cm 1.6E-02 1 m 1.1E-02			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (deep dose)</i>	100 cm		
4.10E-3	10 cm 1.5E-02 1 m 1.0E-02	3.53E-4	1.26E+0	1.72E+1

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.81E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.03E+0	Alpha	9E+0
	Beta ++	Fixed contamination
	Gamma ++	1E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	2.1	
Plastic	3.8	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	12	47
Steel	34	92

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	0.010	3.5E-09	All unspec. compounds	F 1.1E-08	1.4E-08
			Al, ox., hydr., carbid., halid., nitrat.	M 1.8E-08	1.2E-08
				S	
Highest dose organ	Red marrow	20 mSv ALI _{ingestion}	5.7E+06 (Bq)	20 mSv ALI _{inhalation}	1.1E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	2E+05	2E+06	6E+05	6E+06	6E+08

Silicon - 31

³¹Si₁₄

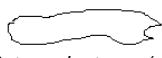
Half life: 2.62 hours
Specific activity: 1.43E+18 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

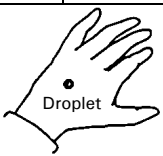
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	1266	< 1	1491	100		
E2						
E3						
% omitted	0		< 1			

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+03

Transport (TBq)	
IAEA ST1 A1 value	0.6
IAEA ST1 A2 value	0.6

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
10 cm	1.3E-01			
1 m	4.0E-02			
Photons (skin)	Photons (skin)			
10 cm	5.5E-06			
1 m	3.6E-06			
Photons (deep tissue dose)	Photons (deep tissue dose)			
10 cm	5.2E-06			
1 m	3.4E-06			
Gammas, X rays (deep tissue dose)		100 cm		
1.4E-06		1.2E-07	3.5E-04	1.7E+01

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²)	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq)	Alpha	1E+02
	Beta	Fixed contamination
	Gamma	4E+02
	X rays	
		
		

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		3.1
Plastic		5.2
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	18	52
Steel	37	93

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion		f ₁	Inhalation		1 µm	5 µm
All compounds	0.010	1.6E-10	All unspec. compounds	F	2.9E-11	5.1E-11
			Oxid., hydrox., carbides & nitrat.	M	7.5E-11	1.1E-10
			Aluminosilicate glass aerosol	S	8.0E-11	1.1E-10
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	1.3E+08 (Bq)	20 mSv ALI _{inhalation}	1.8E+08 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	6E+05	6E+06	2E+06	2E+07	2E+09

Phosphorus - 32

³²P₁₅

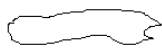
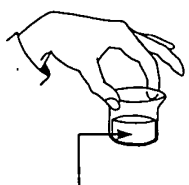
Half life: 14.3 days
Specific activity: 1.06E+16 Bq.g⁻¹

Risk group: 2
Risk colour: Orange

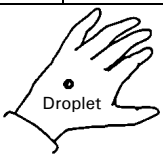
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1			1710	100		
E2						
E3						
% omitted			0			

Exemption levels	
Quantity (Bq)	1E+05
Concentration (Bq.g ⁻¹)	1E+03

Transport (TBq)	
IAEA ST1 A1 value	5E-1
IAEA ST1 A2 value	5E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.18E-1	10 cm 1.4E-01 1 m 4.8E-02			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
0.00E+0	10 cm 0.0E+00 1 m 0.0E+00	1.31E-6	7.11E-4	2.39E+1
	<i>Photons (deep dose)</i>			
	10 cm 0.0E+00 1 m 0.0E+00			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.89E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.33E+0	Alpha	5E+1
	Beta ++	Fixed contamination
	Gamma	3E+2
	X rays	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		3.4
Plastic		6.3
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	-	-
Steel	-	-

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion		f _i	Inhalation		1 μm	5 μm
All compounds	0.800	2.4E-09	All unspec. compounds	F	8.0E-10	1.1E-09
			Some phosphat. det. by comb. cation	M	3.2E-09	2.9E-09
				S		
Highest dose organ	Lungs	20 mSv A _{LI} in _{gestion}	8.3E+06	(Bq)	20 mSv A _{LI} in _{halation}	6.3E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+05	5E+06	2E+06	2E+07	2E+09

Phosphorus - 33

³³P₁₅

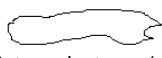
Half life: 25.6 days
Specific activity: 5.72E+15 Bq.g⁻¹

Risk group: 5
Risk colour: Blue

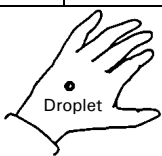
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1			249	100		
E2						
E3						
% omitted			0			

Exemption levels	
Quantity (Bq)	1E+08
Concentration (Bq.g ⁻¹)	1E+05

Transport (TBq)	
IAEA ST1 A1 value	4E+1
IAEA ST1 A2 value	1E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.00E+0	10 cm 4.9E-02 1 m 0.0E+00			
	<i>Photons (skin)</i>			
	10 cm 0.0E+00 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (deep dose)</i>	100 cm		
0.00E+0	10 cm 0.0E+00 1 m 0.0E+00	Brem. Rad.	Brem. Rad.	Brem. Rad.

The values above do not include Bremsstrahlung radiation. Brem. Rad. indicates that it may be significant.

CONTAMINATION			SHIELDING (mm)										
Contamination skin dose (mSv.h ⁻¹)		Detection Recommended probes* <table><tr><td>Alpha</td><td></td></tr><tr><td>Beta</td><td>++</td></tr><tr><td>Gamma</td><td></td></tr><tr><td>X rays</td><td></td></tr></table>	Alpha		Beta	++	Gamma		X rays		Derived limits (Bq.cm ⁻²)		Betas and electrons (Total absorption)
Alpha													
Beta	++												
Gamma													
X rays													
Uniform deposit (1kBq.cm ⁻²)	8.65E-1	Removable contamination		Glass 0.3									
0.05 ml droplet (1 kBq)	1.38E-1	Fixed contamination		Plastic 0.5									
 Uniform deposit		2E+2		Gamma and X rays (half and tenth value thickness) <table><tr><td></td><td>½</td><td>1/10</td></tr><tr><td>Lead</td><td>-</td><td>-</td></tr><tr><td>Steel</td><td>-</td><td>-</td></tr></table>		½	1/10	Lead	-	-	Steel	-	-
	½	1/10											
Lead	-	-											
Steel	-	-											
 Droplet		2E+4											
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique													

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	0.800	2.4E-10	All unspec. compounds	F 9.6E-11	1.4E-10
			Some phosphat. det. by comb. cation	M 1.4E-09	1.3E-09
				S	
Highest dose organ	Lungs	20 mSv ALL _{ingestion}	8.3E+07 (Bq)	20 mSv ALL _{inhalation}	1.4E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	4E+06	4E+07	1E+07	1E+08	1E+10

Sulphur - 35

³⁵S₁₆

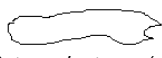
Half life: 87.5 days
Specific activity: 1.58E+15 Bq.g⁻¹

Risk group: 5
Risk colour: Blue

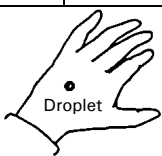
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1			168	100		
E2						
E3						
% omitted			0			

Exemption levels	
Quantity (Bq)	1E+08
Concentration (Bq.g ⁻¹)	1E+05

Transport (TBq)	
IAEA ST1 A1 value	4E+1
IAEA ST1 A2 value	3E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.00E+0	10 cm 0.0E+00 1 m 0.0E+00			
	<i>Photons (skin)</i>			
	10 cm 0.0E+00 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (deep dose)</i>	100 cm		
0.00E+0	10 cm 0.0E+00 1 m 0.0E+00	Brem. Rad.	Brem. Rad.	Brem. Rad.

The values above do not include Bremsstrahlung radiation. Brem. Rad. indicates that it may be significant.

CONTAMINATION			SHIELDING (mm)		
Contamination skin dose (mSv.h ⁻¹)		Detection	Derived limits (Bq.cm ⁻²)		
Uniform deposit (1kBq.cm ⁻²)	3.54E-1	Recommended probes*	Removable contamination		
0.05 ml droplet (1 kBq)	4.05E-3		3E + 2		
			Fixed contamination		
			3E + 4		
				Gamma and X rays (half and tenth value thickness)	
				</	

INTERNAL EXPOSURE FOR WORKERS											
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)											
Ingestion		f _i		Inhalation		1 μm		5 μm			
Inorganic compounds		0.800		1.4E-10		Sulphid. & sulphat. det. by comb. cat.		F	5.3E-11	8.0E-11	
Elemental sulphur		0.100		1.9E-10		S, sulphid., sulphat. det. by comb. cat.		M	1.3E-09	1.1E-09	
Organic sulphur		1.000		7.7E-10				S			
Highest dose organ		Lungs		20 mSv ALI _{ingestion}		2.6E+07 (Bq)		20 mSv ALI _{inhalation}		1.5E+07 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds except below	0.01	5E+06	5E+07	2E+07	2E+08	2E+10
Vapour (SO ₂ ,.)	1	Forbidden	5E+06	Forbidden	2E+07	2E+09

Chlorine - 36

³⁶Cl₁₇

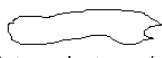
Half life: 3.0E+5 years
Specific activity: 1.23E+09 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

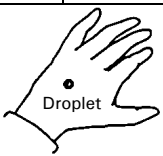
Main emissions (keV)				
	Gamma or X		Beta (Emax)	Electrons
	E	%	E	%
E1			710	98
E2				
E3				
% omitted			0	

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+04

Transport (TBq)	
IAEA ST1 A1 value	1E+1
IAEA ST1 A2 value	6E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.08E-1	10 cm 9.9E-02 1 m 2.6E-03			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
0.00E+0	10 cm 0.0E+00 1 m 0.0E+00	Brem. Rad.	Brem. Rad.	5.05E-1
	<i>Photons (deep dose)</i>			
	10 cm 0.0E+00 1 m 0.0E+00			

The values above do not include Bremsstrahlung radiation. Brem. Rad. indicates that it may be significant.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.78E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 7.73E-1	Alpha	6E+1
	Beta ++	Fixed contamination
	Gamma	4E+3
	X rays	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		1.1
Plastic		2.0
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	-	-
Steel	-	-

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f₁		Inhalation	1 µm	5 µm
All compounds	1.000	9.3E-10	Determined by combining cation	F	3.4E-10
			Determined by combining cation	M	6.9E-09
				S	
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	2.2E+07 (Bq)	20 mSv ALI _{inhalation}	2.9E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	4E+05	4E+06	1E+06	1E+07	1E+09

Argon - 37

³⁷Ar₁₈

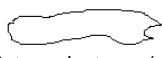
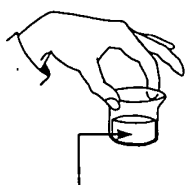
Half life: 35.0 days
 Specific activity: 3.73E+15 Bq.g⁻¹

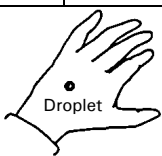
Risk group: 5
 Risk colour: Blue

Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	3	8		
E2				
E3				
% omitted	0		0	

Exemption levels	
Quantity (Bq)	1E+08
Concentration (Bq.g ⁻¹)	1E+06

Transport (TBq)	
IAEA ST1 A1 value	40
IAEA ST1 A2 value	40

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
10 cm	10 cm			
1 m	1 m			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>			
10 cm	10 cm			
1 m	1 m			
	<i>Photons (deep dose)</i>			
	10 cm			
	1 m			

CONTAMINATION												
Contamination skin dose (mSv.h ⁻¹)		Detection	Derived limits (Bq.cm ⁻²)									
Uniform deposit (1kBq.cm ⁻²)	-	<table><tr><th colspan="2">Recommended probes*</th></tr><tr><td>Alpha</td><td>-</td></tr><tr><td>Beta</td><td>-</td></tr><tr><td>Gamma</td><td>-</td></tr><tr><td>X rays</td><td>-</td></tr></table>		Recommended probes*		Alpha	-	Beta	-	Gamma	-	X rays
Recommended probes*												
Alpha	-											
Beta	-											
Gamma	-											
X rays	-											
0.05 ml droplet (1 kBq)	-											
 Uniform deposit  Droplet												
			Removable contamination									
			-									
			Fixed contamination									
			-									
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique												

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	< 0.1	
Plastic	< 0.1	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	< 1
Steel	< 1	< 1

INTERNAL EXPOSURE FOR WORKERS		
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)		
Ingestion	f₁	
		SUBMERSION DOSE RATE (Sv per day)
		Sv.d ⁻¹ per Bq.m ⁻³
		4.1E-15
Highest dose organ	-	20 mSv ALL _{ingestion} - (Bq) 20 mSv ALL _{inhalation} - (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	1	Forbidden	1E+08	Forbidden	5E+08	5E+10

Argon - 41

⁴¹Ar₁₈

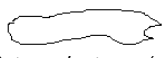
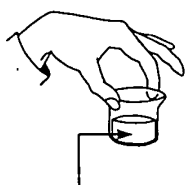
Half life: 1.83 hours
 Specific activity: 1.54E+18 Bq.g⁻¹

Risk group: 5
 Risk colour: Blue

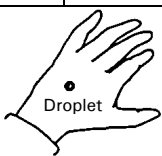
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	1294	100	1198	100		
E2			2492	1		
E3						
% omitted	< 1		< 1			

Exemption levels	
Quantity (Bq)	1E+09
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	0.3
IAEA ST1 A2 value	0.3

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
10 cm	10 cm			
1 m	1 m			
1.3E-01				
Gammas, X rays (deep tissue dose)	Photons (skin)			
10 cm	10 cm			
1 m	1 m			
2.0E-03				
	Photons (deep dose)	100 cm		
	10 cm			
	1 m			
		-	-	-

The values above do not include Bremsstrahlung radiation.

CONTAMINATION				
Contamination skin dose (mSv.h ⁻¹)		Detection	Derived limits (Bq.cm ⁻²)	
Uniform deposit (1kBq.cm ⁻²)	-	Recommended probes*	Removable contamination	
0.05 ml droplet (1 kBq)	-			
			Alpha	-
			Beta	Fixed contamination
		Gamma	-	
		X rays		
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique				

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	6.1	
Plastic	10.0	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	31	72
Steel	44	100

INTERNAL EXPOSURE FOR WORKERS		
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)		
Ingestion	f ₁	
		SUBMERSION DOSE RATE (Sv per day)
		Sv.d ⁻¹ per Bq.m ⁻³
		5.3E-09
Highest dose organ	-	20 mSv ALI _{ingestion} - (Bq) 20 mSv ALI _{inhalation} - (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	1	Forbidden	9E+05	Forbidden	3E+06	3E+08

Potassium - 40

⁴⁰K₁₉

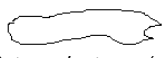
Half life: 1.3E+9 years
Specific activity: 2.54E+05 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

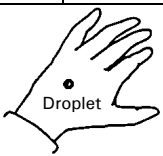
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	1461	11	1312	89
E2				
E3				
% omitted	0		0	

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	9E-1
IAEA ST1 A2 value	9E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.07E-1	10 cm 1.0E-01 1 m 3.0E-02			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
2.30E-4	10 cm 9.4E-04 1 m 6.2E-04	1.98E-5	7.08E-2	1.35E+1
	<i>Photons (deep dose)</i>			
	10 cm 8.8E-04 1 m 5.8E-04			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.65E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.10E+0	Alpha	4E+1
	Beta ++	Fixed contamination
	Gamma ++	2E+2
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		2.4
Plastic		4.4
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	18	51
Steel	38	98

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion	f ₁		Inhalation	1 µm	5 µm	
All compounds	1.000	6.2E-09	All compounds	F	2.1E-09	3.0E-09
				M		
				S		
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	3.2E+06 (Bq)	20 mSv ALI _{inhalation}	6.7E+06 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+05	5E+06	2E+06	2E+07	2E+09

Potassium - 42

⁴²K₁₉

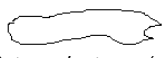
Half life: 12.4 hours
Specific activity: 2.23E+17 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

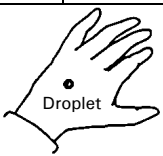
Main emissions (keV)						
	Gamma or X		Beta (Emax)		Electrons	Alpha
	E	%	E	%	E	%
E1	313	< 1	1996	18		
E2	1525	18	3521	82		
E3						
% omitted	< 1		< 1			

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	2E-1
IAEA ST1 A2 value	2E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.01E-1	10 cm 1.5E-01 1 m 6.9E-02			
	<i>Photons (skin)</i>			
	10 cm 1.6E-03 1 m 1.1E-03			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (deep dose)</i>	100 cm		
4.04E-4	10 cm 1.6E-03 1 m 1.0E-03	4.32E-4	1.70E+0	7.73E+1

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.24E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.42E+0	Alpha	4E+1
	Beta ++	Fixed contamination
	Gamma +	8E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	8.6	
Plastic	16.2	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	18	53
Steel	38	100

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁		Inhalation	1 µm 5 µm
All compounds	1.000	4.3E-10	All compounds	F 1.3E-10 2.0E-10
				M
				S
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	4.7E+07 (Bq)	20 mSv ALI _{inhalation}
				1.0E+08 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	7E+05	7E+06	2E+06	2E+07	2E+09

Calcium - 45

⁴⁵Ca₂₀

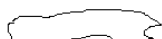
Half life: 163 days
Specific activity: 6.58E+14 Bq.g⁻¹

Risk group: 4
Risk colour: Green

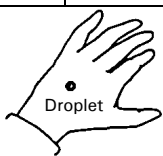
Main emissions (keV)				
	Gamma or X	Beta (Emax)	Electrons	Alpha
	E %	E %	E %	E %
E1		257 100		
E2				
E3				
% omitted		0		

Exemption levels	
Quantity (Bq)	1E+07
Concentration (Bq.g ⁻¹)	1E+04

Transport (TBq)	
IAEA ST1 A1 value	4E+1
IAEA ST1 A2 value	1E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.00E+0	10 cm 1.1E-02 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
0.00E+0	10 cm 1.0E-10 1 m 3.9E-11	Brem. Rad.	Brem. Rad.	Brem. Rad.
	<i>Photons (deep dose)</i>			
	10 cm 8.0E-12 1 m 3.0E-12			

The values above do not include Bremsstrahlung radiation. Brem. Rad. indicates that it may be significant.

CONTAMINATION			SHIELDING (mm)										
Contamination skin dose (mSv.h ⁻¹)		Detection Recommended probes* <table><tr><td>Alpha</td><td></td></tr><tr><td>Beta</td><td>++</td></tr><tr><td>Gamma</td><td></td></tr><tr><td>X rays</td><td></td></tr></table>	Alpha		Beta	++	Gamma		X rays		Derived limits (Bq.cm ⁻²)		
Alpha													
Beta	++												
Gamma													
X rays													
Uniform deposit (1kBq.cm ⁻²)	8.38E-1	Removable contamination											
0.05 ml droplet (1 kBq)	1.01E-1	1E+2											
 Uniform deposit  Droplet		Fixed contamination											
		1E+4											
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		Gamma and X rays (half and tenth value thickness)											
			½	1/10									
		Lead	-	-									
		Steel	-	-									

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁	Inhalation	1 µm	5 µm
All compounds	0.300		F	
		All compounds	M	2.7E-09
			S	
				2.3E-09
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	2.6E+07 (Bq)	20 mSv ALI _{inhalation}
				7.4E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	2E+06	2E+07	7E+06	7E+07	5E+09

Calcium - 47 / Scandium - 47

 $^{47}\text{Ca}_{20}/^{47}\text{Sc}_{21}$

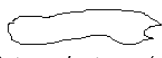
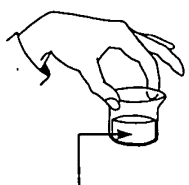
Half life: 4.54 days
Specific activity: $2.26\text{E}+16 \text{ Bq.g}^{-1}$

Risk group: 3
Risk colour: Yellow

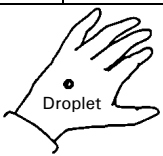
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	159	68	441	68
E2	808	7	691	82
E3	1297	75	1988	18
% omitted		7.2		32

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	3E+0
IAEA ST1 A2 value	3E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
10 cm	1.6E-01			
1 m	1.2E-02			
Photons (skin)	Photons (skin)			
10 cm	7.3E-03			
1 m	4.8E-03			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
1.85E-3	10 cm	1.61E-4	5.74E-1	8.84E+0
	1 m			
	6.9E-03			
	4.5E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²)	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq)	Alpha	2E+1
	Beta	Fixed contamination
	Gamma	3E+1
	X rays	
		
		

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		4.1
Plastic		7.7
Gamma and X rays (half and tenth value thickness)		
	1/2	1/10
Lead	14	45
Steel	33	89

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁	Inhalation	1 μm	5 μm
All compounds	0.300		F	
		All compounds	M	1.8E-09
			S	2.1E-09
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	1.3E+07 (Bq)	20 mSv ALI _{inhalation}
				9.5E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	3E+05	3E+06	1E+06	1E+07	1E+09

Scandium - 46

⁴⁶Sc₂₁

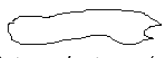
Half life: 83.8 days
Specific activity: 1.25E+15 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

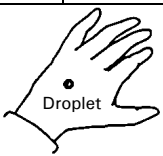
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	889	100	357	100
E2	1121	100		
E3				
% omitted	0		0	

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	5E-1
IAEA ST1 A2 value	5E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
2.29E-2	10 cm 6.0E-02 1 m 0.0E+00			
	Photons (skin)			
	10 cm 1.3E-02 1 m 8.5E-03			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
3.27E-3	10 cm 1.2E-02 1 m 7.5E-03	2.81E-4	1.02E+0	4.82E+0

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.35E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 3.80E-1	Alpha	1E+1
	Beta ++	Fixed contamination
	Gamma ++	2E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.5
Plastic		0.8
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	13	39
Steel	34	85

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	0.0001	1.5E-09		F	
				M	
			All compounds	S	6.4E-09 4.8E-09
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	1.3E+07 (Bq)	20 mSv ALI _{inhalation}	3.1E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	4E+05	4E+06	1E+06	1E+07	1E+09

Scandium - 47

⁴⁷Sc₂₁

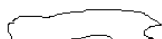
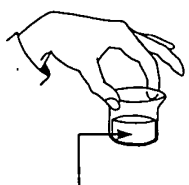
Half life: 3.4 days
Specific activity: 3.02E+16 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

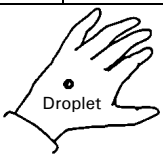
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	159	68	441	68
E2			601	32
E3				
% omitted	0		0	

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	1E+1
IAEA ST1 A2 value	7E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
6.81E-2	10 cm 6.5E-01 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
2.05E-4	10 cm 6.8E-04 1 m 4.1E-04	1.90E-5	6.53E-2	3.00E-1
	<i>Photons (deep dose)</i>			
	10 cm 6.8E-04 1 m 4.2E-04			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.54E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 4.58E-1	Alpha	9E+1
	Beta ++	Fixed contamination
	Gamma +	3E+2
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.9
Plastic		1.6
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	2
Steel	10	25

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f₁		Inhalation	1 µm	5 µm
All compounds	0.0001	5.4E-10		F	
				M	
			All compounds	S	7.0E-10 7.3E-10
Highest dose organ	Lower large intestine	20 mSv ALI _{ingestion}	3.7E+07 (Bq)	20 mSv ALI _{inhalation}	2.7E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	9E+05	9E+06	3E+06	3E+07	3E+09

Vanadium - 48

⁴⁸V₂₃

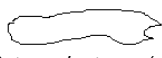
Half life: 16.2 days
Specific activity: 6.21E+15 Bq.g⁻¹

Risk group: 2
Risk colour: Orange

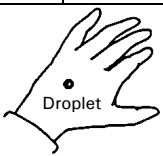
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	511	100	697	50
E2	1312	98		
E3	2240	2		
% omitted	119		0	0

Exemption levels	
Quantity (Bq)	1E+05
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	0.4
IAEA ST1 A2 value	0.4

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
5.8E-02	10 cm 4.9E-02 1 m 5.0E-03			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
4.7E-03	10 cm 2.0E-02 1 m 1.4E-02	4.1E-04	1.2E+00	6.5E+00
	<i>Photons (deep dose)</i>			
	10 cm 1.9E-02 1 m 1.3E-02			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.0E+00	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 4.4E-01	Alpha	1E+01
	Beta ++	Fixed contamination
	Gamma ++	1E+01
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		1.1
Plastic		2.0
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	13	43
Steel	33	85

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f₁	Inhalation	1 µm	5 µm
All compounds	0.010	All unspec. compounds	F 1.1E-09	1.7E-09
		Oxid., hydrox., carb., halid. & nitrat.	M 2.3E-09	2.7E-09
			S	
Highest dose organ	Lungs	20 mSv ALI_{ingestion}	1.0E+07 (Bq)	20 mSv ALI_{inhalation}
				7.4E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	4E+05	4E+06	1E+06	1E+07	1E+09

Chromium - 51

⁵¹Cr₂₄

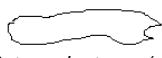
Half life: 27.7 days
Specific activity: 3.42E+15 Bq.g⁻¹

Risk group: 4
Risk colour: Green

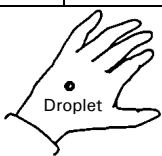
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	5	20		
E2	320	10		
E3				
% omitted	0			

Exemption levels	
Quantity (Bq)	1E+07
Concentration (Bq.g ⁻¹)	1E+03

Transport (TBq)	
IAEA ST1 A1 value	3E+1
IAEA ST1 A2 value	3E+1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
0.00E+0	10 cm 0.0E+00			
	1 m 0.0E+00			
Gammas, X rays (deep tissue dose)	Photons (skin)			
6.04E-5	10 cm 2.1E-04			
	1 m 1.3E-04			
	Photons (deep dose)			
	10 cm 2.1E-04			
	1 m 1.3E-04			
		100 cm 5.35E-6	1.87E-2	8.69E-2

The values above do not include Bremsstrahlung radiation.

CONTAMINATION				
Contamination skin dose (mSv.h ⁻¹)		Detection		Derived limits (Bq.cm ⁻²) Removable contamination Fixed contamination 9E+2
Uniform deposit (1kBq.cm ⁻²)	1.49E-2	Recommended probes*		
0.05 ml droplet (1 kBq)	5.65E-4			
				
Uniform deposit	Droplet			
		Alpha		8E+2
		Beta		
		Gamma	++	
		X rays	++	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique				

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	<0.1	
Plastic	<0.1	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	2	7
Steel	21	50

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁		Inhalation	
Hexavalent compounds	0.100	3.8E-11	All unspec. compounds	F 2.1E-11 3.0E-11
Trivalent compounds	0.010	3.7E-11	Halides & nitrat.	M 3.1E-11 3.4E-11
			Oxid.& hydrox.	S 3.6E-11 3.6E-11
Highest dose organ	Lungs	20 mSv ALI _{ingestion} 5.3E+08 (Bq)	20 mSv ALI _{inhalation} 5.6E+08 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	4E+07	4E+08	1E+08	1E+09	5E+09

Manganese - 52m

⁵²Mn₂₅

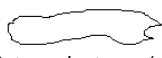
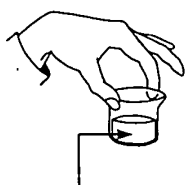
Half life: 21.2 minutes
Specific activity: 6.31E+18 Bq.g⁻¹

Risk group: 2
Risk colour: Orange

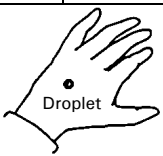
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	378	2	2633	96
E2	511	193		
E3	1434	98		
% omitted	<1		<1	

Exemption levels	
Quantity (Bq)	1E+05
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	-
IAEA ST1 A2 value	-

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.04E-1	10 cm 1.4E-01 1 m 6.8E-02			
	<i>Photons (skin)</i>			
	10 cm 1.5E-02 1 m 1.0E-02			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (deep dose)</i>	100 cm		
3.93E-3	10 cm 1.5E-02 1 m 9.4E-03	5.35E-4	1.80E+0	6.33E+1

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.14E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.61E+0	Alpha	1E+1
	Beta ++	Fixed contamination
	Gamma ++	1E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	5.8	
Plastic	10.9	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	10	39
Steel	32	84

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f₁		Inhalation	
All compounds	0.100	6.9E-11	All unspec. compounds	F 2.0E-11 3.5E-11
			Oxid., hydrox., halid. & nitrat.	M 3.0E-11 5.0E-11
				S
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	2.9E+08 (Bq)	20 mSv ALI _{inhalation} 4.0E+08 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	4E+05	4E+06	1E+06	1E+07	1E+09

Manganese - 52

⁵²Mn₂₅

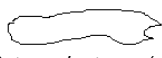
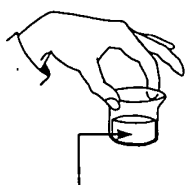
Half life: 5.6 days
Specific activity: 1.66E+16 Bq.g⁻¹

Risk group: 2
Risk colour: Orange

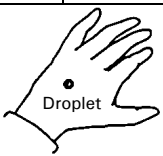
Main emissions (keV)						
	Gamma or X		Beta (Emax)		Electrons	Alpha
	E	%	E	%	E	%
E1	511	59	575	29		
E2	936	95				
E3	1434	100				
% omitted		105		0		

Exemption levels	
Quantity (Bq)	1E+05
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	3E-1
IAEA ST1 A2 value	3E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
3.49E-2	10 cm 8.6E-03 1 m 5.0E-06			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
5.57E-3	10 cm 2.9E-02 1 m 2.1E-02	4.79E-4	1.72E+0	8.20E+0
	<i>Photons (deep dose)</i>			
	10 cm 2.7E-02 1 m 2.0E-02			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 7.57E-1	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 2.78E-1	Alpha	9E+0
	Beta +	Fixed contamination
	Gamma ++	1E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.8
Plastic		1.5
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	12	40
Steel	34	86

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f₁		Inhalation	
All compounds	0.100	1.8E-09	All unspec. compounds	F 9.9E-10 1.6E-09
			Oxid., hydrox., halid. & nitrat.	M 1.4E-09 1.8E-09
				S
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	1.1E+07 (Bq)	20 mSv ALI _{inhalation} 1.1E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	4E+05	4E+06	1E+06	1E+07	1E+09

Manganese - 54

⁵⁴Mn₂₅

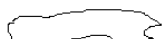
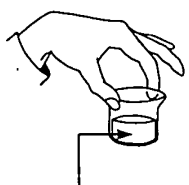
Half life: 312 days
Specific activity: 2.87E+14 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

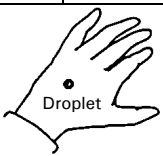
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	5	23		
E2	6	3		
E3	835	100		
% omitted		0		0

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	1E+0
IAEA ST1 A2 value	1E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.00E+0	10 cm 0.0E+00			
	1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
1.42E-3	10 cm 5.6E-03	1.22E-4	4.41E-1	2.09E+0
	1 m 3.6E-02			
	<i>Photons (deep dose)</i>			
	10 cm 5.2E-03			
	1 m 3.4E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 6.22E-2	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.48E-2	Alpha	3E+1
	Beta	Fixed contamination
	Gamma ++	4E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	<0.1	
Plastic	<0.1	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	11	32
Steel	32	79

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f₁	Inhalation	1 µm	5 µm
All compounds	0.100	All unspec. compounds	F 8.7E-10	1.1E-09
		Oxid., hydrox., halid. & nitrat.	M 1.5E-09	1.2E-09
			S	
Highest dose organ	Lungs	20 mSv ALI_{ingestion}	2.8E+07 (Bq)	20 mSv ALI_{inhalation}
				1.3E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	2E+06	2E+07	5E+06	5E+07	5E+09

Manganese - 56

⁵⁶Mn₂₅

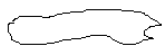
Half life: 2.58 hours
Specific activity: 8.02E+17 Bq.g⁻¹

Risk group: 2
Risk colour: Orange

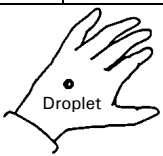
Main emissions (keV)						
	Gamma or X		Beta (Emax)		Electrons	Alpha
	E	%	E	%	E	%
E1	847	99	735	15		
E2	1811	27	1037	28		
E3	2113	14	2848	56		
% omitted		2.3		1		

Exemption levels	
Quantity (Bq)	1E+05
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	3E-1
IAEA ST1 A2 value	3E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.15E-1	10 cm 1.3E-01 1 m 4.4E-02			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
2.57E-3	10 cm 1.0E-02 1 m 6.8E-03	3.47E-4	1.21E+0	3.97E+1
	<i>Photons (deep dose)</i>			
	10 cm 9.8E-03 1 m 6.4E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.35E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.35E+0	Alpha	2E+1
	Beta ++	Fixed contamination
	Gamma ++	2E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		6.5
Plastic		12.3
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	14	45
Steel	36	93

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁		Inhalation	1 µm 5 µm
All compounds	0.100	2.5E-10	All unspec. compounds	F 6.9E-11 1.2E-10
			Oxid., hydrox., halid. & nitrat.	M 1.3E-10 2.0E-10
				S
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	8.0E+07 (Bq)	20 mSv ALI _{inhalation}
				1.0E+08 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	4E+05	4E+06	1E+06	1E+07	1E+09

Iron - 52

⁵²Fe₂₆

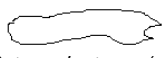
Half life: 8.26 hours
Specific activity: 2.70E+17 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

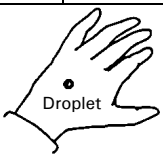
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	169	99	804	56		
E2	511	112				
E3						
% omitted	0		0			

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	3E-1
IAEA ST1 A2 value	3E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
7.43E-2	10 cm 5.9E-02 1 m 5.6E-03			
	Photons (skin)			
	10 cm 4.9E-03 1 m 3.1E-03			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
1.36E-3	10 cm 4.8E-03 1 m 3.0E-03	1.20E-4	4.23E-1	1.98E+0

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.07E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 5.45E-1	Alpha	3E+1
	Beta ++	Fixed contamination
	Gamma ++	4E+1
	X rays ++	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		1.3
Plastic		2.3
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	4	15
Steel	22	59

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion	f ₁		Inhalation	1 µm	5 µm	
All compounds	0.100	1.4E-09	All unspec. compounds	F	4.1E-10	6.9E-10
			Oxid., hydrox. & halid.	M	6.3E-10	9.5E-10
				S		
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	1.4E+07 (Bq)	20 mSv ALI _{inhalation}	2.1E+07 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	6E+05	6E+06	2E+06	2E+07	2E+09

Iron - 55

⁵⁵Fe₂₆

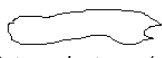
Half life: 2.68 years
Specific activity: 8.98E+13 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

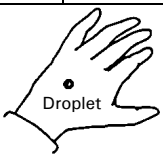
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	6	25		5 61
E2	7	3		
E3				
% omitted	< 1		< 1	

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+04

Transport (TBq)	
IAEA ST1 A1 value	4E+1
IAEA ST1 A2 value	4E+1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.00E+0	10 cm 0.0E+00			
	1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
0.00E+0	10 cm 0.0E+00			
	1 m 0.0E+00			
	<i>Photons (deep dose)</i>			
	10 cm 0.0E+00			
	1 m 0.0E+00			

? indicates that insufficient information is available for reliable calculations to be made.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.62E-2	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) ?	Alpha	7E+2
	Beta	Fixed contamination
	Gamma	7E+4
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	< 1	
Plastic	< 1	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	< 1
Steel	< 1	< 1

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion	f ₁		Inhalation	1 µm	5 µm	
All compounds	0.100	3.3E-10	All unspec. compounds	F	7.7E-10	9.2E-10
			Oxid., hydrox. & halid.	M	3.7E-10	3.3E-10
				S		
Highest dose organ	Spleen	20 mSv ALI _{ingestion}	6.1E+07 (Bq)	20 mSv ALI _{inhalation}	2.2E+07 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds except below	0.01	7E+06	7E+07	2E+07	2E+08	5E+09
Oxid., hydroxid. & halog.	0.01	2E+07	2E+08	5E+07	5E+08	5E+09

Iron - 59

⁵⁹Fe₂₆

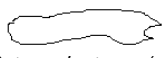
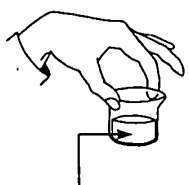
Half life: 44.5 days
Specific activity: 1.84E+15 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

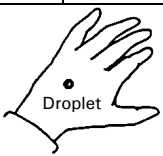
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	192	3	131	1		
E2	1099	56	273	46		
E3	1292	44	466	53		
% omitted		1.4		0.3		

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	9E-1
IAEA ST1 A2 value	9E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
3.46E-2	10 cm 4.1E-02 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
1.86E-3	10 cm 7.5E-03 1 m 4.9E-03	1.60E-4	5.77E-1	2.74E+0
	<i>Photons (deep dose)</i>			
	10 cm 7.0E-03 1 m 4.6E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 9.73E-1	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 3.01E-1	Alpha	2E+1
	Beta ++	Fixed contamination
	Gamma ++	3E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.6
Plastic		1.2
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	15	45
Steel	35	91

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	0.100	1.8E-09	All unspec. compounds	F	2.2E-09 3.0E-09
			Oxid., hydrox. & halid.	M	3.5E-09 3.2E-09
				S	
Highest dose organ	Spleen	20 mSv ALL _{ingestion}	1.1E+07 (Bq)	20 mSv ALL _{inhalation}	5.7E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	6E+05	6E+06	2E+06	2E+07	2E+09

Cobalt - 56

⁵⁶Co₂₇

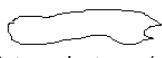
Half life: 77.1 days
Specific activity: 1.12E+15 Bq.g⁻¹

Risk group: 2
Risk colour: Orange

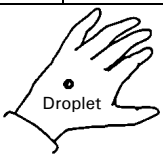
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	511	39	422	1		
E2	847	100	1460	19		
E3	1238	67				
% omitted		83.8		0		

Exemption levels	
Quantity (Bq)	1E+05
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	3E-1
IAEA ST1 A2 value	3E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
2.89E-2	10 cm 5.1E-03 1 m 1.4E-03			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
5.35E-3	10 cm 2.6E-03 1 m 1.9E-03	4.60E-4	1.64E+0	1.17E+1
	<i>Photons (deep dose)</i>			
	10 cm 2.5E-03 1 m 1.8E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 5.49E-1	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 3.62E-1	Alpha	9E+0
	Beta +	Fixed contamination
	Gamma ++	1E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		2.7
Plastic		5.1
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	15	47
Steel	36	96

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion		f ₁	Inhalation		1 µm	5 µm
All unspec. compounds	0.100	2.5E-09		F		
Oxid., hydrox. & inorg. compounds	0.050	2.3E-09	All unspec. compounds	M	4.6E-09	4.0E-09
			Oxid., hydrox., halid. & nitrat.	S	6.3E-09	4.9E-09
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	8.0E + 06 (Bq)	20 mSv ALI _{inhalation}	3.2E + 06 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	3E+05	3E+06	1E+06	1E+07	1E+09

Cobalt - 57

⁵⁷Co₂₇

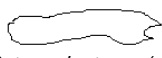
Half life: 271.8 days
Specific activity: 3.12E+14 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

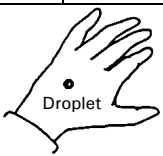
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	14	9		6	106	
E2	122	86		7	70	
E3	137	11				
% omitted		< 1		11		

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	1E+1
IAEA ST1 A2 value	1E+1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.00E+0	10 cm 8.4E-06 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
2.52E-4	10 cm 2.4E-03 1 m 2.0E-03	2.17E-5	7.47E-2	3.35E-1
	<i>Photons (deep dose)</i>			
	10 cm 2.3E-03 1 m 2.0E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.19E-1	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.62E-3	Alpha	2E+2
	Beta	Fixed contamination
	Gamma +	2E+2
	X rays ++	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	<0.1	
Plastic	<0.1	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	1
Steel	6	18

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion		f _i	Inhalation		1 µm	5 µm
All unspec. compounds	0.100	2.1E-10		F		
Oxid., hydrox. & inorg. compounds	0.050	1.9E-10	All unspec. compounds	M	5.2E-10	3.9E-10
			Oxid., hydrox., halid. & nitrat.	S	9.4E-10	6.0E-10
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	9.5E+07 (Bq)	20 mSv ALI _{inhalation}	2.1E+07 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
Oxid., hydroxid., halog. & nitrat.	0.01	4E+06	4E+07	1E+07	1E+08	5E+09
Other compounds	0.01	6E+06	6E+07	2E+07	2E+08	5E+09

Cobalt - 58

⁵⁸Co₂₇

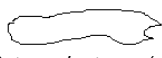
Half life: 70.8 days
Specific activity: 1.18E+15 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

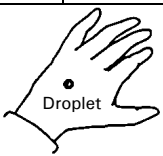
Main emissions (keV)						
	Gamma or X		Beta (Emax)		Electrons	Alpha
	E	%	E	%	E	%
E1	511	30	475	15		
E2	811	99				
E3	1675	< 1				
% omitted		< 1		0		

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	1E+0
IAEA ST1 A2 value	1E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
10 cm	1.9E-03			
1 m	0.0E+00			
<i>Photons (skin)</i>	<i>Photons (skin)</i>			
10 cm	6.5E-03			
1 m	4.2E-03			
<i>Photons (deep tissue dose)</i>	<i>Photons (deep tissue dose)</i>			
10 cm	6.1E-03			
1 m	4.0E-03			
<i>Gammas, X rays (deep tissue dose)</i>				
1.68E-3		1.45E-4	5.22E-1	2.47E+0

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²)	2.97E-1	Removable contamination 3E+1 Fixed contamination 3E+1
0.05 ml droplet (1 kBq)	1.14E-1	
		
Uniform deposit	Droplet	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.7
Plastic		1.2
Gamma and X rays (half and tenth value thickness)		
	1/2	1/10
Lead	10	29
Steel	31	76

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion		f ₁	Inhalation		1 μm	5 μm
All unspec. compounds	0.100	7.4E-10		F		
Oxid., hydrox. & inorg. compounds	0.050	7.0E-10	All unspec. compounds	M	1.5E-09	1.4E-09
			Oxid., hydrox., halid. & nitrat.	S	2.0E-09	1.7E-09
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	2.7E+07 (Bq)	20 mSv ALI _{inhalation}	1.0E+07 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	9E+05	9E+06	3E+06	3E+07	3E+09

Cobalt - 60

 $^{60}\text{Co}_{27}$

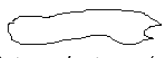
Half life: 5.27 years
 Specific activity: $4.18\text{E}+13 \text{ Bq.g}^{-1}$

Risk group: 2
 Risk colour: Orange

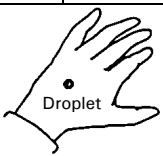
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	1173	100	318	100
E2	1333	100	1491	<1
E3				
% omitted	<1		0	

Exemption levels	
Quantity (Bq)	1E+05
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	4E-1
IAEA ST1 A2 value	4E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.26E-2	10 cm 2.6E-02 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
3.86E-3	10 cm 1.6E-02 1 m 1.0E-02	3.32E-4	1.19E+0	5.67E+0
	<i>Photons (deep dose)</i>			
	10 cm 1.5E-02 1 m 9.6E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 7.84E-1	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 2.22E-1	Alpha	9E+0
	Beta ++	Fixed contamination
	Gamma ++	1E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.4
Plastic		0.7
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	16	46
Steel	36	93

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁	Inhalation	1 µm	5 µm
All unspec. compounds	0.100		F	
Oxid., hydrox. & inorg. compounds	0.050		M	
		All unspec. compounds		
		Oxid., hydrox., halid. & nitrat.	S	
Highest dose organ	Lungs	20 mSv ALL _{ingestion}	5.9E+06 (Bq)	20 mSv ALL _{inhalation}
				6.9E+05 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
Oxid., hydroxid., halog. & nitrat.	0.01	2E+05	2E+06	5E+05	5E+06	5E+08
Other compounds	0.01	3E+05	3E+06	1E+06	1E+07	1E+09

Nickel - 63

⁶³Ni₂₈

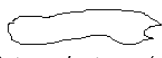
Half life: 100 years
Specific activity: 2.10E+12 Bq.g⁻¹

Risk group: 5
Risk colour: Blue

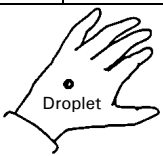
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1			66	100		
E2						
E3						
% omitted			0			

Exemption levels	
Quantity (Bq)	1E+08
Concentration (Bq.g ⁻¹)	1E+05

Transport (TBq)	
IAEA ST1 A1 value	4E+1
IAEA ST1 A2 value	3E+1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.00E+0	10 cm 0.0E+00 1 m 0.0E+00			
	<i>Photons (skin)</i>			
	10 cm 0.0E+00 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (deep dose)</i>	100 cm		
0.00E+0	10 cm 0.0E+00 1 m 0.0E+00	Brem. Rad.	Brem. Rad.	Brem. Rad.

The values above do not include Bremsstrahlung radiation. Brem. Rad. indicates that it may be significant.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 0.00E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 0.00E+0	Alpha	1E+3
	Beta +	Fixed contamination
	Gamma	1E+5
	X rays	
		
		

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	<0.1	
Plastic	0.1	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	-	-
Steel	-	-

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion	f₁		Inhalation		1 µm	5 µm
All compounds	0.050	1.5E-10	All unspec. compounds	F	4.4E-10	5.2E-10
			Oxid., hydrox. & carbides	M	4.4E-10	3.1E-10
				S		
Highest dose organ	Lower large intestine	20 mSv ALI _{ingestion}	1.3E+08 (Bq)	20 mSv ALI _{inhalation}	3.8E+07 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds except below	0.01	1E+07	1E+08	4E+07	4E+08	4E+10
Vapour	1	Forbidden	1E+06	Forbidden	4E+06	4E+08

Nickel - 65

⁶⁵Ni₂₈

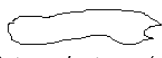
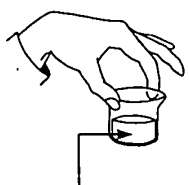
Half life: 2.52 hours
 Specific activity: 7.08E+17 Bq.g⁻¹

Risk group: 3
 Risk colour: Yellow

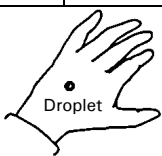
Main emissions (keV)						
	Gamma or X		Beta (Emax)		Electrons	Alpha
	E	%	E	%	E	%
E1	366	5	655	28		
E2	1116	15	1021	10		
E3	1482	24	2137	61		
% omitted		1.3		1		

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	4E-1
IAEA ST1 A2 value	4E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.12E-1	10 cm 1.2E-01 1 m 3.9E-02			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
8.35E-4	10 cm 3.4E-03 1 m 2.2E-03	1.12E-4	3.01E-1	2.43E+1
	<i>Photons (deep dose)</i>			
	10 cm 3.2E-03 1 m 2.1E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION														
Contamination skin dose (mSv.h ⁻¹)		Detection		Derived limits (Bq.cm ⁻²)										
Uniform deposit (1kBq.cm ⁻²)	2.19E+0	<table><tr><th colspan="2">Recommended probes*</th></tr><tr><td>Alpha</td><td></td></tr><tr><td>Beta</td><td>++</td></tr><tr><td>Gamma</td><td>++</td></tr><tr><td>X rays</td><td>+</td></tr></table>			Recommended probes*		Alpha		Beta	++	Gamma	++	X rays	+
Recommended probes*														
Alpha														
Beta	++													
Gamma	++													
X rays	+													
0.05 ml droplet (1 kBq)	1.21E+0													
				Removable contamination										
				4E+1										
				Fixed contamination										
				6E+1										
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique														

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		4.5
Plastic		8.4
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	16	48
Steel	36	94

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	0.050	1.8E-10	All unspec. compounds	F 4.4E-11	7.5E-11
			Oxid., hydrox. & carbides	M 8.7E-11	1.3E-10
				S	
Highest dose organ	Lungs	20 mSv ALL _{ingestion}	1.1E+08 (Bq)	20 mSv ALL _{inhalation}	1.5E+08 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds except below	0.01	6E+05	6E+06	2E+06	2E+07	2E+09
Vapour	1	Forbidden	3E+06	Forbidden	9E+06	9E+08

Copper - 64

⁶⁴Cu₂₉

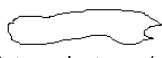
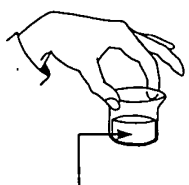
Half life: 12.7 hours
Specific activity: 1.43E+17 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

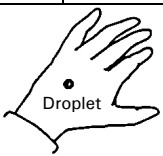
Main emissions (keV)						
	Gamma or X		Beta (Emax)		Electrons	Alpha
	E	%	E	%	E	%
E1	511	36	578	37		
E2	1346	< 1	653	18		
E3						
% omitted	0		0			

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	6E+0
IAEA ST1 A2 value	1E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
5.92E-2	10 cm 3.5E-03 1 m 2.5E-05			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
3.45E-4	10 cm 1.3E-03 1 m 8.2E-04	3.00E-5	1.07E-1	5.79E-1
	<i>Photons (deep dose)</i>			
	10 cm 1.2E-03 1 m 7.8E-04			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.00E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 3.90E-1	Alpha	1E+2
	Beta ++	Fixed contamination
	Gamma ++	2E+2
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		1
Plastic		1.8
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	6	17
Steel	27	65

INTERNAL EXPOSURE FOR WORKERS							
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)							
Ingestion		f _i		Inhalation		1 µm 5 µm	
All compounds		0.500	1.2E-10	All unspec. inorganic compounds	F	3.8E-11	6.8E-11
				Sulphides, halid. & nitrat.	M	1.1E-10	1.5E-10
				Oxid.& hydrox.	S	1.2E-10	1.5E-10
Highest dose organ	Lungs	20 mSv ALI _{ingestion}		1.7E+08	(Bq) 20 mSv ALI _{inhalation}	1.3E+08	(Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	1E+06	1E+07	3E+06	3E+07	3E+09

Copper - 67

⁶⁷Cu₂₉

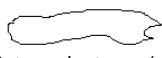
Half life: 2.58 days
Specific activity: 2.79E+16 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

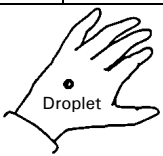
Main emissions (keV)						
	Gamma or X		Beta (Emax)		Electrons	Alpha
	E	%	E	%	E	%
E1	91	7	390	57	84	12
E2	93	16	482	22	92	2
E3	185	49	575	20		
% omitted		1.1		1		2

Exemption levels	
Quantity (Bq)	-
Concentration (Bq.g ⁻¹)	-

Transport (TBq)	
IAEA ST1 A1 value	1E+1
IAEA ST1 A2 value	7E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
	10 cm 6.7E-02			
	1 m 0.0E+00			
	<i>Photons (skin)</i>			
	10 cm 1.7E-03			
	1 m 1.4E-03			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (deep dose)</i>	100 cm		
	10 cm 1.7E-03	2.03E-5	6.95E-2	3.16E-1
	1 m 1.4E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.32E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 4.65E-1	Alpha	1E+2
	Beta ++	Fixed contamination
	Gamma ++	2E+2
	X rays +	
		
		

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.8
Plastic		1.5
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	2
Steel	11	30

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	0.500	3.4E-10	All unspec. inorganic compounds	F 1.1E-10	1.8E-10
			Sulphides, halid. & nitrat.	M 5.2E-10	5.3E-10
			Oxid.& hydrox.	S 5.8E-10	5.8E-10
Highest dose organ	Lungs	20 mSv ALL _{ingestion}	5.9E+07 (Bq)	20 mSv ALL _{inhalation}	3.4E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	1E+06	1E+07	4E+06	4E+07	4E+09

Zinc - 65

⁶⁵Zn₃₀

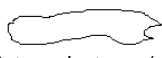
Half life: 243.9 days
 Specific activity: 3.05E+14 Bq.g⁻¹

Risk group: 3
 Risk colour: Yellow

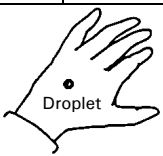
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	511	3	330	2		
E2	1116	51				
E3						
% omitted	0		0			

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	2E+0
IAEA ST1 A2 value	2E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
5.19E-4	10 cm 8.1E-06 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
9.27E-4	10 cm 3.7E-03 1 m 2.4E-03	7.96E-5	2.87E-1	1.36E+0
	<i>Photons (deep dose)</i>			
	10 cm 3.5E-03 1 m 2.3E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 7.57E-2	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.53E-2	Alpha	4E+1
	Beta	Fixed contamination
	Gamma ++	6E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.4
Plastic		0.8
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	14	42
Steel	35	87

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion		f ₁	Inhalation		1 μm	5 μm
All compounds		0.500	3.9E-09		F	
					M	
				All compounds	S	2.9E-09
						2.8E-09
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	5.1E+06 (Bq)	20 mSv ALI _{inhalation}	6.9E+06 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	1E+06	1E+07	4E+06	4E+07	4E+09

Gallium - 66

⁶⁶Ga₃₁

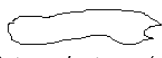
Half life: 9.45 hours
Specific activity: 1.86E+17 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

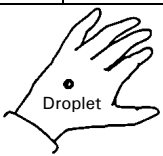
Main emissions (keV)				
	Gamma or X		Beta (Emax)	Electrons
	E	%	E	%
E1	511	113	361	1
E2	1039	38	924	4
E3	2752	23	4153	51
% omitted	34.7		1	

Exemption levels	
Quantity (Bq)	-
Concentration (Bq.g ⁻¹)	-

Transport (TBq)	
IAEA ST1 A1 value	-
IAEA ST1 A2 value	-

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
6.14E-2	10 cm 7.5E-02 1 m 3.9E-02			
	Photons (skin)			
	10 cm 1.8E-02 1 m 1.3E-02			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
3.53E-3	10 cm 1.7E-02 1 m 1.2E-02	5.85E-4	2.23E+0	6.06E+1

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.62E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.0E+00	Alpha	1E+1
	Beta ++	Fixed contamination
	Gamma ++	1E+1
	X rays	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	10.7	
Plastic	20.2	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	13	48
Steel	35	98

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁	Inhalation	1 µm	5 µm
All compounds	0.001 1.2E-09	All unspec. compounds	F 2.7E-10	4.7E-10
		Oxid., hydr., carbid., halid. & nitrat.	M 4.6E-10	7.1E-10
			S	
Highest dose organ	Lungs	20 mSv ALI _{ingestion} 1.7E+07 (Bq)	20 mSv ALI _{inhalation} 2.8E+07 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+05	5E+06	2E+06	2E+07	2E+09

Gallium - 67

⁶⁷Ga₃₁

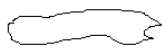
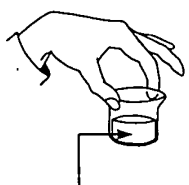
Half life: 3.26 days
Specific activity: 2.21E+16 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

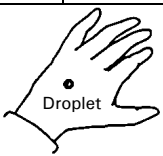
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	93	39		
E2	185	21		
E3	300	17		
% omitted		67.5		

Exemption levels	
Quantity (Bq)	-
Concentration (Bq.g ⁻¹)	-

Transport (TBq)	
IAEA ST1 A1 value	7E+0
IAEA ST1 A2 value	3E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.00E+0	10 cm 2.6E-04 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
2.79E-4	10 cm 2.0E-03 1 m 1.6E-03	2.54E-5	8.77E-2	4.02E-1
	<i>Photons (deep dose)</i>			
	10 cm 2.0E-03 1 m 1.6E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 3.51E-1	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 4.17E-3	Alpha	1E+2
	Beta +	Fixed contamination
	Gamma ++	2E+2
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.1
Plastic		0.2
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	1	6
Steel	14	41

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f₁		Inhalation	1 µm	5 µm
All compounds	0.001	1.9E-10	All unspec. compounds	F	6.8E-11 1.1E-10
			Oxid., hydr., carbid., halid. & nitrat.	M	2.3E-10 2.8E-10
				S	
Highest dose organ	Lower large intestine	20 mSv ALI _{ingestion}	1.1E+08 (Bq)	20 mSv ALI _{inhalation}	7.1E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	7E+06	7E+07	2E+07	2E+08	5E+09

Gallium - 68

⁶⁸Ga₃₁

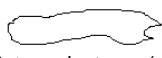
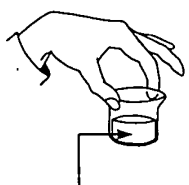
Half life: 1.13 hours
Specific activity: 1.51E+18 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

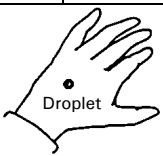
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	511	178	822	1		
E2	1077	3	1899	88		
E3	1883	< 1				
% omitted		< 1	0			

Exemption levels	
Quantity (Bq)	-
Concentration (Bq.g ⁻¹)	-

Transport (TBq)	
IAEA ST1 A1 value	5E-1
IAEA ST1 A2 value	5E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.03E-1	10 cm 1.2E-01 1 m 4.5E-02			
	<i>Photons (skin)</i>			
	10 cm 6.5E-03 1 m 4.1E-03			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (deep dose)</i>	100 cm		
1.73E-3	10 cm 6.2E-03 1 m 3.9E-03	1.60E-4	5.49E-1	3.14E+1

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.81E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.25E+0	Alpha	2E+1
	Beta ++	Fixed contamination
	Gamma ++	3E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		3.9
Plastic		7.2
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	6	17
Steel	27	65

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f₁		Inhalation	
All compounds	0.001	1.0E-10	All unspec. compounds	F 2.8E-11 4.9E-11
			Oxid., hydr., carbid., halid. & nitrat.	M 5.1E-11 8.1E-11
				S
Highest dose organ	Lungs	20 mSv ALL _{ingestion}	2.0E+08 (Bq)	20 mSv ALL _{inhalation} 2.5E+08 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+05	5E+06	2E+06	2E+07	2E+09

Arsenic - 73

⁷³As₃₃

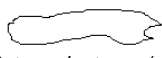
Half life: 80.3 days
Specific activity: 8.24E+14 Bq.g⁻¹

Risk group: 4
Risk colour: Green

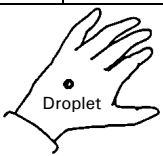
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	10	89		12	61	
E2	11	13		42	75	
E3	53	10		53	15	
% omitted		2			445	

Exemption levels	
Quantity (Bq)	1E+07
Concentration (Bq.g ⁻¹)	1E+03

Transport (TBq)	
IAEA ST1 A1 value	40
IAEA ST1 A2 value	40

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.0E+00	10 cm 0.0E+00			
	1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
2.4E-05	10 cm 6.0E-04	1.4E-06	4.0E-03	3.1E-02
	1 m 2.8E-04			
	<i>Photons (deep dose)</i>			
	10 cm 1.3E-04			
	1 m 9.4E-05			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 4.5E-03	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 2.2E-04	Alpha	6E+02
	Beta	Fixed contamination
	Gamma	3E+03
	X rays ++	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	< 0.1	
Plastic	< 0.1	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	< 1
Steel	< 1	2

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion		f ₁	Inhalation		1 µm	5 µm
All compounds		0.500	2.6E-10		F	
				All compounds	M	9.3E-10
					S	6.5E-10
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	7.7E+07 (Bq)	20 mSv ALI _{inhalation}	2.2E+07 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	6E+06	6E+07	2E+07	2E+08	5E+09

Arsenic - 74

⁷⁴As₃₃

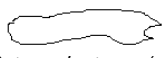
Half life: 17.8 days
Specific activity: 3.67E+15 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

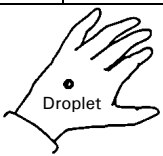
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	511	59	944	27
E2	596	60	1353	19
E3	1204	< 1	1540	3
% omitted	33		16	0

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	1
IAEA ST1 A2 value	0.9

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
7.5E-02	10 cm 7.1E-02 1 m 1.3E-02			
Gammas, X rays (deep tissue dose)	Photons (skin)			
1.4E-03	10 cm 5.3E-03 1 m 3.4E-03	100 cm		
	Photons (deep dose)	1.2E-04	3.6E-01	3.5E+00
	10 cm 5.0E-03 1 m 3.2E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.4E+00	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 6.5E-01	Alpha	1E+00
	Beta ++	Fixed contamination
	Gamma ++	4E+01
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		3.2
Plastic		5.5
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	7	21
Steel	28	67

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁	Inhalation	1 µm	5 µm
All compounds	0.500 1.3E-09		F	
		All compounds	M	2.1E-09 1.8E-09
			S	
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	1.5E+07 (Bq)	20 mSv ALI _{inhalation} 9.5E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+05	5E+06	2E+06	2E+07	2E+09

Arsenic - 76

⁷⁶As₃₃

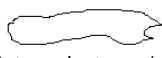
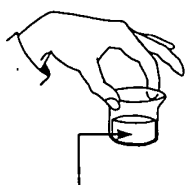
Half life: 1.10 days
Specific activity: 5.78E+16 Bq.g⁻¹

Risk group: 2
Risk colour: Orange

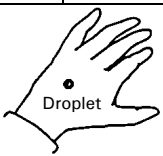
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	559	45	1748	8
E2	657	6	2405	35
E3	1216	3	2964	51
% omitted		6.8		5

Exemption levels	
Quantity (Bq)	1E+05
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	3E-1
IAEA ST1 A2 value	3E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.04E-1	10 cm 1.4E-01 1 m 6.1E-02			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
7.39E-4	10 cm 4.0E-03 1 m 3.0E-03	4.56E-4	7.32E-1	5.49E+1
	<i>Photons (deep dose)</i>			
	10 cm 3.8E-03 1 m 2.8E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.14E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.37E+0	Alpha	3E+1
	Beta ++	Fixed contamination
	Gamma ++	6E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		6.9
Plastic		12.9
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	8	28
Steel	30	75

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f₁	Inhalation	1 µm	5 µm
All compounds	0.500		F	
		All compounds	M	7.4E-10
			S	
Highest dose organ	Lungs	20 mSv ALI_{ingestion}	1.3E+07 (Bq)	20 mSv ALI_{inhalation}
				2.2E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	6E+05	6E+06	2E+06	2E+07	2E+09

Arsenic - 77

⁷⁷As₃₃

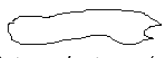
Half life: 1.62 days
Specific activity: 3.87E+16 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

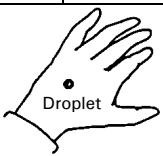
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	239	2	452	2
E2	520	<1	690	97
E3				
% omitted	<2		1	

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+03

Transport (TBq)	
IAEA ST1 A1 value	20
IAEA ST1 A2 value	0.7

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
9.4E-02	10 cm 8.9E-02 1 m 0.0E+00			
	Photons (skin)			
	10 cm 5.7E-05 1 m 3.6E-05			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
1.6E-05	10 cm 5.6E-05 1 m 3.5E-05	1.5E-06	4.3E-03	2.3E-02

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.8E+00	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 6.5E-01	Alpha	1E+02
	Beta ++	Fixed contamination
	Gamma +	2E+03
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		1.1
Plastic		2.0
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	7	24
Steel	38	70

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁	Inhalation	1 µm	5 µm
All compounds	0.500	F		
		M	3.8E-10	4.2E-10
		S		
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	5.0E+07 (Bq)	20 mSv ALI _{inhalation}
			4.8E+07 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	8E+05	8E+06	3E+06	3E+07	3E+09

Selenium - 75

⁷⁵Se₃₄

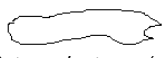
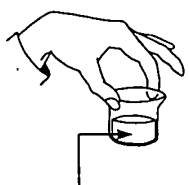
Half life: 119.8 days
Specific activity: 5.37E+14 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

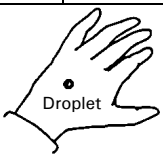
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	136	59		14	6	
E2	265	59		85	3	
E3	401	12		124	2	
% omitted		106		3		

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	3E+0
IAEA ST1 A2 value	3E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.00E+0	10 cm 8.8E-04 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
7.40E-4	10 cm 7.4E-03 1 m 5.1E-03	6.69E-5	2.32E-1	1.07E+0
	<i>Photons (deep dose)</i>			
	10 cm 5.2E-03 1 m 4.2E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.43E-1	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 7.59E-3	Alpha	5E+1
	Beta	Fixed contamination
	Gamma ++	7E+1
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.1
Plastic		0.2
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	5
Steel	15	42

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion		f _i	Inhalation		1 μm	5 μm
All unspec. compounds	0.800	2.6E-09	All unspec. inorganic compounds	F	1.0E-09	1.4E-09
Elemental selenium & selenides	0.050	4.1E-10	Elem. Se, oxides, hydrox. & carbides	M	1.4E-09	1.7E-09
				S		
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	7.7E+06	(Bq)	20 mSv ALI _{inhalation}	1.2E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	2E+06	2E+07	6E+06	6E+07	5E+09

Bromine - 77

⁷⁷Br₃₅

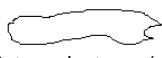
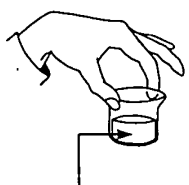
Half life: 2.38 days
 Specific activity: 2.64E+16 Bq.g⁻¹

Risk group: 3
 Risk colour: Yellow

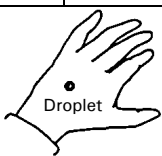
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	239	24	343	<1
E2	521	23		
E3	818	2		
% omitted	82		0	

Exemption levels	
Quantity (Bq)	-
Concentration (Bq.g ⁻¹)	-

Transport (TBq)	
IAEA ST1 A1 value	3E+0
IAEA ST1 A2 value	3E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
4.46E-4	10 cm 7.2E-04 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
5.78E-4	10 cm 4.4E-03 1 m 3.0E-03	5.07E-5	1.80E-1	8.41E-1
	<i>Photons (deep dose)</i>			
	10 cm 3.5E-03 1 m 2.6E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION											
Contamination skin dose (mSv.h ⁻¹)		Detection		Derived limits (Bq.cm ⁻²)							
Uniform deposit (1kBq.cm ⁻²)	1.03E-2	Recommended probes* <table><tr><td>Alpha</td><td></td></tr><tr><td>Beta</td><td></td></tr><tr><td>Gamma</td><td>++</td></tr><tr><td>X rays</td><td>++</td></tr></table>			Alpha		Beta		Gamma	++	X rays
Alpha											
Beta											
Gamma	++										
X rays	++										
0.05 ml droplet (1 kBq)	9.41E-3			Removable contamination							
				9E + 1							
Uniform deposit	Droplet			Fixed contamination							
				1E + 2							
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique											

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	0.4	
Plastic	0.8	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	4	17
Steel	24	62

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f₁		Inhalation	
All compounds	1.000	9.6E-11	Determined by combining cation	F 6.7E-11 1.2E-10
			Determined by combining cation	M 8.7E-11 1.3E-10
				S
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	2.1E+08 (Bq)	20 mSv ALI _{inhalation} 1.5E+08 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+06	5E+07	2E+07	2E+08	5E+09

Bromine - 82

⁸²Br₃₅

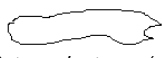
Half life: 1.47 days
Specific activity: 4.01E+16 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

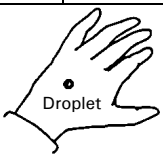
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	554	71	265	1		
E2	777	83	448	99		
E3	1318	27				
% omitted		148.6	0			

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	4E-1
IAEA ST1 A2 value	4E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
4.95E-2	10 cm 5.4E-02 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
4.44E-3	10 cm 2.3E-02 1 m 1.7E-02	3.83E-4	1.38E+0	6.53E+0
	<i>Photons (deep dose)</i>			
	10 cm 2.2E-02 1 m 1.6E-02			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.51E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 4.11E-1	Alpha	1E+1
	Beta ++	Fixed contamination
	Gamma ++	1E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.6
Plastic		1.1
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	10	33
Steel	32	80

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion		f _i	Inhalation		1 μm	5 μm
All compounds	1.000	5.4E-10	Determined by combining cation	F	3.7E-10	6.4E-10
			Determined by combining cation	M	6.4E-10	8.8E-10
				S		
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	3.7E+07 (Bq)	20 mSv ALI _{inhalation}	2.3E+07 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+05	5E+06	2E+06	2E+07	2E+09

Krypton - 85

⁸⁵Kr₃₆

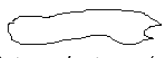
Half life: 10.7 years
Specific activity: 1.45E+13 Bq.g⁻¹

Risk group: 1
Risk colour: Red

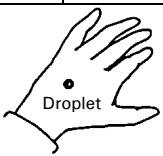
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	514	<1	687	100
E2			173	<1
E3				
% omitted	0		0	

Exemption levels	
Quantity (Bq)	1E+04
Concentration (Bq.g ⁻¹)	1E+05

Transport (TBq)	
IAEA ST1 A1 value	1E+1
IAEA ST1 A2 value	1E+1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
10 cm	10 cm			
1 m	1 m			
<i>Photons (skin)</i>	<i>Photons (skin)</i>			
10 cm	10 cm			
1 m	1 m			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (deep dose)</i>	100 cm		
4.09E-6	10 cm	-	-	-
	1 m			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²)	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq)	Alpha	-
	Beta	+
	Gamma	+
	X rays	-
		Fixed contamination
		-

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		1
Plastic		1.9
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	6	17
Steel	27	64

INTERNAL EXPOSURE FOR WORKERS			
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)			
Ingestion	f ₁	SUBMERSION DOSE RATE (Sv per day)	
		Sv.d ⁻¹ per Bq.m ⁻³	2.2E-11
Highest dose organ	-	20 mSv ALI _{ingestion}	(Bq) 20 mSv ALI _{inhalation} - (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	1	Forbidden	6E+06	Forbidden	2E+07	5E+08

Krypton - 81

 $^{81}\text{Kr}_{36}$

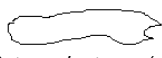
Half life: 2.1E+5 years
Specific activity: 7.78E+08 Bq.g⁻¹

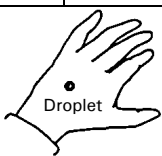
Risk group: 4
Risk colour: Green

Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	12	44		1	110	
E2	13	7		10	31	
E3	276	4				
% omitted		1		0		

Exemption levels	
Quantity (Bq)	1E+07
Concentration (Bq.g ⁻¹)	1E+04

Transport (TBq)	
IAEA ST1 A1 value	40
IAEA ST1 A2 value	40

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.0E+00	10 cm - 1 m -	100 cm		
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>			
6.6E-05	10 cm - 1 m -			
	<i>Photons (deep dose)</i>			
	10 cm - 1 m -			

CONTAMINATION				
Contamination skin dose (mSv.h ⁻¹)		Detection	Derived limits (Bq.cm ⁻²)	
Uniform deposit (1kBq.cm ⁻²)	-	Recommended probes*		Removable contamination
0.05 ml droplet (1 kBq)	-		Alpha	
		Beta	Fixed contamination	
		Gamma		++
		X rays		++
		* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	< 0.1	
Plastic	< 0.1	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	3
Steel	< 1	27

INTERNAL EXPOSURE FOR WORKERS	
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)	
Ingestion	f₁
SUBMERSION DOSE RATE (Sv per day)	
Sv.d ⁻¹ per Bq.m ⁻³	2.1E-11
Highest dose organ	-
20 mSv ALL _{ingestion}	-
(Bq) 20 mSv ALL _{inhalation}	-
(Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	1	Forbidden	2E+08	Forbidden	6E+08	5E+09

Krypton - 83m

^{83m}Kr₃₆

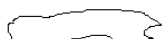
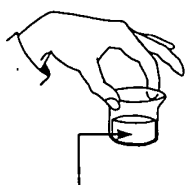
Half life: 1.83 hours
Specific activity: 7.63E+17 Bq.g⁻¹

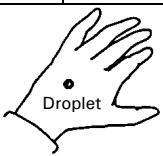
Risk group: 5
Risk colour: Blue

Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
	E	%	E	%
E1	13	14		10 26
E2	14	2		18 24
E3				31 75
% omitted	8			243

Exemption levels	
Quantity (Bq)	1E+12
Concentration (Bq.g ⁻¹)	1E+05

Transport (TBq)	
IAEA ST1 A1 value	-
IAEA ST1 A2 value	-

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.0E+00	10 cm -			
	1 m -			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
2.1E-05	10 cm -	-	-	-
	1 m -			
	<i>Photons (deep dose)</i>			
	10 cm -			
	1 m -			

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) -	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) -	Alpha	-
	Beta	-
	Gamma	Fixed contamination
	X rays +	-
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	< 0.1	
Plastic	< 0.1	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	< 1
Steel	< 1	< 1

INTERNAL EXPOSURE FOR WORKERS		
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)		
Ingestion	f₁	
		SUBMERSSION DOSE RATE (Sv per day)
		Sv.d ⁻¹ per Bq.m ⁻³
		2.1E-13
Highest dose organ	-	20 mSv ALI _{ingestion} - (Bq) 20 mSv ALI _{inhalation} - (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	1	Forbidden	1E+09	Forbidden	5E+09	5E+10

Krypton - 85m

^{85m}Kr₃₆

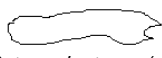
Half life: 4.48 hours
Specific activity: 3.04E+17 Bq.g⁻¹

Risk group: 5
Risk colour: Blue

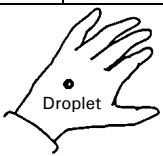
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	151	75	840	79
E2	305	14		
E3	581	< 1		
% omitted	7		< 1	15

Exemption levels	
Quantity (Bq)	1E + 10
Concentration (Bq.g ⁻¹)	1E + 03

Transport (TBq)	
IAEA ST1 A1 value	8
IAEA ST1 A2 value	3

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
9.6E-02	10 cm -			
	1 m -			
	Photons (skin)			
	10 cm -			
	1 m -			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
3.1E-04	10 cm -	-	-	-
	1 m -			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION	
Contamination skin dose (mSv.h ⁻¹)	Detection
Uniform deposit (1kBq.cm ⁻²) -	Recommended probes*
0.05 ml droplet (1 kBq) -	Alpha
	Beta ++
	Gamma ++
	X rays ++
Derived limits (Bq.cm ⁻²)	
Removable contamination	
-	
Fixed contamination	
-	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		1.4
Plastic		2.5
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	3
Steel	11	31

INTERNAL EXPOSURE FOR WORKERS		
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)		
Ingestion	f ₁	
SUBMERSION DOSE RATE (Sv per day)		
Sv.d ⁻¹ per Bq.m ⁻³		5.9E-10
Highest dose organ	-	20 mSv ALL _{ingestion} - (Bq) 20 mSv ALL _{inhalation} - (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	1	Forbidden	4E + 06	Forbidden	1E + 07	1E + 09

Rubidium - 86

⁸⁶Rb₃₇

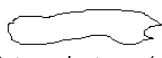
Half life: 18.64 days
Specific activity: 3.01E+15 Bq.g⁻¹

Risk group: 2
Risk colour: Orange

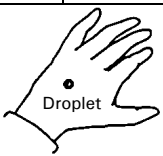
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	1077	9	698	9		
E2			1774	91		
E3						
% omitted	0		0			

Exemption levels	
Quantity (Bq)	1E+05
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	5E-1
IAEA ST1 A2 value	5E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.12E-1	10 cm 1.3E-01 1 m 4.4E-02			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
1.52E-4	10 cm 6.1E-04 1 m 4.0E-04	1.77E-5	5.16E-2	2.41E+1
	<i>Photons (deep dose)</i>			
	10 cm 5.7E-04 1 m 3.7E-04			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.89E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.23E+0	Alpha	5E+1
	Beta ++	Fixed contamination
	Gamma +	2E+2
	X rays	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		3.5
Plastic		6.6
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	14	41
Steel	35	87

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	1.000	2.8E-09	All compounds	F 9.6E-10	1.3E-09
				M	
				S	
Highest dose organ	Bone surfaces	20 mSv ALL _{ingestion}	7.1E+06 (Bq)	20 mSv ALL _{inhalation}	1.5E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	6E+05	6E+06	2E+06	2E+07	2E+09

Strontium - 85

⁸⁵Sr₃₈

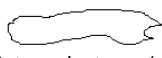
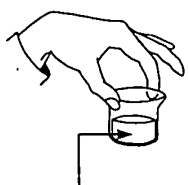
Half life: 64.9 days
Specific activity: 8.75E+14 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

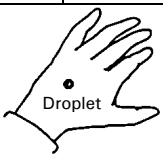
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	13	50		
E2	15	8		
E3	514	99		
% omitted		< 1		< 1

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	2E+0
IAEA ST1 A2 value	2E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.05E-3	10 cm 9.6E-04 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
9.58E-4	10 cm 4.9E-03 1 m 2.8E-03	8.13E-5	2.90E-1	1.37E+0
	<i>Photons (deep dose)</i>			
	10 cm 3.5E-03 1 m 2.2E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 5.95E-2	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 3.32E-2	Alpha	5E+1
	Beta	Fixed contamination
	Gamma ++	6E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.7
Plastic		1.3
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	6	17
Steel	27	64

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁		Inhalation	1 µm 5 µm
All unspec. compounds	0.300	5.6E-10	All unspec. compounds	F 3.9E-10 5.6E-10
Strontium titanate (SrTiO ₃)	0.010	3.3E-10		M
			Strontium titanate (SrTiO ₃)	S 7.7E-10 6.4E-10
Highest dose organ	Lungs	20 mSv ALI_{ingestion}	3.6E+07 (Bq)	20 mSv ALI_{inhalation}

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	2E+06	2E+07	7E+06	7E+07	5E+09

Strontium - 89

⁸⁹Sr₃₈

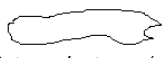
Half life: 50.7 days
Specific activity: 1.07E+15 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

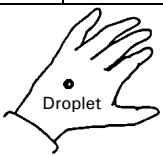
Main emissions (keV)						
	Gamma or X		Beta (Emax)		Electrons	Alpha
	E	%	E	%	E	%
E1	909	< 1	1492	100		
E2						
E3						
% omitted	0		0			

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+03

Transport (TBq)	
IAEA ST1 A1 value	6E-1
IAEA ST1 A2 value	6E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.15E-1	10 cm 1.3E-01 1 m 3.9E-02			
	<i>Photons (skin)</i>			
	10 cm 9.0E-07 1 m 5.9E-07			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (deep dose)</i>	100 cm		
2.27E-7	10 cm 8.4E-07 1 m 5.5E-07	2.87E-5	1.01E-2	1.64E+1

The values above do not include Bremsstrahlung radiation.

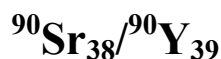
CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.78E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.21E+0	Alpha	4E+1
	Beta ++	Fixed contamination
	Gamma	4E+2
	X rays	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		2.8
Plastic		5.3
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	12	35
Steel	33	82

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁		Inhalation	1 µm 5 µm
All unspec. compounds	0.300	2.6E-09	All unspec. compounds	F 1.0E-09 1.4E-09
Strontium titanate (SrTiO ₃)	0.010	2.3E-09		M
			Strontium titanate (SrTiO ₃)	S 7.5E-09 5.6E-09
Highest dose organ	Lungs	20 mSv ALL _{ingestion}	7.7E+06 (Bq)	20 mSv ALL _{inhalation} 2.7E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	4E+05	4E+06	1E+06	1E+07	1E+09

Strontium - 90 / Yttrium - 90



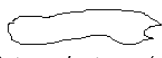
Half life: 28.2 years
Specific activity: $5.21\text{E}+12 \text{ Bq.g}^{-1}$

Risk group: 1
Risk colour: Red

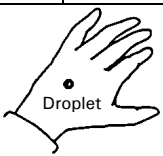
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1			523	<1
E2			546	100
E3			2284	100
% omitted			0	

Exemption levels	
Quantity (Bq)	1E+04
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	3E-1
IAEA ST1 A2 value	3E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
2.04E-1	10 cm 2.2E-01 1 m 6.1E-02			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
0.00E+0	10 cm 0.0E+00 1 m 0.0E+00	7.11E-5	1.39E-1	4.35E+1
	<i>Photons (deep dose)</i>			
	10 cm 0.0E+00 1 m 0.0E+00			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 3.51E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.96E+0	Alpha	5E+0
	Beta ++	Fixed contamination
	Gamma	5E+2
	X rays	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		4.9
Plastic		9.2
Gamma and X rays (half and tenth value thickness)		
	1/2	1/10
Lead	-	-
Steel	-	-

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 μm	5 μm
All unspec. compounds	0.300	2.8E-08	All unspec. compounds	F 2.4E-08	3.0E-08
Strontium titanate (SrTiO ₃)	0.010	2.7E-09		M	
			Strontium titanate (SrTiO ₃)	S 1.5E-07	7.7E-08
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	7.1E+05 (Bq)	20 mSv ALI _{inhalation}	1.3E+05 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
Strontium titanate (SrTiO ₃)	0.01	4E+04	4E+05	1E+05	1E+06	1E+08
Soluble compounds except SrTiO ₃	0.01	1E+05	1E+06	4E+05	4E+06	4E+08

Yttrium - 90

⁹⁰Y₃₉

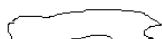
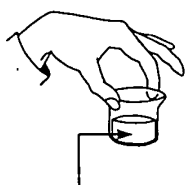
Half life: 2.7 days
Specific activity: 1.99E+16 Bq.g⁻¹

Risk group: 2
Risk colour: Orange

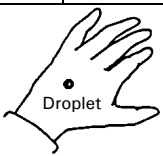
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1			523	< 1		
E2			2284	100		
E3						
% omitted			0			

Exemption levels	
Quantity (Bq)	1E+05
Concentration (Bq.g ⁻¹)	1E+03

Transport (TBq)	
IAEA ST1 A1 value	3E-1
IAEA ST1 A2 value	3E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.08E-1	10 cm 1.4E-01 1 m 6.1E-02			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
0.00E+0	10 cm 0.0E+00 1 m 0.0E+00	7.11E-5	1.39E-1	4.35E+1
	<i>Photons (deep dose)</i>			
	10 cm 0.0E+00 1 m 0.0E+00			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.03E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.35E+0	Alpha	6E+1
	Beta ++	Fixed contamination
	Gamma	3E+2
	X rays	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		4.9
Plastic		9.2
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	-	-
Steel	-	-

INTERNAL EXPOSURE FOR WORKERS							
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)							
Ingestion		f ₁		Inhalation		1 µm 5 µm	
All compounds		0.0001	2.7E-09		F		
				All unspec. compounds	M	1.4E-09	1.6E-09
				Oxid.& hydrox.	S	1.5E-09	1.7E-09
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	7.4E + 06 (Bq)	20 mSv ALI _{inhalation}	1.2E + 07 (Bq)		

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	6E+05	6E+06	2E+06	2E+07	2E+09

Yttrium - 91

⁹¹Y₃₉

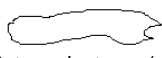
Half life: 58.5 days
Specific activity: 9.07E+14 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

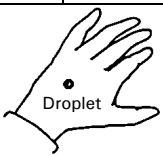
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	1205	< 1	1543	100		
E2						
E3						
% omitted	0		< 1			

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+03

Transport (TBq)	
IAEA ST1 A1 value	0.6
IAEA ST1 A2 value	0.6

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
1.2E-01	10 cm 1.3E-01 1 m 4.1E-02			
	Photons (skin)			
	10 cm 2.3E-05 1 m 1.5E-05			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
5.6E-06	10 cm 2.1E-05 1 m 1.4E-05	4.9E-07	1.4E-03	1.8E+01

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.8E+00	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.3E+00	Alpha	4E+01
	Beta ++	Fixed contamination
	Gamma	4E+02
	X rays	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		3.2
Plastic		5.5
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	16	46
Steel	36	91

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion		f ₁	Inhalation		1 μm	5 μm
All compounds	0.0001	2.4E-09		F		
			All unspec. compounds	M	6.7E-09	5.2E-09
			Oxid.& hydrox.	S	8.4E-09	6.1E-09
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	8.3E+06 (Bq)	20 mSv ALI _{inhalation}	2.4E+06 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	3E+05	3E+06	1E+06	1E+07	1E+09

Zirconium - 95 / Niobium - 95 **$^{95}\text{Zr}_{40}/^{95}\text{Nb}_{41}$**

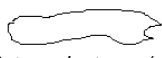
Half life: 64.0 days
 Specific activity: $7.94\text{E}+14 \text{ Bq.g}^{-1}$

Risk group: 3
 Risk colour: Yellow

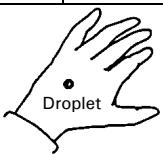
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	724	44	160	100
E2	757	55	366	55
E3	766	100	399	44
% omitted	<1		1	

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	2E+0
IAEA ST1 A2 value	8E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
3.16E-2	10 cm 4.1E-02 1 m 0.0E+00			
	<i>Photons (skin)</i>			
	10 cm 1.0E-02 1 m 6.5E-03			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (deep dose)</i>	100 cm		
2.59E-3	10 cm 9.5E-03 1 m 6.1E-03	2.23E-4	8.07E-1	3.82E+0

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.57E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 3.03E-1	Alpha	3E+1
	Beta ++	Fixed contamination
	Gamma ++	4E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	0.5	
Plastic	1.0	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	10	28
Steel	31	76

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	0.002	8.8E-10	All unspec. compounds	F	2.5E-09 3.0E-09
			Oxid., hydrox., halid. & nitrat.	M	4.5E-09 3.6E-09
			Zirconium carbide	S	5.5E-09 4.2E-09
Highest dose organ	Bone surfaces	20 mSv ALL _{ingestion}	2.3E+07 (Bq)	20 mSv ALL _{inhalation}	3.6E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+05	5E+06	2E+06	2E+07	2E+09

Molybdenum - 99 / Technetium - 99m

 $^{99}\text{Mo}_{42}/^{99\text{m}}\text{Tc}_{43}$

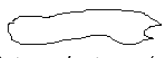
Half life: 2.75 days
 Specific activity: $1.77\text{E}+16 \text{ Bq.g}^{-1}$

Risk group: 3
 Risk colour: Yellow

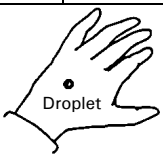
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	141	89	436	17	120	9
E2	740	12	848	1	138	1
E3	778	4	1214	82		
% omitted	20.1		< 1		1	

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	1E+0
IAEA ST1 A2 value	6E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
1.08E-1	10 cm 1.1E-01 1 m 1.8E-02			
	Photons (skin)			
	10 cm 3.7E-03 1 m 2.9E-03			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
5.43E-4	10 cm 3.5E-03 1 m 2.8E-03	4.61E-5	1.62E-1	7.43E+0

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.89E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 9.96E-1	Alpha	6E+1
	Beta ++	Fixed contamination
	Gamma +	2E+2
	X rays ++	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		2.2
Plastic		4.0
Gamma and X rays (half and tenth value thickness)		
	1/2	1/10
Lead	1	19
Steel	13	55

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁		Inhalation	1 µm 5 µm
All unspec. compounds	0.800	7.4E-10	All unspec. compounds	F 2.3E-10 3.6E-10
Molybdenum sulphide	0.050	1.2E-09		M
			Molyb. sulphide, oxid. & hydrox.	S 9.7E-10 1.1E-09
Highest dose organ	Lower large intestine	20 mSv ALL _{ingestion}	1.7E+07 (Bq)	20 mSv ALL _{inhalation} 1.8E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+05	5E+06	2E+06	2E+07	2E+09

Technetium - 99m

^{99m}Tc₄₃

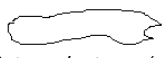
Half life: 6.0 hours
Specific activity: 1.95E+17 Bq.g⁻¹

Risk group: 4
Risk colour: Green

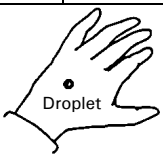
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	18	6			120	9
E2	21	1			138	1
E3	141	89				
% omitted		1				1

Exemption levels	
Quantity (Bq)	1E+07
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	1E+1
IAEA ST1 A2 value	4E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.00E+0	10 cm 2.3E-04 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
2.61E-4	10 cm 9.0E-03 1 m 5.4E-04	2.24E-5	7.70E-2	3.54E-1
	<i>Photons (deep dose)</i>			
	10 cm 8.5E-03 1 m 5.1E-04			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.46E-1	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 8.77E-3	Alpha	2E+2
	Beta	Fixed contamination
	Gamma +	2E+2
	X rays ++	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.2
Plastic		0.3
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	1
Steel	1	19

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	0.800	2.2E-11	All unspec. compounds	F	1.2E-11 2.0E-11
			Oxid., hydrox., halid. & nitrat.	M	1.9E-11 2.9E-11
				S	
Highest dose organ	Thyroid	20 mSv ALL _{ingestion}	9.1E+08 (Bq)	20 mSv ALL _{inhalation}	6.9E+08 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	1E+07	1E+08	3E+07	3E+08	5E+09

Ruthenium - 103 / Rhodium - 103m**¹⁰³Ru₄₄/^{103m}Rh₄₅**

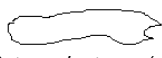
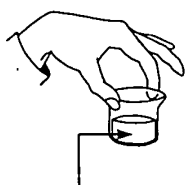
Half life: 39.3 days
 Specific activity: 1.19E+15 Bq.g⁻¹

Risk group: 3
 Risk colour: Yellow

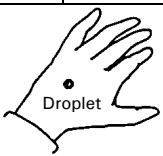
Main emissions (keV)				
	Gamma or X	Beta (Emax)	Electrons	Alpha
	E %	E %	E %	E %
E1	20 7	113 7	17 10	
E2	497 90	226 90	36 73	
E3	610 6	723 4	39 17	
% omitted	3.3	< 1	3	

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	2E+0
IAEA ST1 A2 value	2E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
4.65E-3	10 cm 6.3E-03 1 m 0.0E+00			
	<i>Photons (skin)</i>			
	10 cm 5.2E-03 1 m 3.9E-03			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (deep dose)</i>	100 cm		
9.17E-4	10 cm 4.9E-03 1 m 3.8E-03	7.76E-5	2.77E-1	1.31E+0

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 7.84E-1	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 7.08E-2	Alpha	4E+1
	Beta ++	Fixed contamination
	Gamma ++	6E+1
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	1.1	
Plastic	2.1	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	5	16
Steel	25	63

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	0.050	7.3E-10	All unspec. compounds	F 4.9E-10	6.8E-10
			Halides	M 2.3E-09	1.9E-09
			Oxid.& hydrox.	S 2.8E-09	2.2E-09
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	2.7E+07 (Bq)	20 mSv ALI _{inhalation}	7.1E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	1E+06	1E+07	4E+06	4E+07	4E+09

Ruthenium - 106 / Rhodium - 106

¹⁰⁶Ru₄₄/¹⁰⁶Rh₄₅

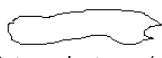
Half life: 372.6 days
Specific activity: 1.22E+14 Bq.g⁻¹

Risk group: 2
Risk colour: Orange

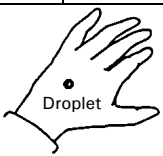
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	512	21	39	100
E2	622	10	2407	10
E3	1050	2	3541	79
% omitted	1.8		11	

Exemption levels	
Quantity (Bq)	1E+05
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	2E-1
IAEA ST1 A2 value	2E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.04E-1	10 cm 1.5E-01 1 m 7.1E-02			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
3.68E-4	10 cm 1.4E-03 1 m 9.0E-04	3.97E-4	1.47E+0	7.76E+1
	<i>Photons (deep dose)</i>			
	10 cm 1.4E-03 1 m 8.5E-04			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.24E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.44E+0	Alpha	1E+1
	Beta ++	Fixed contamination
	Gamma +	1E+3
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	8.7	
Plastic	16.4	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	7	23
Steel	29	70

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion	f ₁		Inhalation	1 µm	5 µm	
All compounds	0.050	7.0E-09	All unspec. compounds	F	8.0E-09	9.8E-09
			Halides	M	2.6E-08	1.7E-08
			Oxid.& hydrox.	S	6.2E-08	3.5E-08
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	2.9E+06 (Bq)	20 mSv ALI _{inhalation}	3.2E+05 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
Oxid.& hydrox.	0.01	8E+04	8E+05	3E+05	3E+06	3E+08
Other compounds	0.01	2E+05	2E+06	6E+05	6E+06	6E+08

Palladium-103 / Rhodium-103m**¹⁰³Pd₄₆/^{103m}Rh₄₅**

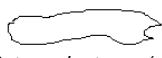
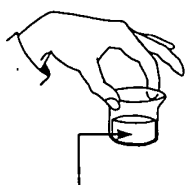
Half life: 17.0 days
 Specific activity: 2.76E+15 Bq.g⁻¹

Risk group: 5
 Risk colour: Blue

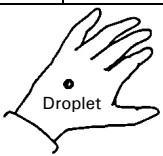
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	3	9		2	168	
E2	20	64		17	17	
E3	23	13				
% omitted	3			11		

Exemption levels	
Quantity (Bq)	1E+08
Concentration (Bq.g ⁻¹)	1E+03

Transport (TBq)	
IAEA ST1 A1 value	40
IAEA ST1 A2 value	40

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.0E+00	10 cm 0.0E+00 1 m 0.0E+00			
	<i>Photons (skin)</i>			
	10 cm 1.1E-03 1 m 5.4E-04			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (deep dose)</i>	100 cm		
2.4E-04	10 cm 6.5E-04 1 m 3.4E-04	3.0E-06	4.8E-03	4.3E-01

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 0.0E+00	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 0.0E+00	Alpha	2E+03
	Beta	Fixed contamination
	Gamma	2E+05
	X rays +	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	< 0.1	
Plastic	< 0.1	
Gamma and X rays (half and tenth value thickness)		
	$\frac{1}{2}$	$\frac{1}{10}$
Lead	< 1	< 1
Steel	< 1	< 1

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁		Inhalation	1 µm 5 µm
All compounds	0.005	1.9E-10	All unspec. compounds	F 9.0E-11 1.2E-10
			Nitrates & halid.	M 3.5E-10 3.0E-10
			Oxid.& hydrox.	S 4.0E-10 2.9E-10
Highest dose organ	Lungs	20 mSv ALL _{ingestion}	1.1E+08 (Bq)	20 mSv ALL _{inhalation} 5.0E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	7E+06	7E+07	2E+07	2E+08	2E+10

Silver - 110m

^{110m}Ag₄₇

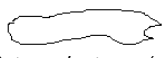
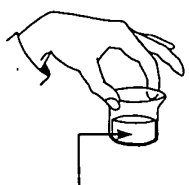
Half life: 249.8 days
 Specific activity: 1.76E+14 Bq.g⁻¹

Risk group: 3
 Risk colour: Yellow

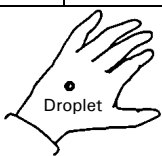
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	658	94	84	67
E2	885	73	531	31
E3	1505	13		
% omitted	139.3		<1	<1

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	4E-1
IAEA ST1 A2 value	4E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
2.15E-2	10 cm 2.4E-02 1 m 0.0E+00			
	<i>Photons (skin)</i>			
	10 cm 2.3E-02 1 m 1.7E-02			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (deep dose)</i>	100 cm		
4.56E-3	10 cm 2.2E-02 1 m 1.6E-02	3.92E-4	1.41E+0	6.70E+0

The values above do not include Bremsstrahlung radiation.

CONTAMINATION														
Contamination skin dose (mSv.h ⁻¹)		Detection		Derived limits (Bq.cm ⁻²)										
Uniform deposit (1kBq.cm ⁻²)	6.76E-1	<table><tr><th colspan="2">Recommended probes*</th></tr><tr><td>Alpha</td><td></td></tr><tr><td>Beta</td><td>+</td></tr><tr><td>Gamma</td><td>++</td></tr><tr><td>X rays</td><td>+</td></tr></table>			Recommended probes*		Alpha		Beta	+	Gamma	++	X rays	+
Recommended probes*														
Alpha														
Beta	+													
Gamma	++													
X rays	+													
0.05 ml droplet (1 kBq)	6.46E-2													
														
				Removable contamination										
				1E+1										
				Fixed contamination										
				1E+1										

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	0.8	
Plastic	1.4	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	11	35
Steel	32	81

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	0.050	2.8E-09	All unspec. comp. & metallic Ag	F	5.5E-09
			Nitrates & sulphides	M	7.2E-09
			Oxid., hydrox. & carbides	S	1.2E-08
					7.3E-09
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	7.1E+06 (Bq)	20 mSv ALI _{inhalation}	1.7E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	3E+05	3E+06	9E+05	9E+06	9E+08

Silver - 111

¹¹¹Ag₄₇

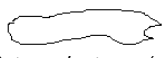
Half life: 7.5 days
Specific activity: 5.80E+15 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

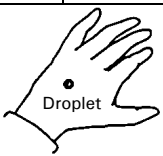
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	245	1	693	6		
E2	342	7	790	1		
E3			1035	93		
% omitted	< 1		0			

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+03

Transport (TBq)	
IAEA ST1 A1 value	2E+0
IAEA ST1 A2 value	6E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.17E-1	10 cm 1.1E-01 1 m 1.2E-02			
	<i>Photons (skin)</i>			
	10 cm 1.8E-04 1 m 1.1E-04			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (deep dose)</i>	100 cm		
5.07E-5	10 cm 1.8E-04 1 m 1.1E-04	4.47E-6	1.56E-2	3.75E+0

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.76E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 9.68E-1	Alpha	8E+1
	Beta ++	Fixed contamination
	Gamma +	5E+2
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		1.8
Plastic		3.3
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	3	8
Steel	21	51

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁		Inhalation	1 µm 5 µm
All compounds	0.050	1.3E-09	All unspec. comp. & metallic Ag	F 4.1E-10 5.7E-10
			Nitrates & sulphides	M 1.5E-09 1.5E-09
			Oxid., hydrox. & carbides	S 1.7E-09 1.6E-09
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	1.5E+07 (Bq)	20 mSv ALI _{inhalation} 1.2E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+05	5E+06	2E+06	2E+07	2E+09

Cadmium - 109

¹⁰⁹Cd₄₈

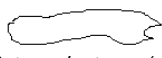
Half life: 462.6 days
Specific activity: 9.58E+13 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

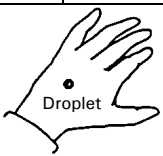
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
	E	%	E	%
E1	22	83		63 41
E2	25	15		84 45
E3	88	4		87 10
% omitted	2.7		0	

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+04

Transport (TBq)	
IAEA ST1 A1 value	3E+1
IAEA ST1 A2 value	2E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
0.00E+0	10 cm 0.0E+00 1 m 0.0E+00			
	Photons (skin)			
	10 cm 8.0E-04 1 m 4.3E-04			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
2.09E-4	10 cm 5.6E-04 1 m 3.0E-04	3.44E-6	9.18E-3	1.22E-1

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 5.41E-1	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 6.34E-3	Alpha	6E+1
	Beta +	Fixed contamination
	Gamma	3E+3
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.1
Plastic		0.2
Gamma and X rays (half and tenth value thickness)		
	1/2	1/10
Lead	< 1	< 1
Steel	< 1	< 1

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion	f ₁		Inhalation	1 µm	5 µm	
All inorganic compounds	0.050	2.0E-09	All unspec. comp. & metallic Ag	F	8.1E-09	9.6E-09
			Sulphides, halid. & nitrat.	M	6.2E-09	5.1E-09
			Oxid. & hydrox.	S	5.8E-09	4.4E-09
Highest dose organ	Kidneys	20 mSv ALI _{ingestion}	1.0E+07 (Bq)	20 mSv ALI _{inhalation}	2.1E+06 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	6E+05	6E+06	2E+06	2E+07	2E+09

Indium - 111

¹¹¹In₄₉

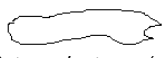
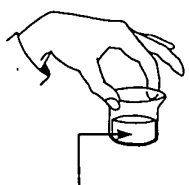
Half life: 2.80 days
Specific activity: 1.55E+16 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

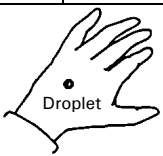
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	23	69		145	9	
E2	171	90		219	5	
E3	245	94				
% omitted		14.6			2	

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	3E+0
IAEA ST1 A2 value	3E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
8.92E-5	10 cm 1.2E-02 1 m 0.0E+00			
	Photons (skin)			
	10 cm 3.5E-03 1 m 2.1E-03			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
9.94E-4	10 cm 3.2E-03 1 m 1.9E-03	7.17E-5	2.43E-1	1.22E+0

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 3.78E-1	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 6.48E-2	Alpha	6E+1
	Beta +	Fixed contamination
	Gamma ++	7E+1
	X rays ++	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.3
Plastic		0.5
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	3
Steel	9	31

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion		f ₁	Inhalation		1 µm	5 µm
All compounds	0.020	2.9E-10	All unspec. compounds	F	1.3E-10	2.2E-10
			Oxid., hydrox., halid. & nitrat.	M	2.3E-10	3.1E-10
				S		
Highest dose organ	Lower large intestine	20 mSv ALI _{ingestion}	6.9E+07 (Bq)	20 mSv ALI _{inhalation}	6.5E+07 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	3E+06	3E+07	9E+06	9E+07	5E+09

Indium - 113m

^{113m}In₄₉

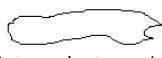
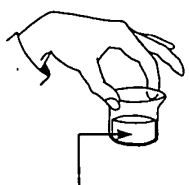
Half life: 1.66 hours
Specific activity: 6.18E+17 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

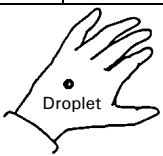
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
	E	%	E	%
E1	24	20		364 28
E2	27	4		387 5
E3	392	65		391 1
% omitted		< 1		0

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	4E+0
IAEA ST1 A2 value	2E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
1.60E-1	10 cm 5.5E-02 1 m 0.0E+00			
	Photons (skin)			
	10 cm 2.0E-03 1 m 1.3E-03			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
5.56E-4	10 cm 1.9E-03 1 m 1.2E-03	4.41E-5	1.53E-1	7.46E-1

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 7.30E-1	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 5.5E-01	Alpha	8E+1
	Beta +	Fixed contamination
	Gamma ++	1E+2
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.5
Plastic		0.9
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	3	10
Steel	19	53

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁	Inhalation	1 µm	5 µm
All compounds	0.020 2.8E-11	All unspec. compounds	F 1.0E-11	1.9E-11
		Oxid., hydrox., halid. & nitrat.	M 2.0E-11	3.2E-11
			S	
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	7.1E+08 (Bq)	20 mSv ALI _{inhalation}
				6.3E+08 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	4E+05	4E+06	1E+06	1E+07	1E+09

Indium - 115m

^{115m}In₄₉

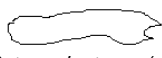
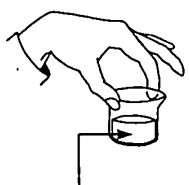
Half life: 4.49 hours
Specific activity: 2.24E+17 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

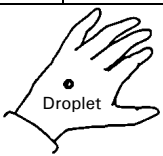
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons		Alpha
	E	%	E	%	E	%
E1	24	28	831	5	308	40
E2	27	5			332	6
E3	336	46			336	2
% omitted	< 1		< 1		0	

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	7E+0
IAEA ST1 A2 value	1E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.67E-1	10 cm 8.3E-02 1 m 1.8E-04			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
4.04E-4	10 cm 1.5E-03 1 m 8.9E-04	2.90E-5	9.95E-2	5.04E-1
	<i>Photons (deep dose)</i>			
	10 cm 1.3E-03 1 m 8.2E-04			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.33E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 5.80E-1	Alpha	9E+1
	Beta ++	Fixed contamination
	Gamma ++	2E+2
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		1.3
Plastic		2.5
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	1	7
Steel	13	45

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁		Inhalation	1 µm 5 µm
All compounds	0.020	8.6E-11	All unspec. compounds	F 2.5E-11 4.5E-11
			Oxid., hydrox., halid. & nitrat.	M 6.0E-11 8.7E-11
				S
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	2.3E+08 (Bq)	20 mSv ALI _{inhalation} 2.3E+08 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	4E+05	4E+06	1E+06	1E+07	1E+09

Tin - 125

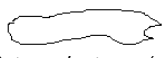
Half life: 9.64 days
Specific activity: $4.01\text{E}+15 \text{ Bq.g}^{-1}$

$^{125}\text{Sn}_{50}$
Risk group: 2
Risk colour: Orange

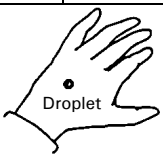
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	823	4	471	6		
E2	1067	9	1271	3		
E3	2002	2	2360	83		
% omitted		15.8		9		

Exemption levels	
Quantity (Bq)	1E+05
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	4E-1
IAEA ST1 A2 value	4E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
9.73E-2	10 cm 1.2E-01 1 m 5.0E-02			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
4.83E-4	10 cm 2.5E-03 1 m 1.8E-03	1.21E-4	2.68E-1	3.61E+1
	<i>Photons (deep dose)</i>			
	10 cm 2.3E-03 1 m 1.7E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.32E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.33E+0	Alpha	4E+1
	Beta ++	Fixed contamination
	Gamma ++	8E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		5.1
Plastic		9.6
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	14	41
Steel	34	88

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	0.020	3.1E-09	All unspec. compounds	F 9.2E-10	1.3E-09
			Phos., sulphid., ox., hydr., hal., nitrat	M 3.0E-09	2.8E-09
				S	
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	6.5E+06 (Bq)	20 mSv ALI _{inhalation}	6.7E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+05	5E+06	2E+06	2E+07	2E+09

Antimony - 122

¹²²Sb₅₁

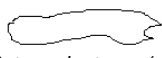
Half life: 2.70 days
Specific activity: 1.47E+16 Bq.g⁻¹

Risk group: 1
Risk colour: Red

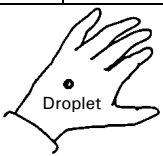
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	564	71	724	5
E2	693	4	1417	67
E3	1257	<1	1981	26
% omitted	<1		<1	

Exemption levels	
Quantity (Bq)	1E+04
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	4E-1
IAEA ST1 A2 value	4E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.19E-1	10 cm 1.2E-01 1 m 3.4E-02			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
8.03E-4	10 cm 3.4E-03 1 m 2.3E-03	7.40E-5	2.51E-1	1.71E+1
	<i>Photons (deep dose)</i>			
	10 cm 3.3E-03 1 m 2.2E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.16E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.20E+0	Alpha	4E+1
	Beta ++	Fixed contamination
	Gamma ++	6E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		4.1
Plastic		7.6
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	7	21
Steel	28	68

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f₁		Inhalation	
All compounds	0.100	1.7E-09	All unspec. compounds	F 3.9E-10 6.3E-10
			Ox., hydr., hal., sulphid., sulphat., nitrat	M 1.0E-09 1.2E-09
				S
Highest dose organ	Lower large intestine	20 mSv ALL _{ingestion}	1.2E+07 (Bq)	20 mSv ALL _{inhalation} 1.7E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+05	5E+06	2E+06	2E+07	5E+08

Antimony - 124

 $^{124}\text{Sb}_{51}$

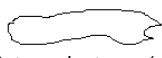
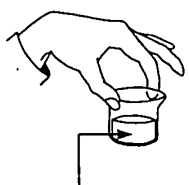
Half life: 60.2 days
Specific activity: $6.47\text{E}+14 \text{ Bq.g}^{-1}$

Risk group: 3
Risk colour: Yellow

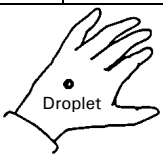
Main emissions (keV)						
	Gamma or X		Beta (Emax)		Electrons	Alpha
	E	%	E	%	E	%
E1	603	98	611	51		
E2	1691	48	1580	5		
E3	2091	6	2302	24		
% omitted		37.3		20		

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	6E-1
IAEA ST1 A2 value	6E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
8.92E-2	10 cm 8.3E-02 1 m 1.8E-02			
Gammas, X rays (deep tissue dose)	Photons (skin)	100 cm		
2.94E-3	10 cm 1.5E-02 1 m 1.1E-02	2.64E-4	9.23E-1	1.52E+1
	Photons (deep dose)			
	10 cm 1.4E-02 1 m 1.0E-02			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.16E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 8.04E-1	Alpha	1E+1
	Beta ++	Fixed contamination
	Gamma ++	2E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		5
Plastic		9.3
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	12	43
Steel	34	89

INTERNAL EXPOSURE FOR WORKERS								
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)								
Ingestion		f _i	Inhalation		1 µm	5 µm		
All compounds	0.100	2.5E-09	All unspec. compounds	F	1.3E-09	1.9E-09		
			Ox., hydr., hal., sulphid., sulphat., nitrat	M	6.1E-09	4.7E-09		
				S				
Highest dose organ	Lungs	20 mSv A _{LI}	ingestion	8.0E + 06	(Bq) 20 mSv A _{LI}	inhalation	3.3E + 06	(Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	3E+05	3E+06	1E+06	1E+07	1E+09

Antimony-125 / Tellurium-125m **$^{125}\text{Sb}_{51}/^{125\text{m}}\text{Te}_{52}$**

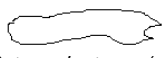
Half life: 2.77 years
 Specific activity: $3.82\text{E}+13 \text{ Bq.g}^{-1}$

Risk group: 3
 Risk colour: Yellow

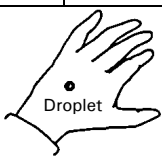
Main emissions (keV)								
	Gamma or X		Beta (Emax)		Electrons		Alpha	
	E	%	E	%	E	%	E	%
E1	428	29	131	18	31	11		
E2	601	18	303	40	78	51		
E3	635	11	622	14	104	38		
% omitted		199		28		27		

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	2
IAEA ST1 A2 value	1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.3E-02	10 cm 2.0E-02 1 m 0.0E+00			
	<i>Photons (skin)</i>			
	10 cm 6.4E-03 1 m 4.5E-03			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (deep dose)</i>	100 cm		
1.2E-03	10 cm 5.8E-03 1 m 4.2E-03	8.6E-05	2.9E-01	1.9E+00

The values above do not include Bremsstrahlung radiation.

CONTAMINATION				
Contamination skin dose (mSv.h ⁻¹)		Detection		Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²)	2.0E+00	Recommended probes*		
0.05 ml droplet (1 kBq)	2.7E-01	Alpha		Removable contamination
 Uniform deposit  Droplet		Beta	+	
		Gamma	++	Fixed contamination
		X rays	+	
		* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.9
Plastic		1.7
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	8	30
Steel	23	70

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	0.100	1.1E-09	All unspec. compounds	F 1.4E-09	1.7E-09
			Ox., hydr., hal., sulphid., sulphat., nitrat.	M 4.5E-09	3.3E-09
				S	
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	1.8E+07 (Bq)	20 mSv ALI _{inhalation}	4.4E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	8E+05	8E+06	3E+06	3E+07	3E+09

Antimony - 126

¹²⁶Sb₅₁

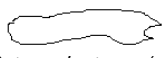
Half life: 12.4 days
Specific activity: 3.09E+15 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

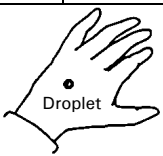
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	415	85	477	32
E2	695	100	1174	10
E3	720	54	1894	20
% omitted	190.8		41	

Exemption levels	
Quantity (Bq)	-
Concentration (Bq.g ⁻¹)	-

Transport (TBq)	
IAEA ST1 A1 value	4E-1
IAEA ST1 A2 value	4E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
7.78E-2	10 cm 8.4E-02 1 m 1.2E-02			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
4.87E-3	10 cm 2.5E-02 1 m 1.9E-02	4.21E-4	1.51E+0	1.31E+1
	<i>Photons (deep dose)</i>			
	10 cm 2.4E-02 1 m 1.8E-02			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.84E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 7.55E-1	Alpha	1E+1
	Beta ++	Fixed contamination
	Gamma ++	1E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	3.8	
Plastic	7.2	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	8	25
Steel	29	72

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁		Inhalation	
All compounds	0.100	2.4E-09	All unspec. compounds	F 1.1E-09 1.7E-09
			Ox., hydr., hal., sulphid., sulphat., nitrat	M 2.7E-09 3.2E-09
				S
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	8.3E+06 (Bq)	20 mSv ALI _{inhalation} 6.3E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	3E+05	3E+06	1E+06	1E+07	1E+09

Tellurium - ^{123}mTe

 $^{123}\text{mTe}_{52}$

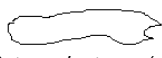
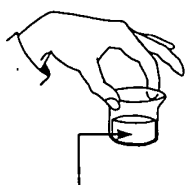
Half life: 119.7 days
Specific activity: $3.27\text{E}+14 \text{ Bq.g}^{-1}$

Risk group: 4
Risk colour: Green

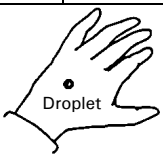
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
	E	%	E	%
E1	27	14		57 42
E2	27	26		84 45
E3	159	84		127 14
% omitted		9.1		14

Exemption levels	
Quantity (Bq)	1E+07
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	8E+0
IAEA ST1 A2 value	1E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.00E+0	10 cm 8.4E-04 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
3.88E-4	10 cm 1.4E-03 1 m 8.3E-04	2.83E-5	9.43E-2	4.80E-1
	<i>Photons (deep dose)</i>			
	10 cm 1.3E-03 1 m 8.0E-04			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.05E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.69E-2	Alpha	7E+1
	Beta +	Fixed contamination
	Gamma ++	2E+2
	X rays ++	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.1
Plastic		0.3
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	2
Steel	3	20

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	0.300	1.4E-09	All unspec. compounds	F 9.7E-10	1.2E-09
			Oxid., hydrox. & nitrat.	M 3.9E-09	3.4E-09
				S	
Highest dose organ	Bone surfaces	20 mSv ALI _{ingestion}	1.4E+07 (Bq)	20 mSv ALI _{inhalation}	5.1E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds except below	0.01	1E+06	1E+07	4E+06	4E+07	4E+09
Oxid., hydrox. & nitrat.	0.01	3E+06	3E+07	1E+07	1E+08	5E+09

Tellurium - 125m

 $^{125m}\text{Te}_{52}$

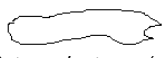
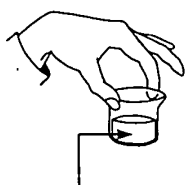
Half life: 57.4 days
Specific activity: $6.73\text{E}+14 \text{ Bq.g}^{-1}$

Risk group: 4
Risk colour: Green

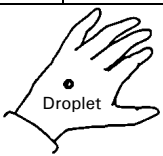
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	27	93		
E2	31	17		
E3	35	7		
% omitted		4		

Exemption levels	
Quantity (Bq)	1E+07
Concentration (Bq.g ⁻¹)	1E+03

Transport (TBq)	
IAEA ST1 A1 value	20
IAEA ST1 A2 value	0.9

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
0.0E+00	10 cm 0.0E+00 1 m 0.0E+00			
	Photons (skin)			
	10 cm 1.3E-03 1 m 7.8E-04			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
3.2E-04	10 cm 1.1E-03 1 m 6.7E-04	1.3E-05	2.7E-02	4.4E-01

The values above do not include Bremsstrahlung radiation.

CONTAMINATION	
Contamination skin dose (mSv.h⁻¹)	Detection
Uniform deposit (1kBq.cm ⁻²) 1.1E+00	Recommended probes*
0.05 ml droplet (1 kBq) 5.6E-02	Alpha
	Beta +
	Gamma
	X rays ++
	Derived limits (Bq.cm⁻²)
	Removable contamination
	1E+02
	Fixed contamination
	2E+03

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	< 0.1	
Plastic	0.1	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	< 1
Steel	< 1	< 1

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f₁		Inhalation	
All compounds	0.300	8.7E-10	All unspec. compounds	F 5.1E-10 6.7E-10
			Oxid., hydrox. & nitrat.	M 3.3E-09 2.9E-09
				S
Highest dose organ	Bone surface	20 mSv ALI _{ingestion}	2.3E+07 (Bq)	20 mSv ALI _{inhalation} 6.1E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	2E+06	2E+07	5E+06	5E+07	5E+09

Tellurium - 132 / Iodine - 132

 $^{132}\text{Te}_{52}/^{132}\text{I}_{53}$

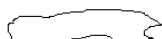
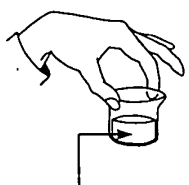
Half life: 3.26 days
Specific activity: $1.12\text{E}+16 \text{ Bq.g}^{-1}$

Risk group: 4
Risk colour: Green

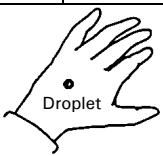
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	668	99	1185	19	195	7
E2	773	76	1617	13	223	1
E3	1399	176	2140	18		
% omitted		292		151		84

Exemption levels	
Quantity (Bq)	1E+07
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	5E-1
IAEA ST1 A2 value	4E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
1.00E-1	10 cm 1.2E-01 1 m 2.6E-02			
	Photons (skin)			
	10 cm 2.2E-02 1 m 1.6E-02			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
4.48E-3	10 cm 2.2E-02 1 m 1.5E-02	3.90E-4	1.10E+0	1.60E+1

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.90E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.12E+0	Alpha	1E+1
	Beta ++	Fixed contamination
	Gamma ++	1E+1
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		5.0
Plastic		8.3
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	10	32
Steel	31	75

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁		Inhalation	1 µm 5 µm
All compounds	0.300	3.7E-09	All unspec. compounds	F 1.9E-09 2.6E-09
			Oxid., hydrox. & nitrat.	M 2.3E-09 3.2E-09
				S
Highest dose organ	Thyroid	20 mSv ALL _{ingestion}	5.4E+06 (Bq)	20 mSv ALL _{inhalation} 6.7E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	3E+05	3E+06	1E+06	1E+07	1E+09

Iodine - 123

¹²³I₅₃

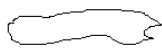
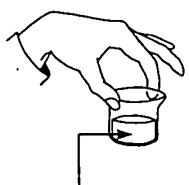
Half life: 13.2 hours
Specific activity: 7.14E+16 Bq.g⁻¹

Risk group: 4
Risk colour: Green

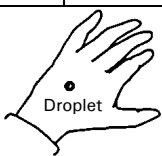
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	27	71		
E2	159	83		
E3	529	1		
% omitted		17		

Exemption levels	
Quantity (Bq)	1E+07
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	6E+0
IAEA ST1 A2 value	3E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.00E+0	10 cm 8.4E-04 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
5.16E-4	10 cm 3.0E-03 1 m 2.3E-03	3.43E-5	1.13E-1	6.05E-1
	<i>Photons (deep dose)</i>			
	10 cm 2.9E-03 1 m 2.2E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION													
Contamination skin dose (mSv.h ⁻¹)		Detection	Derived limits (Bq.cm ⁻²)										
Uniform deposit (1kBq.cm ⁻²)	3.78E-1	<table><tr><th colspan="2">Recommended probes*</th></tr><tr><td>Alpha</td><td></td></tr><tr><td>Beta</td><td>+</td></tr><tr><td>Gamma</td><td>+</td></tr><tr><td>X rays</td><td>++</td></tr></table>	Recommended probes*		Alpha		Beta	+	Gamma	+	X rays	++	Removable contamination
Recommended probes*													
Alpha													
Beta	+												
Gamma	+												
X rays	++												
0.05 ml droplet (1 kBq)	2.36E-2	1E+2											
		Fixed contamination											
		2E+2											
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique													

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.2
Plastic		0.3
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	1	2
Steel	1	21

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁	Inhalation	1 µm	5 µm
All compounds	1.000	All compounds	F 7.6E-11	1.1E-10
			M	
			S	
Highest dose organ	Thyroid	20 mSv ALI _{ingestion}	9.5E+07 (Bq)	20 mSv ALI _{inhalation}
				1.8E+08 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+06	5E+07	2E+07	2E+08	5E+09
Volatile form	1	Forbidden	5E+06	Forbidden	2E+07	2E+09

Iodine - 124

¹²⁴I₅₃

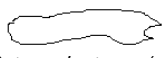
Half life: 4.18 days
Specific activity: 9.32E+15 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

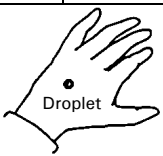
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	511	46	810	<1
E2	603	61	1532	11
E3	1691	11	2135	11
% omitted	84		0	0

Exemption levels	
Quantity (Bq)	-
Concentration (Bq.g ⁻¹)	-

Transport (TBq)	
IAEA ST1 A1 value	1E+0
IAEA ST1 A2 value	1E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
2.50E-2	10 cm 7.9E-03 1 m 2.8E-03			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
1.91E-3	10 cm 9.9E-03 1 m 7.2E-03	1.68E-4	5.85E-1	1.07E+1
	<i>Photons (deep dose)</i>			
	10 cm 9.3E-03 1 m 6.8E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 5.20E-1	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 3.6E-01	Alpha	2E+1
	Beta ++	Fixed contamination
	Gamma ++	3E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		4.5
Plastic		8.4
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	8	31
Steel	27	76

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion	f ₁		Inhalation	1 µm	5 µm	
All compounds	1.000	1.3E-08	All compounds	F	4.5E-09	6.3E-09
				M		
				S		
Highest dose organ	Thyroid	20 mSv ALL _{ingestion}	1.5E+06 (Bq)	20 mSv ALL _{inhalation}	3.2E+06 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+05	5E+06	2E+06	2E+07	2E+09
Volatile form	1	Forbidden	9.0E+04	Forbidden	3.0E+05	3.0E+07

Iodine - 125

¹²⁵I₅₃

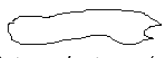
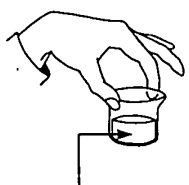
Half life: 59.9 days
Specific activity: 6.45E+14 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

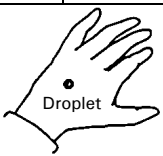
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	27	114		
E2	31	26		
E3	36	7		
% omitted		0		

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+03

Transport (TBq)	
IAEA ST1 A1 value	2E+1
IAEA ST1 A2 value	3E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.00E+0	10 cm 0.0E+00 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
3.90E-4	10 cm 1.5E-03 1 m 9.5E-04	1.44E-5	4.07E-2	6.20E-1
	<i>Photons (deep dose)</i>			
	10 cm 1.3E-03 1 m 8.1E-04			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.11E-2	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 6.30E-3	Alpha	4E+1
	Beta	Fixed contamination
	Gamma	1E+3
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	< 0.1	
Plastic	< 0.1	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	< 1
Steel	< 1	< 1

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion	f ₁		Inhalation	1 µm 5 µm		
All compounds	1.000	1.5E-08	All compounds	F	5.3E-09	7.3E-09
				M		
				S		
Highest dose organ	Thyroid	20 mSv ALL _{ingestion}	1.3E+06 (Bq)	20 mSv ALL _{inhalation}	2.7E+06 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	8E+05	8E+06	3E+06	3E+07	3E+09
Volatile form	1	Forbidden	8E+04	Forbidden	3E+05	3E+07

Iodine - 129

¹²⁹I₅₃

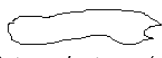
Half life: 1.57E+7 years
Specific activity: 6.53E+06 Bq.g⁻¹

Risk group: 2
Risk colour: Orange

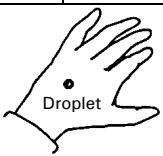
Main emissions (keV)								
	Gamma or X		Beta (Emax)		Electrons		Alpha	
	E	%	E	%	E	%	E	%
E1	29	57	151	100	34	11		
E2	34	13			39	2		
E3	40	8						
% omitted		0		0		< 1		

Exemption levels	
Quantity (Bq)	1E+05
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	Unlimited
IAEA ST1 A2 value	Unlimited

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.0E+00	10 cm 0.0E+00 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
1.9E-04	10 cm 7.6E-04 1 m 4.9E-04	9.2E-06	2.1E-02	2.8E-01
	<i>Photons (deep dose)</i>			
	10 cm 6.9E-04 1 m 4.4E-04			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 3.4E-01	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 2.7E-03	Alpha	6E+00
	Beta +	Fixed contamination
	Gamma	6E+02
	X rays ++	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.2
Plastic		0.3
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	< 1
Steel	< 1	< 1

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	1.000	1.1E-07	All compounds	F 3.7E-08	5.1E-08
				M	
				S	
Highest dose organ	Thyroid	20 mSv ALL _{ingestion}	1.8E+05 (Bq)	20 mSv ALL _{inhalation}	3.9E+05 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	1E+05	1E+06	4E+05	4E+06	4E+08
Volatile form	1	Forbidden	1E+04	Forbidden	4E+04	4E+06

Iodine - 131

¹³¹I₅₃

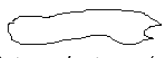
Half life: 8.0 days
Specific activity: 4.61E+15 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

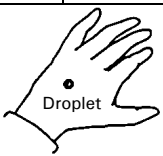
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	284	6	248	2
E2	365	82	334	7
E3	637	7	606	90
% omitted	11		1	

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	3E+0
IAEA ST1 A2 value	7E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
8.62E-2	10 cm 7.4E-02 1 m 1.5E-04			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
7.29E-4	10 cm 4.4E-03 1 m 3.4E-03	6.36E-5	2.23E-1	1.13E+0
	<i>Photons (deep dose)</i>			
	10 cm 4.2E-03 1 m 3.3E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.62E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 5.72E-1	Alpha	2E+1
	Beta ++	Fixed contamination
	Gamma ++	8E+1
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.9
Plastic		1.6
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	3	11
Steel	23	56

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	1.000	2.2E-08	All compounds	F 7.6E-09	1.1E-08
				M	
				S	
Highest dose organ	Thyroid	20 mSv ALL _{ingestion}	9.1E+05 (Bq)	20 mSv ALL _{inhalation}	1.8E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	3E+05	3E+06	1E+06	1E+07	1E+09
Volatile form	1	Forbidden	5E+04	Forbidden	2E+05	2E+07

Iodine - 132

¹³²I₅₃

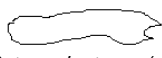
Half life: 2.30 hours
Specific activity: 3.82E+17 Bq.g⁻¹

Risk group: 2
Risk colour: Orange

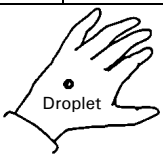
Main emissions (keV)				
	Gamma or X		Beta (Emax)	Electrons
	E	%	E	%
E1	668	99	1185	19
E2	773	76	1617	13
E3	1399	7	2140	18
% omitted	116		51	

Exemption levels	
Quantity (Bq)	1E+05
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	0.4
IAEA ST1 A2 value	0.4

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
1.0E-01	10 cm 1.1E-01 1 m 2.6E-02			
	Photons (skin)			
	10 cm 2.0E-02 1 m 1.5E-02			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
3.9E-03	10 cm 2.0E-02 1 m 1.4E-02	3.4E-04	1.0E+00	1.5E+01

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.1E+00	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 9.6E-01	Alpha	4E+00
	Beta ++	Fixed contamination
	Gamma ++	1E+01
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		5.0
Plastic		8.3
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	10	32
Steel	31	75

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	1.000	2.9E-10	All compounds	F 9.6E-11	2.0E-10
				M	
				S	
Highest dose organ	Thyroid	20 mSv ALL _{ingestion}	6.9E+07 (Bq)	20 mSv ALL _{inhalation}	1.0E+08 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	4E+05	4E+06	1E+06	1E+07	1E+09
Volatile form	1	Forbidden	2E+06	Forbidden	6E+06	6E+08

Iodine - 133

¹³³I₅₃

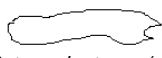
Half life: 20.8 hours
Specific activity: 4.19E+16 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

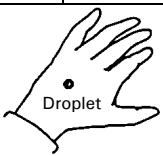
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	530	86	460	4
E2	875	5	880	4
E3	1298	2	1230	84
% omitted		11		9

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	0.7
IAEA ST1 A2 value	0.6

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.2E-01	10 cm 1.0E-01 1 m 2.1E-02			
	<i>Photons (skin)</i>			
	10 cm 5.9E-03 1 m 4.4E-03			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (deep dose)</i>	100 cm		
1.1E-03	10 cm 5.6E-03 1 m 4.2E-03	9.6E-05	2.8E-01	7.6E+00

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.2E+00	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.1E+00	Alpha	3E+01
	Beta ++	Fixed contamination
	Gamma ++	5E+01
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		2.4
Plastic		4.1
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	7	22
Steel	28	67

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion	f ₁		Inhalation	1 µm	5 µm	
All compounds	1.000	4.3E-09	All compounds	F	1.5E-09	2.1E-09
				M		
				S		
Highest dose organ	Thyroid	20 mSv ALL _{ingestion}	4.7E+06 (Bq)	20 mSv ALL _{inhalation}	9.5E+06 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	4E+05	4E+06	1E+06	1E+07	1E+09
Volatile form	1	Forbidden	3E+05	Forbidden	9E+05	9E+07

Caesium - 131

¹³¹Cs₅₅

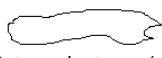
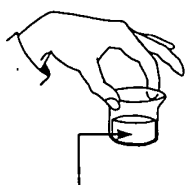
Half life: 9.69 days
Specific activity: 3.80E+15 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

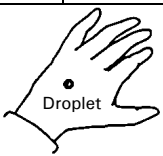
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	29	21		
E2	30	39		
E3	34	14		
% omitted		0		0

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+03

Transport (TBq)	
IAEA ST1 A1 value	3E+1
IAEA ST1 A2 value	3E+1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.00E+0	10 cm 0.0E+00			
	1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
1.84E-4	10 cm 7.4E-04	8.42E-6	2.41E-2	1.78E-1
	1 m 4.8E-04			
	<i>Photons (deep dose)</i>			
	10 cm 6.7E-04			
	1 m 4.3E-04			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.00E-2	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 3.30E-3	Alpha	1E+3
	Beta	Fixed contamination
	Gamma	2E+3
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	< 0.1	
Plastic	< 0.1	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	< 1
Steel	< 1	< 1

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	1.000	5.8E-11	All compounds	F 2.8E-11	4.5E-11
				M	
				S	
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	3.4E+08 (Bq)	20 mSv ALI _{inhalation}	4.4E+08 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	2E+07	2E+08	5E+07	5E+08	5E+09

Caesium - 134

¹³⁴Cs₅₅

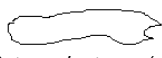
Half life: 2.07 years
Specific activity: 4.77E+13 Bq.g⁻¹

Risk group: 1
Risk colour: Red

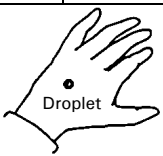
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	605	98	89	27		
E2	796	86	415	3		
E3	1365	3	658	70		
% omitted		36.8		< 1		

Exemption levels	
Quantity (Bq)	1E+04
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	7E-1
IAEA ST1 A2 value	7E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
6.97E-2	10 cm 6.0E-02 1 m 3.3E-04			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
2.72E-3	10 cm 1.3E-02 1 m 9.0E-03	2.34E-4	8.43E-1	3.99E+0
	<i>Photons (deep dose)</i>			
	10 cm 1.2E-02 1 m 8.5E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.35E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 5.22E-1	Alpha	1E+1
	Beta ++	Fixed contamination
	Gamma ++	2E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		1
Plastic		1.8
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	9	27
Steel	30	74

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion	f ₁		Inhalation	1 µm	5 µm	
All compounds	1.000	1.9E-08	All compounds	F	6.8E-09	9.6E-09
				M		
				S		
Highest dose organ	Soft tissues	20 mSv ALL _{ingestion}	1.1E+06 (Bq)	20 mSv ALL _{inhalation}	2.1E+06 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	3E+05	3E+06	1E+06	1E+07	5E+08

Caesium - 137 / Barium - 137m

 $^{137}\text{Cs}_{55}/^{137\text{m}}\text{Ba}_{56}$

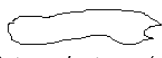
Half life: 30.2 years
Specific activity: $3.20\text{E}+12 \text{ Bq.g}^{-1}$

Risk group: 1
Risk colour: Red

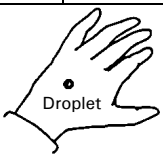
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	32	6	512	95	624	8
E2	36	1	1173	5	656	1
E3	662	85			660	< 1
% omitted		< 1		0		< 1

Exemption levels	
Quantity (Bq)	1E+04
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	2E+0
IAEA ST1 A2 value	6E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
2.13E-1	10 cm 9.0E-02 1 m 6.0E-03			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
1.07E-3	10 cm 3.9E-03 1 m 2.5E-03	9.19E-5	3.30E-1	1.66E+0
	<i>Photons (deep dose)</i>			
	10 cm 3.7E-03 1 m 2.4E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.57E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 7.08E-1	Alpha	4E+1
	Beta ++	Fixed contamination
	Gamma ++	4E+3
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		2.1
Plastic		3.8
Gamma and X rays (half and tenth value thickness)		
	1/2	1/10
Lead	8	24
Steel	29	72

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 μm	5 μm
All compounds	1.000	1.3E-08	All compounds	F 4.8E-09	6.7E-09
				M	
				S	
Highest dose organ	Soft tissues	20 mSv ALL _{ingestion}	1.5E+06 (Bq)	20 mSv ALL _{inhalation}	3.0E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	2E+05	2E+06	8E+05	8E+06	5E+08

Barium - 133

¹³³Ba₅₆

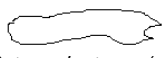
Half life: 10.5 years
 Specific activity: 9.47E+12 Bq.g⁻¹

Risk group: 3
 Risk colour: Yellow

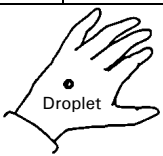
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
	E	%	E	%
E1	31	99		45 46
E2	81	34		75 7
E3	356	62		320 1
% omitted		63		34

Exemption levels	
Quantity (Bq)	-
Concentration (Bq.g ⁻¹)	-

Transport (TBq)	
IAEA ST1 A1 value	3E+0
IAEA ST1 A2 value	3E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
2.80E-3	10 cm 4.4E-03 1 m 0.0E+00			
	Photons (skin)			
	10 cm 5.5E-03 1 m 4.2E-03			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
9.71E-4	10 cm 5.4E-03 1 m 4.1E-03	7.51E-5	2.53E-1	1.28E+0

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.30E-1	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 3.8E-02	Alpha	6E+1
	Beta	Fixed contamination
	Gamma ++	8E+1
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.4
Plastic		0.7
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	1	7
Steel	10	44

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	0.100	1E-09	All compounds	F 1.5E-09	1.8E-09
				M	
				S	
Highest dose organ	Bone surfaces	20 mSv ALI _{ingestion}	2.0E+07 (Bq)	20 mSv ALI _{inhalation}	1.1E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	2E+06	2E+07	5E+06	5E+07	5E+09

Barium - 140 / Lanthanum - 140 **$^{140}\text{Ba}_{56}/^{140}\text{La}_{57}$**

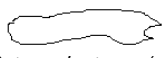
Half life: 12.8 days
 Specific activity: $2.70\text{E}+15 \text{ Bq.g}^{-1}$

Risk group: 2
 Risk colour: Orange

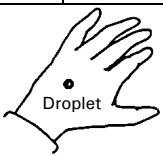
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	487	50	991	38
E2	816	27	1349	51
E3	1596	110	1677	23
% omitted		113		103

Exemption levels	
Quantity (Bq)	1E+05
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	5E-1
IAEA ST1 A2 value	3E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
2.14E-1	10 cm 2.1E-01 1 m 3.7E-02			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
3.92E-3	10 cm 2.0E-02 1 m 1.5E-02	3.37E-4	1.20E+0	2.20E+1
	<i>Photons (deep dose)</i>			
	10 cm 1.9E-02 1 m 1.4E-02			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 3.78E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 2.00E+0	Alpha	5E+1
	Beta ++	Fixed contamination
	Gamma ++	1E+2
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		4.6
Plastic		8.5
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	13	46
Steel	34	91

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	0.100	2.5E-09	All compounds	F 1.0E-09	1.6E-09
				M	
				S	
Highest dose organ	Lower large intestine	20 mSv ALI _{ingestion}	8.0E+06 (Bq)	20 mSv ALI _{inhalation}	1.3E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	2E+05	2E+06	8E+05	8E+06	8E+08

Lanthanum - 140

¹⁴⁰La₅₇

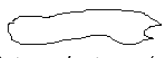
Half life: 1.7 days
Specific activity: 2.03E+16 Bq.g⁻¹

Risk group: 2
Risk colour: Orange

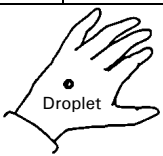
Main emissions (keV)				
	Gamma or X		Beta (Emax)	Electrons
	E	%	E	%
E1	487	44	1349	45
E2	816	24	1677	20
E3	1596	95	2164	7
% omitted		50.2	29	

Exemption levels	
Quantity (Bq)	1E+05
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	4E-1
IAEA ST1 A2 value	4E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.19E-1	10 cm 1.2E-01 1 m 2.9E-02			
	<i>Photons (skin)</i>			
	10 cm 1.8E-02 1 m 1.3E-02			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (deep dose)</i>	100 cm		
3.54E-3	10 cm 1.7E-02 1 m 1.2E-02	3.05E-4	1.09E+0	1.91E+1

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.14E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.22E+0	Alpha	1E+1
	Beta ++	Fixed contamination
	Gamma ++	1E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		4.6
Plastic		8.5
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	14	48
Steel	35	94

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	0.0005	2.0E-09	All unspec. compounds	F	6.0E-10 1.0E-09
			Oxid.& hydrox.	M	1.1E-09 1.5E-09
				S	
Highest dose organ	Lower large intestine	20 mSv ALI_{ingestion}	1.0E+07 (Bq)	20 mSv ALI_{inhalation}	1.3E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	3E+05	3E+06	1E+06	1E+07	1E+09

Cerium - 139

¹³⁹Ce₅₈

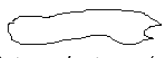
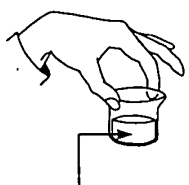
Half life: 137.6 days
Specific activity: 2.53E+14 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

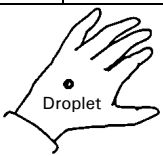
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	33	65		26	5	
E2	38	15		127	17	
E3	166	80		160	2	
% omitted		0		3		

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	7E+0
IAEA ST1 A2 value	2E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.00E+0	10 cm 1.4E-03 1 m 0.0E+00			
	<i>Photons (skin)</i>			
	10 cm 1.5E-03 1 m 9.7E-04			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (deep dose)</i>	100 cm		
4.28E-4	10 cm 1.5E-03 1 m 9.5E-04	3.34E-5	1.10E-1	5.55E-1

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 4.86E-1	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 3.23E-2	Alpha	1E+2
	Beta ++	Fixed contamination
	Gamma ++	2E+2
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.2
Plastic		0.3
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	2
Steel	3	21

INTERNAL EXPOSURE FOR WORKERS							
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)							
Ingestion		f ₁		Inhalation		1 µm 5 µm	
All compounds		0.0005	2.6E-10		F		
				All unspec. compounds	M	1.6E-09	1.3E-09
				Oxid., hydrox. & fluorides	S	1.8E-09	1.4E-09
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	7.7E+07 (Bq)	20 mSv ALI _{inhalation}	1.1E+07 (Bq)		

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	2E+06	2E+07	8E+06	8E+07	5E+09

Cerium - 141

¹⁴¹Ce₅₈

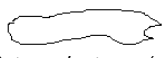
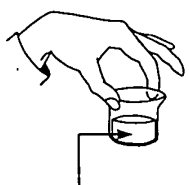
Half life: 32.5 days
Specific activity: 1.05E+15 Bq.g⁻¹

Risk group: 4
Risk colour: Green

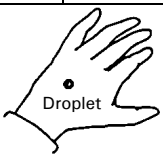
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	36	13	435	70
E2	41	3	580	30
E3	145	49		
% omitted	< 1		0	
			2	

Exemption levels	
Quantity (Bq)	1E+07
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	2E+1
IAEA ST1 A2 value	6E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
5.73E-2	10 cm 5.9E-02 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
1.70E-4	10 cm 5.9E-04 1 m 3.7E-04	1.47E-5	4.97E-2	2.35E-1
	<i>Photons (deep dose)</i>			
	10 cm 5.8E-04 1 m 3.6E-04			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.84E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 4.23E-1	Alpha	6E+1
	Beta ++	Fixed contamination
	Gamma ++	4E+2
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	0.8	
Plastic	1.5	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	2
Steel	6	20

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁	Inhalation	1 µm	5 µm
All compounds	0.0005	F		
		M	3.1E-09	2.7E-09
		S	3.6E-09	3.1E-09
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	2.8E+07 (Bq)	20 mSv ALI _{inhalation}
				5.6E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	7E+05	7E+06	2E+06	2E+07	2E+09

Cerium - 143

¹⁴³Ce₅₈

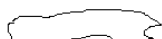
Half life: 1.38 days
Specific activity: 2.45E+16 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

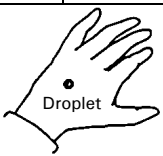
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	36	50	733	14
E2	293	42	1104	49
E3	722	5	1398	35
% omitted	38.9		2	

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	9E-1
IAEA ST1 A2 value	6E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.28E-1	10 cm 1.1E-01 1 m 2.0E-02			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
6.00E-4	10 cm 3.4E-04 1 m 2.6E-03	4.95E-5	1.70E-1	5.72E+0
	<i>Photons (deep dose)</i>			
	10 cm 3.3E-03 1 m 2.5E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.97E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.05E+0	Alpha	5E+1
	Beta ++	Fixed contamination
	Gamma ++	1E+2
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		2.6
Plastic		4.8
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	2	14
Steel	16	53

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f₁	Inhalation	1 µm	5 µm
All compounds	0.0005		F	
		All unspec. compounds	M	7.4E-10
		Oxid., hydrox. & fluorides	S	8.1E-10
				1.0E-09
Highest dose organ	Lower large intestine	20 mSv ALI_{ingestion}	1.8E+07 (Bq)	20 mSv ALI_{inhalation}
				2.0E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+05	5E+06	2E+06	2E+07	2E+09

Praseodymium - 143

¹⁴³Pr₅₉

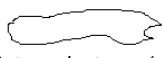
Half life: 13.6 days
Specific activity: 2.48E+15 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

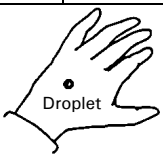
Main emissions (keV)				
	Gamma or X	Beta (Emax)	Electrons	Alpha
	E %	E %	E %	E %
E1		935 100		
E2				
E3				
% omitted	< 1	0		

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+04

Transport (TBq)	
IAEA ST1 A1 value	3E+0
IAEA ST1 A2 value	6E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
10 cm	10 cm			
1 m	1 m			
1.30E-1	1.0E-01 5.0E-02			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>			
	10 cm			
	1 m			
0.00E+0	6.0E-11 3.9E-11			
	<i>Photons (deep dose)</i>			
	10 cm			
	1 m			
	5.6E-11 3.6E-11			
		100 cm		
		Brem. Rad.	Brem. Rad.	Brem. Rad.

The values above do not include Bremsstrahlung radiation. Brem. Rad. indicates that it may be significant.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²)	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq)	Alpha	8E+1
	Beta	Fixed contamination
	Gamma	1E+3
	X rays	
		
		
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		1.5
Plastic		2.8
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	-	-
Steel	-	-

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁	Inhalation	1 µm	5 µm
All compounds	0.0005		F	
		All unspec. compounds	M	2.1E-09
		Oxid., hydrox., carbides & fluorides	S	2.3E-09
				2.2E-09
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	1.7E+07 (Bq)	20 mSv ALI _{inhalation}
				8.7E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+05	5E+06	2E+06	2E+07	2E+09

Praseodymium - 144

¹⁴⁴Pr₅₉

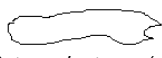
Half life: 17.3 minutes
Specific activity: 2.79E+18 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

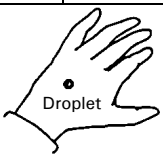
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	697	1	810	1
E2	2186	<1	2300	1
E3			2996	98
% omitted	<1		0	

Exemption levels	
Quantity (Bq)	-
Concentration (Bq.g ⁻¹)	-

Transport (TBq)	
IAEA ST1 A1 value	-
IAEA ST1 A2 value	-

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
1.05E-1	10 cm 1.5E-01 1 m 6.9E-02			
	Photons (skin)			
	10 cm 1.9E-04 1 m 1.2E-04			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
4.72E-5	10 cm 1.8E-04 1 m 1.2E-04	2.26E-4	6.85E-1	6.41E+1

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.14E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.42E+0	Alpha	6E+1
	Beta ++	Fixed contamination
	Gamma	2E+2
	X rays	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	7	
Plastic	13.1	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	15	49
Steel	36	97

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁	Inhalation	1 µm	5 µm
All compounds	0.0005	F		
		M	1.8E-11	2.9E-11
		S	1.9E-11	3.0E-11
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	4.0E+08 (Bq)	20 mSv ALI _{inhalation}
				6.7E+08 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	7E+05	7E+06	2E+06	2E+07	2E+09

Samarium - 153

Half life: 1.95 days
Specific activity: $1.62\text{E}+16 \text{ Bq.g}^{-1}$

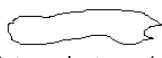
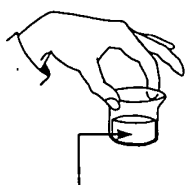
$^{153}\text{Sm}_{62}$

Risk group: 3
Risk colour: Yellow

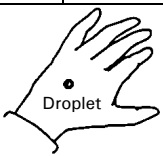
Main emissions (keV)						
	Gamma or X		Beta (Emax)		Electrons	Alpha
	E	%	E	%	E	%
E1	41	49	634	35	21	24
E2	47	12	703	44	55	41
E3	103	28	807	21	95	6
% omitted	6.9		< 1		13	

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	9E+0
IAEA ST1 A2 value	6E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.03E-1	10 cm 8.9E-02 1 m 4.2E-04			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
1.86E-4	10 cm 1.1E-03 1 m 8.9E-04	1.48E-5	4.79E-2	2.41E-1
	<i>Photons (deep dose)</i>			
	10 cm 1.1E-03 1 m 8.9E-04			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.62E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 7.19E-1	Alpha	1E+2
	Beta ++	Fixed contamination
	Gamma +	4E+2
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		1.3
Plastic		2.4
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	< 1
Steel	1	7

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f₁	Inhalation	1 µm	5 µm
All compounds	0.0005		F	
		All compounds	M	6.1E-10 6.8E-10
			S	
Highest dose organ	Lower large intestine	20 mSv ALI_{ingestion}	2.7E+07 (Bq)	20 mSv ALI_{inhalation}
				2.9E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	7E+05	7E+06	2E+06	2E+07	2E+09

Europium - 152

¹⁵²Eu₆₃

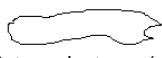
Half life: 13.5 years
Specific activity: 6.45E+12 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

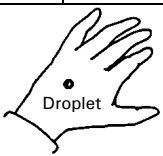
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	344	27	388	2
E2	1112	14	699	14
E3	1408	21	1478	8
% omitted	98.5		4	
			8	

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	1E+0
IAEA ST1 A2 value	1E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
2.50E-2	10 cm 2.3E-02			
	1 m 2.9E-03			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
1.98E-3	10 cm 1.1E-02	1.69E-4	6.01E-1	3.92E+0
	1 m 7.7E-03			
	<i>Photons (deep dose)</i>			
	10 cm 9.8E-03			
	1 m 7.2E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 9.19E-1	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 2.41E-1	Alpha	1E+1
	Beta ++	Fixed contamination
	Gamma ++	3E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	2.8	
Plastic	5.2	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	10	38
Steel	29	82

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁	Inhalation	1 µm	5 µm
All compounds	0.0005		F	
		All compounds	M	3.9E-08
			S	
Highest dose organ	Liver	20 mSv ALL _{ingestion}	1.4E+07 (Bq)	20 mSv ALL _{inhalation}
				5.1E+05 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	1E+05	1E+06	4E+05	4E+06	4E+08

Europium - 154

¹⁵⁴Eu₆₃

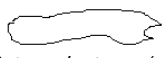
Half life: 8.59 years
Specific activity: 1.00E+13 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

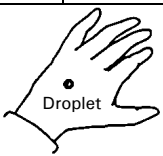
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	123	41	571	36
E2	723	20	841	18
E3	1274	35	1846	11
% omitted	99.1		34	
			Electrons	
			E	%
			73	26
			115	17
			Alpha	
			E	%
			< 1	

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	9E-1
IAEA ST1 A2 value	6E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
6.54E-2	10 cm 6.2E-02 1 m 5.3E-03			
	Photons (skin)			
	10 cm 1.1E-02 1 m 8.2E-03			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
2.07E-3	10 cm 1.1E-02 1 m 7.7E-03	1.78E-4	6.40E-1	5.76E+0

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.05E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 5.72E-1	Alpha	9E+0
	Beta ++	Fixed contamination
	Gamma ++	3E+1
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	3.7	
Plastic	7.0	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	12	39
Steel	32	84

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁	Inhalation	1 µm	5 µm
All compounds	0.0005 2.0E-09		F	
		All compounds	M	5.0E-08 3.5E-08
			S	
Highest dose organ	Bone surfaces	20 mSv ALI _{ingestion}	1.0E+07 (Bq)	20 mSv ALI _{inhalation} 4.0E+05 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	1E+05	1E+06	3E+05	3E+06	3E+08

Europium - 155

¹⁵⁵Eu₆₃

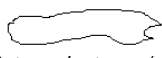
Half life: 4.96 years
Specific activity: 1.72E+13 Bq.g⁻¹

Risk group: 4
Risk colour: Green

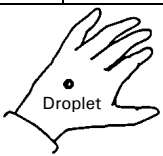
Main emissions (keV)						
	Gamma or X		Beta (Emax)		Electrons	Alpha
	E	%	E	%	E	%
E1	43	18	141	46	10	21
E2	86	31	160	26	36	11
E3	105	21	247	18	78	2
% omitted	15		10		72	

Exemption levels	
Quantity (Bq)	1E+07
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	20
IAEA ST1 A2 value	3

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.0E+00	10 cm 0.0E+00 1 m 0.0E+00			
	<i>Photons (skin)</i>			
	10 cm 1.1E-03 1 m 8.9E-04			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (deep dose)</i>	100 cm		
1.5E-04	10 cm 1.1E-03 1 m 9.0E-04	1.3E-05	3.7E-02	2.5E-01

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 3.3E-01	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 4.9E-03	Alpha	9E+01
	Beta ++	Fixed contamination
	Gamma +	4E+02
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.3
Plastic		0.5
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	1
Steel	2	8

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f₁	Inhalation	1 µm	5 µm
All compounds	0.0005		F	
		All compounds	M	6.5E-09
			S	
Highest dose organ	Bone surface	20 mSv ALI_{ingestion}	6.3E+07 (Bq)	20 mSv ALI_{inhalation}
				3.1E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	9E+05	9E+06	3E+06	3E+07	3E+09

Europium - 156

¹⁵⁶Eu₆₃

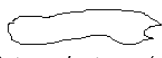
Half life: 15.2 days
Specific activity: 2.04E+15 Bq.g⁻¹

Risk group: 3
Risk colour: Yellow

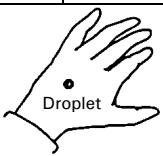
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	812	10	266	11
E2	1231	9	487	32
E3	2187	4	2453	27
% omitted		94		28

Exemption levels	
Quantity (Bq)	-
Concentration (Bq.g ⁻¹)	-

Transport (TBq)	
IAEA ST1 A1 value	7E-1
IAEA ST1 A2 value	7E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
4.95E-2	10 cm 8.2E-02 1 m 2.0E-02			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
2.05E-3	10 cm 9.9E-03 1 m 7.2E-03	2.05E-4	6.75E-1	1.50E+1
	<i>Photons (deep dose)</i>			
	10 cm 9.3E-03 1 m 6.7E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.22E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 6.29E-1	Alpha	2E+1
	Beta ++	Fixed contamination
	Gamma ++	2E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		5.4
Plastic		10.1
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	15	48
Steel	36	95

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁	Inhalation		
All compounds	0.0005		1 µm	5 µm
			F	
		All compounds	M	3.3E-09
			S	
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	9.1E+06 (Bq)	20 mSv ALI _{inhalation}
			6.1E+06 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+05	5E+06	2E+06	2E+07	2E+09

Erbium - 169

¹⁶⁹Er₆₈

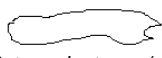
Half life: 9.40 days
 Specific activity: 3.04E+15 Bq.g⁻¹

Risk group: 4
 Risk colour: Green

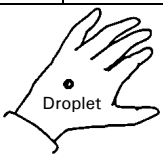
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	8	< 1	344	42		
E2			352	58		
E3						
% omitted	< 1		0			

Exemption levels	
Quantity (Bq)	1E+07
Concentration (Bq.g ⁻¹)	1E+04

Transport (TBq)	
IAEA ST1 A1 value	4E+1
IAEA ST1 A2 value	1E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
9.16E-3	10 cm 5.5E-02 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
0.00E+0	10 cm 9.9E-09 1 m 6.0E-09	Brem. Rad.	Brem. Rad.	Brem. Rad.
	<i>Photons (deep dose)</i>			
	10 cm 1.0E-08 1 m 6.0E-09			

The values above do not include Bremsstrahlung radiation. Brem. Rad. indicates that it may be significant.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.11E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 2.84E-1	Alpha	2E+2
	Beta ++	Fixed contamination
	Gamma	2E+4
	X rays	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	0.5	
Plastic	0.8	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	< 1
Steel	< 1	< 1

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	0.0005	3.7E-10		F	
			All compounds	M	9.8E-10 9.2E-10
				S	
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	5.4E+07 (Bq)	20 mSv ALI _{inhalation}	2.0E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	4E+06	4E+07	1E+07	1E+08	5E+09

Thulium - 170

 $^{170}\text{Tm}_{69}$

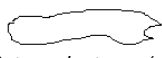
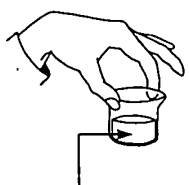
Half life: 129 days
Specific activity: $2.20\text{E}+14 \text{ Bq.g}^{-1}$

Risk group: 3
Risk colour: Yellow

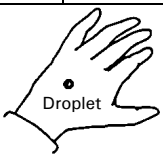
Main emissions (keV)						
	Gamma or X		Beta (Emax)		Electrons	Alpha
	E	%	E	%	E	%
E1	52	3	883	24	22	5
E2	59	1	968	76	74	12
E3	84	3			82	3
% omitted		4		0		13

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+03

Transport (TBq)	
IAEA ST1 A1 value	3
IAEA ST1 A2 value	0.6

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
1.2E-01	10 cm 1.0E-01 1 m 5.0E-03			
	Photons (skin)			
	10 cm 5.4E-05 1 m 3.7E-05			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
1.3E-05	10 cm 5.5E-05 1 m 3.7E-05	1.2E-06	3.4E-03	2.1E-02

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.0E+00	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 8.8E-01	Alpha	5E+01
	Beta + +	Fixed contamination
	Gamma	1E+03
	X rays +	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		1.7
Plastic		3.1
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	< 1
Steel	1	5

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁	Inhalation	1 µm	5 µm
All compounds	0.0005 1.3E-09		F	
		All compounds	M	6.6E-09 5.2E-09
			S	
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	1.5E+07 (Bq)	20 mSv ALI _{inhalation}
				3.0E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	4E+05	4E+06	1E+06	1E+07	1E+09

Thulium - 171

 $^{171}\text{Tm}_{69}$

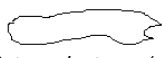
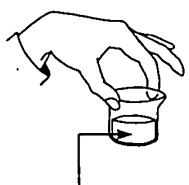
Half life: 1.92 years
Specific activity: $4.03\text{E}+13 \text{ Bq.g}^{-1}$

Risk group: 5
Risk colour: Blue

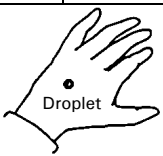
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	52	< 1	30	2	56	1
E2	59	< 1	97	98		
E3	67	< 1				
% omitted		< 1		0		2

Exemption levels	
Quantity (Bq)	1E+08
Concentration (Bq.g ⁻¹)	1E+04

Transport (TBq)	
IAEA ST1 A1 value	40
IAEA ST1 A2 value	40

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.0E+00	10 cm 0.0E+00 1 m 0.0E+00			
	<i>Photons (skin)</i>			
	10 cm 8.9E-06 1 m 6.3E-06			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (deep dose)</i>	100 cm		
2.0E-06	10 cm 8.9E-06 1 m 6.3E-06	1.7E-07	4.7E-04	3.1E-03

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 0.0E+00	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 0.0E+00	Alpha	6E+02
	Beta	Fixed contamination
	Gamma	4E+04
	X rays	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	< 0.1	
Plastic	0.2	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	< 1
Steel	< 1	< 1

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁	Inhalation	1 µm	5 µm	
All compounds	0.0005		F		
		All compounds	M	1.3E-09	9.1E-10
			S		
Highest dose organ	Bone surface	20 mSv ALL _{ingestion}	1.8E+08 (Bq)	20 mSv ALL _{inhalation}	1.5E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+06	5E+07	2E+07	2E+08	2E+10

Ytterbium - 169

 $^{169}\text{Yb}_{70}$

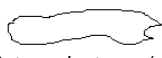
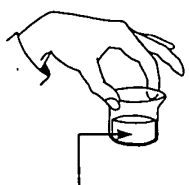
Half life: 32.0 days
Specific activity: $8.93\text{E}+14 \text{ Bq.g}^{-1}$

Risk group: 4
Risk colour: Green

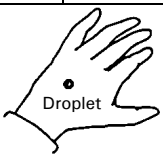
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	51	94		
E2	198	35		
E3	308	11		
% omitted	192.6			

Exemption levels	
Quantity (Bq)	-
Concentration (Bq.g^{-1})	-

Transport (TBq)	
IAEA ST1 A1 value	4E+0
IAEA ST1 A2 value	1E+0

EXTERNAL EXPOSURE (mSv.h^{-1}) for an activity of 1 MBq or 1 MBq.m^{-2} (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
0.00E+0	10 cm 8.2E-03 1 m 0.0E+00			
	Photons (skin)			
	10 cm 5.0E-03 1 m 4.0E-03			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
7.34E-4	10 cm 5.0E-03 1 m 4.0E-03	6.35E-5	2.13E-1	1.01E+0

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h^{-1})	Detection	Derived limits (Bq.cm^{-2})
Uniform deposit (1 kBq.cm^{-2}) 1.00E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 4.51E-2	Alpha	5E+1
	Beta +	Fixed contamination
	Gamma ++	9E+1
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.2
Plastic		0.3
Gamma and X rays (half and tenth value thickness)		
	$\frac{1}{2}$	$\frac{1}{10}$
Lead	< 1	2
Steel	3	26

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq^{-1})				
Ingestion	f_1	Inhalation	1 μm	5 μm
All compounds	0.0005		F	
		All unspec. compounds	M	2.4E-09
		Oxid., hydrox. & fluorides	S	2.8E-09
				2.4E-09
Highest dose organ	Lungs	20 mSv $\text{ALI}_{\text{ingestion}}$	2.8E+07 (Bq)	20 mSv $\text{ALI}_{\text{inhalation}}$
				7.1E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	2E+06	2E+07	5E+06	5E+07	5E+09

Rhenium - 186

¹⁸⁶Re₇₅

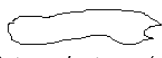
Half life: 3.78 days
 Specific activity: 6.87E+15 Bq.g⁻¹

Risk group: 3
 Risk colour: Yellow

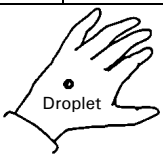
Main emissions (keV)						
	Gamma or X		Beta (Emax)		Electrons	Alpha
	E	%	E	%	E	%
E1	59	3	939	22	63	4
E2	63	2	1077	72	124	6
E3	137	9			134	2
% omitted		11.1		< 1		2

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+03

Transport (TBq)	
IAEA ST1 A1 value	2E+0
IAEA ST1 A2 value	6E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.24E-1	10 cm 9.3E-02 1 m 1.1E-02			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
4.28E-5	10 cm 3.4E-04 1 m 2.9E-04	3.96E-6	1.35E-2	3.80E-1
	<i>Photons (deep dose)</i>			
	10 cm 3.4E-04 1 m 2.9E-04			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.81E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 9.08E-1	Alpha	8E+1
	Beta ++	Fixed contamination
	Gamma +	6E+2
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		1.8
Plastic		3.4
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	<1	1
Steel	5	18

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f₁		Inhalation	
All compounds	0.800	1.5E-09	All unspec. compounds	F 5.3E-10 7.3E-10
			Oxid., hydrox., halid. & nitrat.	M 1.1E-09 1.2E-09
				S
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	1.3E+07 (Bq)	20 mSv ALI _{inhalation} 1.7E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+05	5E+06	2E+06	2E+07	2E+09

Rhenium - 188

¹⁸⁸Re₇₅

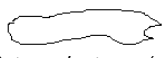
Half life: 17.0 hours
 Specific activity: 3.63E+16 Bq.g⁻¹

Risk group: 2
 Risk colour: Orange

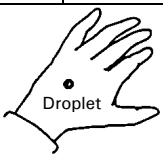
Main emissions (keV)						
	Gamma or X		Beta (Emax)		Electrons	Alpha
	E	%	E	%	E	%
E1	63	2	1962	25	81	5
E2	155	15	2118	72	142	6
E3	633	1				
% omitted		8.3		3		0

Exemption levels	
Quantity (Bq)	1E+05
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	4E-1
IAEA ST1 A2 value	4E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.10E-1	10 cm 1.4E-01 1 m 5.2E-02			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
1.06E-4	10 cm 6.3E-04 1 m 4.8E-04	2.66E-5	4.45E-2	2.88E+1
	<i>Photons (deep dose)</i>			
	10 cm 6.1E-04 1 m 4.7E-04			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.32E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.35E+0	Alpha	6E+1
	Beta ++	Fixed contamination
	Gamma +	2E+2
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		4.4
Plastic		8.3
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	3	23
Steel	18	63

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion	f ₁		Inhalation	1 µm	5 µm	
All compounds	0.800	1.4E-09	All unspec. compounds	F	4.7E-10	6.6E-10
			Oxid., hydrox., halid. & nitrat.	M	5.5E-10	7.4E-10
				S		
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	1.4E+07 (Bq)	20 mSv ALI _{inhalation}	2.7E+07 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	6E+05	6E+06	2E+06	2E+07	2E+09

Iridium - 192

¹⁹²Ir₇₇

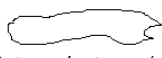
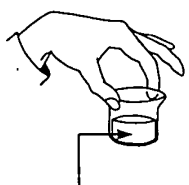
Half life: 73.8 days
Specific activity: 3.41E+14 Bq.g⁻¹

Risk group: 1
Risk colour: Red

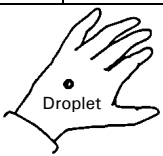
Main emissions (keV)						
	Gamma or X		Beta (Emax)		Electrons	Alpha
	E	%	E	%	E	%
E1	317	83	256	6	230	2
E2	468	48	536	41	238	5
E3	604	8	672	48	303	2
% omitted	91.4		< 1		8	

Exemption levels	
Quantity (Bq)	1E+04
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	1E+0
IAEA ST1 A2 value	6E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
8.35E-2	10 cm 8.6E-02 1 m 3.0E-05			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
1.54E-3	10 cm 9.6E-03 1 m 7.5E-03	1.36E-4	4.78E-1	2.23E+0
	<i>Photons (deep dose)</i>			
	10 cm 9.2E-03 1 m 7.2E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.86E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 6.50E-1	Alpha	2E+1
	Beta ++	Fixed contamination
	Gamma ++	4E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		1
Plastic		1.9
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	3	12
Steel	23	56

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	0.010	1.4E-09	All unspec. compounds	F 1.8E-09	2.2E-09
			Metallic Ir, halid. & nitrat.	M 4.9E-09	4.1E-09
			Oxid.& hydrox.	S 6.2E-09	4.9E-09
Highest dose organ	Lungs	20 mSv ALL _{ingestion}	1.4E+07 (Bq)	20 mSv ALL _{inhalation}	3.2E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	4E+05	4E+06	1E+06	1E+07	5E+08

Gold - 198

¹⁹⁸Au₇₉

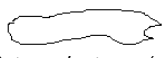
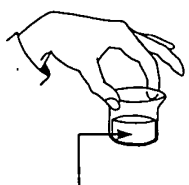
Half life: 2.7 days
 Specific activity: 9.03E+15 Bq.g⁻¹

Risk group: 3
 Risk colour: Yellow

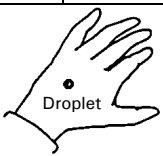
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	412	96	285	1	8	2
E2	676	< 1	961	99	329	3
E3	1088	< 1			397	1
% omitted		< 1	0		< 1	

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	1E+0
IAEA ST1 A2 value	6E-1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.24E-1	10 cm 1.1E-01 1 m 8.2E-03			
	<i>Photons (skin)</i>			
	10 cm 2.8E-03 1 m 1.8E-03			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (deep dose)</i>	100 cm		
7.64E-4	10 cm 2.7E-03 1 m 1.7E-03	6.69E-5	2.36E-1	3.63E+0

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.68E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 9.53E-1	Alpha	4E+1
	Beta ++	Fixed contamination
	Gamma ++	7E+1
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		1.6
Plastic		3.0
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	4	12
Steel	24	58

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	0.100	1.0E-09	All unspec. compounds	F 2.3E-10	3.9E-10
			Halides & nitrat.	M 7.6E-10	9.8E-10
			Oxid.& hydrox.	S 8.4E-10	1.1E-09
Highest dose organ	Lower large intestine	20 mSv ALI_{ingestion}	2.0E+07 (Bq)	20 mSv ALI_{inhalation}	1.8E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+05	5E+06	2E+06	2E+07	2E+09

Mercury - 197

¹⁹⁷Hg₈₀

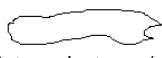
Half life: 2.67 days
Specific activity: 9.18E+15 Bq.g⁻¹

Risk group: 4
Risk colour: Green

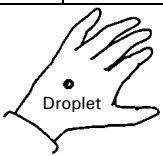
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	69	37		
E2	77	19		
E3	191	< 1		
% omitted		89		

Exemption levels	
Quantity (Bq)	1E+07
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	2E+1
IAEA ST1 A2 value	1E+1

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
0.00E+0	10 cm 0.0E+00			
	1 m 0.0E+00			
Gammas, X rays (deep tissue dose)	Photons (skin)	100 cm		
1.51E-4	10 cm 1.3E-03	1.43E-5	4.83E-2	2.19E-1
	1 m 1.2E-03			
	Photons (deep dose)			
	10 cm 1.4E-03			
	1 m 1.2E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 9.19E-2	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.72E-3	Alpha	3E+2
	Beta +	Fixed contamination
	Gamma	4E+2
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.1
Plastic		0.1
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	1
Steel	2	5

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f₁	Inhalation	1 µm	5 µm
All inorganic compounds	0.020	Sulphates	F 6.0E-11	1.0E-10
		Ox., hydr., hal., nitrat. & sulphid	M 2.9E-10	2.8E-10
			S	
Highest dose organ	Kidneys	20 mSv ALI_{ingestion}	8.7E+07 (Bq)	20 mSv ALI_{inhalation}
				6.9E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds except below	0.01	1E+07	1E+08	3E+07	3E+08	5E+09
Vapour	1	Forbidden	2E+06	Forbidden	7E+06	7E+08

Mercury - 203

Half life: 46.6 days
Specific activity: $5.11\text{E}+14 \text{ Bq.g}^{-1}$

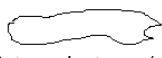
$^{203}\text{Hg}_{80}$

Risk group: 2
Risk colour: Orange

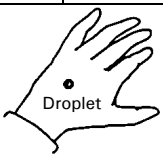
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	71	4	212	100
E2	73	6		
E3	279	82		
% omitted	2.8		0	2

Exemption levels	
Quantity (Bq)	1E+05
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	5E+0
IAEA ST1 A2 value	1E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
4.05E-3	10 cm 4.4E-02 1 m 0.0E+00			
	Photons (skin)			
	10 cm 1.8E-03 1 m 1.1E-03			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
4.42E-4	10 cm 1.5E-03 1 m 9.3E-04	3.95E-5	1.37E-1	6.34E-1

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 8.92E-1	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.31E-1	Alpha	6E+1
	Beta ++	Fixed contamination
	Gamma ++	1E+2
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.3
Plastic		0.4
Gamma and X rays (half and tenth value thickness)		
	1/2	1/10
Lead	2	5
Steel	18	45

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion	f ₁		Inhalation	1 μm	5 μm	
Methyl mercury	1.000	1.9E-09	Sulphates	F	5.7E-10	7.5E-10
All unspec. organic compounds	0.400	1.1E-09	Ox., hydr., hal., nitrat. & sulphid	M	2.3E-09	1.9E-09
				S		
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	1.1E+07 (Bq)	20 mSv ALI _{inhalation}	8.7E+06 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds except below	0.01	2E+06	2E+07	6E+06	6E+07	5E+09
Vapour	1	Forbidden	3E+05	Forbidden	9E+05	9E+07

Thallium - 201

 $^{201}\text{Tl}_{81}$

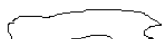
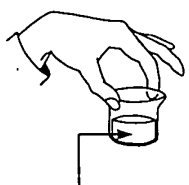
Half life: 3.04 days
Specific activity: $7.90\text{E}+15 \text{ Bq.g}^{-1}$

Risk group: 3
Risk colour: Yellow

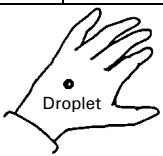
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	71	47		16	10	
E2	135	3		84	16	
E3	167	10		153	3	
% omitted		94.1		28		

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	1E+1
IAEA ST1 A2 value	4E+0

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.00E+0	10 cm 1.4E-03 1 m 0.0E+00			
	<i>Photons (skin)</i>			
	10 cm 1.6E-03 1 m 1.3E-03			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (deep dose)</i>	100 cm		
1.97E-4	10 cm 1.6E-03 1 m 1.3E-03	1.85E-5	6.27E-2	2.85E-1

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.70E-1	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 8.39E-3	Alpha	2E+2
	Beta +	Fixed contamination
	Gamma +	3E+2
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.2
Plastic		0.3
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	1
Steel	3	12

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 µm	5 µm
All compounds	1.000	9.5E-11	All compounds	F 4.7E-11	7.6E-11
				M	
				S	
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	2.1E+08 (Bq)	20 mSv ALI _{inhalation}	2.6E+08 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	1E+07	1E+08	4E+07	4E+08	5E+09

Thallium - 204

 $^{204}\text{Tl}_{81}$

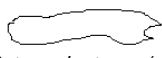
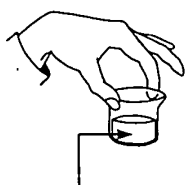
Half life: 3.8 years
Specific activity: $1.71\text{E}+13 \text{ Bq.g}^{-1}$

Risk group: 1
Risk colour: Red

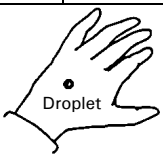
Main emissions (keV)						
	Gamma or X		Beta (Emax)		Electrons	Alpha
	E	%	E	%	E	%
E1	69	2	763	98		
E2						
E3						
% omitted	0		0			

Exemption levels	
Quantity (Bq)	$1\text{E}+04$
Concentration (Bq.g^{-1})	$1\text{E}+04$

Transport (TBq)	
IAEA ST1 A1 value	$1\text{E}+1$
IAEA ST1 A2 value	$7\text{E}-1$

EXTERNAL EXPOSURE (mSv.h^{-1}) for an activity of 1 MBq or 1 MBq.m^{-2} (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
9.49E-2	10 cm 9.6E-02 1 m 3.6E-03			
	Photons (skin)			
	10 cm 7.7E-06 1 m 4.6E-06			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
2.44E-6	10 cm 7.8E-06 1 m 4.6E-06	2.30E-7	7.78E-4	7.93E-1

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h^{-1})	Detection	Derived limits (Bq.cm^{-2})
Uniform deposit (1 kBq.cm^{-2}) 1.62E+0	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 7.05E-1	Alpha	$1\text{E}+2$
	Beta ++	Fixed contamination
	Gamma	$2\text{E}+3$
	X rays	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		1.2
Plastic		2.2
Gamma and X rays (half and tenth value thickness)		
	$\frac{1}{2}$	$\frac{1}{10}$
Lead	< 1	1
Steel	2	5

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq^{-1})						
Ingestion	f_1		Inhalation	$1 \mu\text{m}$		$5 \mu\text{m}$
All compounds	1.000	$1.3\text{E}-09$	All compounds	F	$4.4\text{E}-10$	$6.2\text{E}-10$
				M		
				S		
Highest dose organ	Kidneys	20 mSv $\text{ALI}_{\text{ingestion}}$	$1.5\text{E}+07$ (Bq)	20 mSv $\text{ALI}_{\text{inhalation}}$	$3.2\text{E}+07$ (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	$7\text{E}+05$	$7\text{E}+06$	$2\text{E}+06$	$2\text{E}+07$	$5\text{E}+08$

Lead - ^{210}Pb

 $^{210}\text{Pb}_{82}$

Half life: 22.2 years

Specific activity: $2.84\text{E}+12 \text{ Bq.g}^{-1}$ Decay to be considered: ^{210}Pb to ^{210}Po (pages 13, 165)

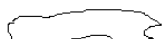
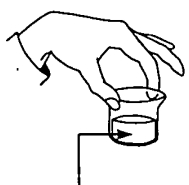
Risk group: 1

Risk colour: Red

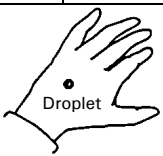
Main emissions (keV)						
	Gamma or X		Beta (Emax)		Electrons	
	E	%	E	%	E	%
E1	13	25	17	80	30	58
E2	47	4	63	20	43	13
E3					46	4
% omitted	0		0		0	

Exemption levels	
Quantity (Bq)	1E+04
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	1E+0
IAEA ST1 A2 value	5E-2

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
0.00E+0	10 cm 0.0E+00			
	1 m 0.0E+00			
Gammas, X rays (deep tissue dose)	Photons (skin)	100 cm		
7.23E-6	10 cm 9.4E-04	5.34E-7	1.69E-3	8.95E-3
	1 m 3.7E-04			
	Photons (deep dose)			
	10 cm 4.3E-05			
	1 m 2.1E-05			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 8.38E-3	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 4.00E-3	Alpha	5E-1
	Beta	Fixed contamination
	Gamma	5E+1
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		0.1
Plastic		0.1
Gamma and X rays (half and tenth value thickness)		
	1/2	1/10
Lead	< 1	< 1
Steel	< 1	1

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 μm	5 μm
All compounds	0.200	6.8E-07	All compounds	F 8.9E-07	1.1E-06
				M	
				S	
Highest dose organ	Bone surfaces	20 mSv ALI _{ingestion}	2.9E+04 (Bq)	20 mSv ALI _{inhalation}	1.8E+04 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+03	5E+04	2E+04	2E+05	2E+07

Lead - 214

 $^{214}\text{Pb}_{82}$

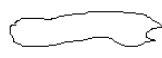
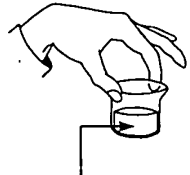
Half life: 26.8 minutes
Specific activity: $1.21\text{E}+18 \text{ Bq.g}^{-1}$

Risk group: 2
Risk colour: Orange

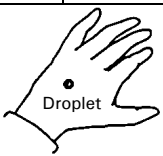
Main emissions (keV)						
	Gamma or X		Beta (Emax)		Electrons	Alpha
	E	%	E	%	E	%
E1	295	19	672	48	205	7
E2	352	37	729	42	261	9
E3	786	1	1024	6	335	2
% omitted	47		3		42	

Exemption levels	
Quantity (Bq)	-
Concentration (Bq.g ⁻¹)	-

Transport (TBq)	
IAEA ST1 A1 value	-
IAEA ST1 A2 value	-

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)					
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe	
					
Betas, electrons (skin dose)	Betas, electrons (skin)				
10 cm	1.4E-01				
1 m	2.2E-03				
	Photons (skin)				
10 cm	3.6E-03				
1 m	2.6E-03				
Gammas, X rays (deep tissue dose)	Photons (deep dose)				
10 cm	2.1E-03				
1 m	2.4E-03				
1.7E-01		100 cm	4.4E-05	1.5E-01	1.5E+00
4.8E-04					

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²)	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq)	Alpha	4E+01
	Beta	Fixed contamination
	Gamma	1E+02
	X rays	
		
		

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		1.9
Plastic		3.3
Gamma and X rays (half and tenth value thickness)		
	1/2	1/10
Lead	9	21
Steel	37	73

INTERNAL EXPOSURE FOR WORKERS							
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)							
Ingestion		f ₁	Inhalation		1 μm	5 μm	
All compounds		0.200	1.4E-10	All compounds	F	2.9E-09	4.8E-09
					M		
					S		
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	1.4E+08 (Bq)	20 mSv ALI _{inhalation}	4.2E+06 (Bq)		

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	3E+05	3E+06	1E+06	1E+07	1E+09

Bismuth - 207 **$^{207}\text{Bi}_{83}$**

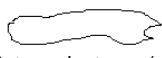
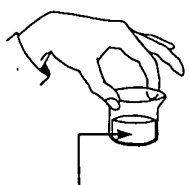
Half life: 32.8 years
 Specific activity: $1.95\text{E}+12 \text{ Bq.g}^{-1}$

Risk group: 3
 Risk colour: Yellow

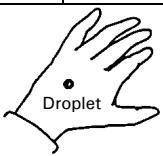
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
	E	%	E	%
E1	570	98		
E2	1064	75		
E3	1770	7		
% omitted		89		

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	0.7
IAEA ST1 A2 value	0.7

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
9.5E-03	10 cm 1.7E-02 1 m 0.0E+00			
Gammas, X rays (deep tissue dose)	Photons (skin)	100 cm		
2.6E-03	10 cm 1.2E-02 1 m 7.7E-03	2.3E-04	6.7E-01	8.3E+00
	Photons (deep dose)			
	10 cm 1.0E-02 1 m 6.8E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.1E-01	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.7E-01	Alpha	2E+01
	Beta ++	Fixed contamination
	Gamma ++	2E+01
	X rays	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		1.8
Plastic		3.1
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	10	36
Steel	30	77

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion	f ₁		Inhalation	1 µm	5 µm	
All compounds	0.050	1.3E-09	Bismuth nitrate	F	5.2E-10	8.4E-10
			All unspec. compounds	M	5.2E-09	3.2E-09
				S		
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	1.5E+07 (Bq)	20 mSv ALI _{inhalation}	3.8E+06 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	5E+05	5E+06	2E+06	2E+07	2E+09

Bismuth - 210

 $^{210}\text{Bi}_{83}$

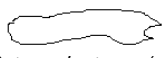
Half life: 5.01 days
Specific activity: $4.60\text{E}+15 \text{ Bq.g}^{-1}$

Risk group: 3
Risk colour: Yellow

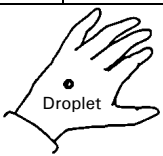
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1			1161	100		
E2						
E3						
% omitted			0			

Exemption levels	
Quantity (Bq)	1E+06
Concentration (Bq.g ⁻¹)	1E+03

Transport (TBq)	
IAEA ST1 A1 value	1
IAEA ST1 A2 value	0.6

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
1.2E-01	10 cm 1.1E-01 1 m 1.6E-02			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
0.0E+00	10 cm 0.0E+00 1 m 0.0E+00	Brem. Rad.	Brem. Rad.	4.1E+00
	<i>Photons (deep dose)</i>			
	10 cm 0.0E+00 1 m 0.0E+00			

The values above do not include Bremsstrahlung radiation. Brem. Rad. indicates that it may be significant.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.7E+00	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.0E+00	Alpha	9E+00
	Beta + +	Fixed contamination
	Gamma	8E+02
	X rays	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		2.2
Plastic		3.8
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	< 1
Steel	< 1	< 1

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f₁		Inhalation	1 µm	5 µm
All compounds	0.050	1.3E-09	Bismuth nitrate	F 1.1E-09	1.4E-09
			All unspec. compounds	M 8.4E-08	6.0E-08
				S	
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	1.5E+07 (Bq)	20 mSv ALI _{inhalation}	2.4E+05 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	7E+04	7E+05	2E+05	2E+06	2E+08

Bismuth - 214 **$^{214}\text{Bi}_{83}$**

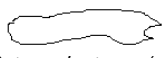
Half life: 19.83 minutes
 Specific activity: $1.64\text{E}+18 \text{ Bq.g}^{-1}$

Risk group: 3
 Risk colour: Yellow

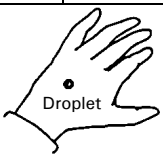
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	610	46	1540	18	592	< 1
E2	1764	16	1892	8	1027	< 1
E3	2205	5	3270	17	1323	< 1
% omitted		54		57		1

Exemption levels	
Quantity (Bq)	-
Concentration (Bq.g^{-1})	-

Transport (TBq)	
IAEA ST1 A1 value	-
IAEA ST1 A2 value	-

EXTERNAL EXPOSURE (mSv.h^{-1}) for an activity of 1 MBq or 1 MBq.m^{-2} (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
8.3E-02	10 cm 1.2E-01 1 m 3.5E-02			
	Photons (skin)			
	10 cm 1.2E-02 1 m 8.3E-03			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
2.3E-03	10 cm 1.1E-02 1 m 7.9E-03	2.4E-04	8.6E-01	2.6E+01

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h^{-1})	Detection	Derived limits (Bq.cm^{-2})
Uniform deposit (1 kBq.cm^{-2}) 2.3E+00	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.2E+00	Alpha	4E-9
	Beta ++	Fixed contamination
	Gamma ++	4E-7
	X rays	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	8.9	
Plastic	14.3	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	27	68
Steel	43	101

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq^{-1})					
Ingestion	f_1		Inhalation	$1 \mu\text{m}$	$5 \mu\text{m}$
All compounds	0.050	1.1E-10	Bismuth nitrate	F 7.2E-09	1.2E-08
			All unspec. compounds	M 1.4E-08	2.1E-08
				S	
Highest dose organ	Lungs	20 mSv $\text{ALI}_{\text{ingestion}}$	1.8E+08 (Bq)	20 mSv $\text{ALI}_{\text{inhalation}}$	9.5E+05 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	3E+05	3E+06	1E+06	1E+07	1E+09

Polonium - 210

 $^{210}\text{Po}_{84}$

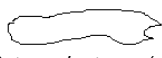
Half life: 138.4 days
Specific activity: $1.66\text{E}+14 \text{ Bq.g}^{-1}$

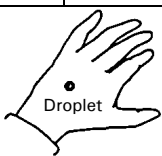
Risk group: 1
Risk colour: Red

Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	803	< 1			5304	100
E2						
E3						
% omitted		0				0

Exemption levels	
Quantity (Bq)	1E+04
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	4E+1
IAEA ST1 A2 value	2E-2

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
10 cm	0.0E+00			
1 m	0.0E+00			
<i>Photons (skin)</i>	<i>Photons (skin)</i>			
10 cm	5.7E-08			
1 m	3.7E-08			
<i>Photons (deep tissue dose)</i>	<i>Photons (deep tissue dose)</i>			
10 cm	5.3E-08			
1 m	3.4E-08			
<i>Gammas, X rays (deep tissue dose)</i>				
1.51E-8		1.30E-9	4.70E-6	2.23E-5

CONTAMINATION			
Contamination skin dose (mSv.h⁻¹)		Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²)	6.90E-7		
0.05 ml droplet (1 kBq)	0.00E+0	Recommended probes*	Removable contamination
			3E-1
Uniform deposit	Droplet		Fixed contamination
			3E+1
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique			

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		-
Plastic		-
Gamma and X rays (half and tenth value thickness)		
	1/2	1/10
Lead	11	31
Steel	31	78

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁		Inhalation	1 μm	5 μm
All compounds	0.100	2.4E-07		F	
				M	
				S	
Highest dose organ	Whole body	20 mSv ALL _{ingestion}	8.3E+04 (Bq)	20 mSv ALL _{inhalation}	6.7E+03 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
Subject to external exposure requirements which may be more restrictive						
PHYSICOCHEMICAL STATE	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	2E+03	2E+04	7E+03	7E+04	7E+06

Radium - 226^{II}

²²⁶Ra₈₈

Half life: 1600 years

Specific activity: 3.66E+10 Bq.g⁻¹ Decay to be considered: ²²⁶Ra to ²¹⁰Po (pages 13, 165)

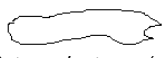
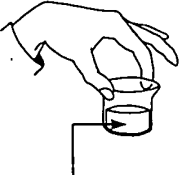
Risk group: 1

Risk colour: Red

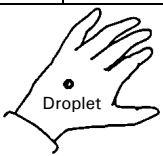
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	186	3		
E2				
E3				
% omitted	1		2	< 1

Exemption levels	
Quantity (Bq)	1E+04
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	0.2
IAEA ST1 A2 value	0.003

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
6.3E-05	10 cm 1.1E-03 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
1.3E-05	10 cm 6.8E-05 1 m 3.6E-05	1.2E-06	4.0E-03	2.6E-02
	<i>Photons (deep dose)</i>			
	10 cm 4.3E-05 1 m 2.6E-05			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 4.8E-02	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 8.8E-03	Alpha ++	2E-01
	Beta	Fixed contamination
	Gamma	2E+01
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	< 0.1	
Plastic	< 0.1	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	2
Steel	11	30

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion		f ₁	Inhalation		1 µm	5 µm
All compounds		0.200	2.8E-07		F	
					M	3.2E-06
					S	2.2E-06
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	7.1E+04 (Bq)	20 mSv ALI _{inhalation}	6.3E+03 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	2E+03	2E+04	6E+03	6E+04	6E+06

Thorium - 231

 $^{231}\text{Th}_{90}$

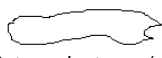
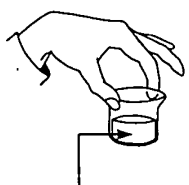
Half life: 25.5 hours
Specific activity: $1.97\text{E}+16 \text{ Bq.g}^{-1}$

Risk group: 4
Risk colour: Green

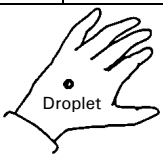
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	13	71	206	15
E2	84	6	288	41
E3	163	< 1	305	35
% omitted	20		14	220

Exemption levels	
Quantity (Bq)	$1\text{E}+07$
Concentration (Bq.g^{-1})	$1\text{E}+03$

Transport (TBq)	
IAEA ST1 A1 value	40
IAEA ST1 A2 value	0.02

EXTERNAL EXPOSURE (mSv.h^{-1}) for an activity of 1 MBq or 1 MBq.m^{-2} (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
0.0E+00	10 cm 1.6E-02 1 m 0.0E+00			
	Photons (skin)			
	10 cm 2.1E-03 1 m 9.4E-04			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
1.7E-04	10 cm 5.5E-04 1 m 3.2E-04	3.4E-06	1.1E-02	6.3E-01

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h^{-1})	Detection	Derived limits (Bq.cm^{-2})
Uniform deposit (1 kBq.cm^{-2}) 9.4E-01	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.5E-01	Alpha	2E+02
	Beta + +	Fixed contamination
	Gamma	2E+03
	X rays +	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	< 0.1	
Plastic	< 0.1	
Gamma and X rays (half and tenth value thickness)		
	$\frac{1}{2}$	$\frac{1}{10}$
Lead	< 1	2
Steel	1	11

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq^{-1})				
Ingestion	f_1	Inhalation	1 μm	5 μm
All unspec. compounds	5.0E-04	F		
Oxid. & hydrox.	2.0E-04	M	2.9E-10	3.7E-10
		S	3.2E-10	4.0E-10
Highest dose organ	Lower large intestine	20 mSv $\text{ALI}_{\text{ingestion}}$	5.9E+07 (Bq)	20 mSv $\text{ALI}_{\text{inhalation}}$
			5.0E+07 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	2E+07	2E+08	5E+07	5E+08	5E+09

Thorium - 234

²³⁴Th₉₀

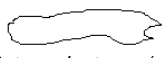
Half life: 24.1 days
Specific activity: 8.56E+14 Bq.g⁻¹

Risk group: 2
Risk colour: Orange

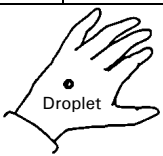
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	13	10	76	2	72	12
E2	63	4	96	25	87	3
E3	92	5	189	73	91	1
% omitted	< 1		0		18	

Exemption levels	
Quantity (Bq)	1E+05
Concentration (Bq.g ⁻¹)	1E+03

Transport (TBq)	
IAEA ST1 A1 value	0.3
IAEA ST1 A2 value	0.3

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
0.0E+00	10 cm 5.0E-06 1 m 0.0E+00			
	Photons (skin)			
	10 cm 3.1E-04 1 m 1.4E-04			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
3.2E-05	10 cm 1.1E-04 1 m 6.4E-05	1.6E-06	5.5E-03	9.8E-02

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 3.5E-01	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 3.2E-02	Alpha	7E+01
	Beta ++	Fixed contamination
	Gamma	3E+03
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	< 0.1	
Plastic	< 0.1	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	1
Steel	8	18

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁	Inhalation	1 µm	5 µm	
All unspec. compounds	5.0E-04		F		
Oxid. & hydrox.	2.0E-04		M	6.3E-09	5.3E-09
			S	7.3E-09	5.8E-09
Highest dose organ	Lungs	20 mSv ALL _{ingestion}	5.9E+06 (Bq)	20 mSv ALL _{inhalation}	2.7E+06 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	8E+05	8E+06	3E+06	3E+07	3E+09

Protactinium - 234

²³⁴Pa₉₁

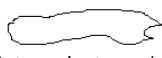
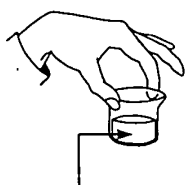
Half life: 6.7 hours
Specific activity: 7.39E+16 Bq.g⁻¹

Risk group: 2
Risk colour: Orange

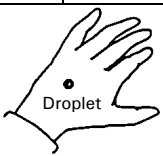
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	569	11	690	35	95	29
E2	946	12	711	20	99	35
E3	1690	13	1238	6	454	2
% omitted	417		39		252	

Exemption levels	
Quantity (Bq)	-
Concentration (Bq.g ⁻¹)	-

Transport (TBq)	
IAEA ST1 A1 value	-
IAEA ST1 A2 value	-

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
8.4E-02	10 cm 1.4E-01 1 m 5.4E-02			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
3.6E-03	10 cm 2.0E-02 1 m 1.4E-02	3.9E-04	1.1E+00	4.2E+01
	<i>Photons (deep dose)</i>			
	10 cm 1.8E-02 1 m 1.3E-02			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 5.4E+00	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.3E+00	Alpha	1E+01
	Beta ++	Fixed contamination
	Gamma ++	2E+01
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		2.5
Plastic		4.2
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	28	61
Steel	48	97

INTERNAL EXPOSURE FOR WORKERS					
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)					
Ingestion	f ₁	Inhalation	1 µm	5 µm	
All compounds	5.0E-04		F		
		All unspec. compounds	M	3.8E-10	5.5E-10
		Oxid.& hydrox.	S	4.0E-10	5.8E-10
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	3.9E+07 (Bq)	20 mSv ALI _{inhalation}	3.4E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	8E+05	8E+06	3E+06	3E+07	3E+09

Protactinium - 234m

 $^{234m}\text{Pa}_{91}$

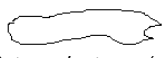
Half life: 1.17 minutes
Specific activity: $2.54\text{E}+19 \text{ Bq.g}^{-1}$

Risk group: 2
Risk colour: Orange

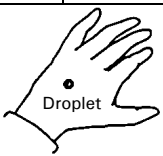
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	1001	<1	1236	<1
E2			1471	<1
E3			2281	99
% omitted	1		<1	1

Exemption levels	
Quantity (Bq)	-
Concentration (Bq.g ⁻¹)	-

Transport (TBq)	
IAEA ST1 A1 value	-
IAEA ST1 A2 value	-

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
1.1E-01	10 cm 1.4E-01 1 m 5.6E-02			
	Photons (skin)			
	10 cm 9.1E-05 1 m 5.7E-05			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
2.0E-05	10 cm 7.6E-05 1 m 5.0E-05	2.9E-05	6.0E-02	4.0E+01

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.4E+00	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.5E+00	Alpha	-
	Beta ++	Fixed contamination
	Gamma	-
	X rays	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		5.5
Plastic		9.0
Gamma and X rays (half and tenth value thickness)		
	1/2	1/10
Lead	24	59
Steel	38	91

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁	Inhalation	1 μm	5 μm
-	-	-	F	-
-	-	-	M	-
-	-	-	S	-
Highest dose organ	-	20 mSv ALI _{ingestion}	-	(Bq) 20 mSv ALI _{inhalation}

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.01	6E+05	6E+06	2E+06	2E+07	2E+09

Uranium - 233

 $^{233}\text{U}_{92}$

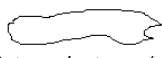
Half life: 1.59E+5 years
Specific activity: 3.57E+08 Bq.g⁻¹

Risk group: 1
Risk colour: Red

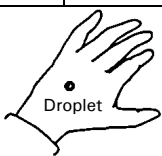
Main emissions (keV)							
	Gamma or X		Beta (Emax)	Electrons	Alpha		
	E	%	E	%	E	%	
E1	13	4		22	6	4729	2
E2	114	< 1		37	2	4783	13
E3				77	< 1	4824	84
% omitted	0			5		< 1	

Exemption levels	
Quantity (Bq)	1E+04
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	40
IAEA ST1 A2 value	-

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
10 cm 0.0E+00	10 cm 0.0E+00			
1 m 0.0E+00	1 m 0.0E+00			
	Photons (skin)			
	10 cm 1.0E-05			
	1 m 4.1E-06			
Gammas, X rays (deep tissue dose)	Photons (deep dose)			
5.9E-06	10 cm 1.3E-05	100 cm 4.3E-08	1.2E-04	4.1E-03
	1 m 5.3E-06			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION				SHIELDING (mm)		
Contamination skin dose (mSv.h ⁻¹)		Detection		Derived limits (Bq.cm ⁻²)		
Uniform deposit (1kBq.cm ⁻²)	0.0E+00	Recommended probes*		Removable contamination		
0.05 ml droplet (1 kBq)	0.0E+00	Alpha	++	1E-01		
		Beta		Fixed contamination		
		Gamma		1E+01		
		X rays				
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique				Betas and electrons (Total absorption)		
				Glass	<0.1	
				Plastic	<0.1	
				Gamma and X rays (half and tenth value thickness)		
					½	1/10
				Lead	< 1	< 1
				Steel	< 1	< 1

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion	f ₁		Inhalation	1 μm	5 μm	
All unspec. compounds	0.020	5.0E-08	Most hexava. comp. e.g. UF ₆ , UO ₂ F ₂	F	5.7E-07	6.6E-07
Most tetravalent comp., e.g. UO ₂ , U ₃ O ₈	0.002	8.5E-09	Less solub. comp., e.g. UO ₃ , UF ₄	M	3.2E-06	2.2E-06
			Highly insoluble comp. e.g. UO ₂ , U ₃ O ₈	S	8.7E-06	6.9E-06
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	4.0E+05 (Bq)	20 mSv ALI _{inhalation}	2.3E+03 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.001	7E+03	7E+04	2E+04	2E+05	2E+07

Uranium - 234

²³⁴U₉₂

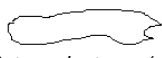
Half life: 2.44E+5 years
Specific activity: 2.32E+08 Bq.g⁻¹

Risk group: 1
Risk colour: Red

Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
	E	%	E	%
E1	13	10		
E2	53	< 1		
E3	121	< 1		
% omitted		0		

Exemption levels	
Quantity (Bq)	1E+04
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	40
IAEA ST1 A2 value	-

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
0.0E+00	10 cm 0.0E+00			
	1 m 0.0E+00			
	Photons (skin)			
	10 cm 2.7E-05			
	1 m 1.1E-05			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
1.5E-05	10 cm 3.2E-05	3.6E-08	8.0E-05	9.7E-03
	1 m 1.3E-05			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION			SHIELDING (mm)		
Contamination skin dose (mSv.h ⁻¹)		Detection	Derived limits (Bq.cm ⁻²)		
Uniform deposit (1kBq.cm ⁻²)	0.0E+00	Recommended probes*	Removable contamination		
0.05 ml droplet (1 kBq)	0.0E+00		Fixed contamination		
			1E-01		
			1E+01		
		Alpha	++		
		Beta			
		Gamma			
		X rays			
		Gamma and X rays (half and tenth value thickness)			
		1/2			
		1/10			
		Lead			
		Steel			

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion	f ₁		Inhalation	1 μm	5 μm	
All unspec. compounds	0.020	4.9E-08	Most hexava. comp. e.g. UF ₆ , UO ₂ F ₃	F	5.5E-07	6.4E-07
Most tetravalent comp., e.g. UO ₂ , U ₃ O ₈	0.002	8.3E-09	Less solub. comp., e.g. UO ₃ , UF ₅	M	3.1E-06	2.1E-06
			Highly insoluble comp. e.g. UO ₂ , U ₃ O ₈	S	8.5E-06	6.8E-06
Highest dose organ	Lungs	20 mSv ALL _{ingestion}	4.1E+05 (Bq)	20 mSv ALL _{inhalation}	2.4E+03 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.001	7E+03	7E+04	2E+04	2E+05	2E+07

Uranium - ^{235}U

 $^{235}\text{U}_{92}$

Half life: 7.04E+8 years

Specific activity: 8.00E+04 Bq.g⁻¹ Decay to be considered: ^{235}U to ^{211}Po (pages 13, 165)

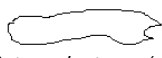
Risk group: 1

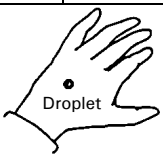
Risk colour: Red

Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	16	29			4365	17
E2	144	11			4400	55
E3	186	57			4599	5
% omitted		23.6				20.9

Exemption levels	
Quantity (Bq)	1E+04
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	Unlimited
IAEA ST1 A2 value	Unlimited

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.00E+0	10 cm 1.0E-03 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
3.28E-4	10 cm 2.9E-03 1 m 2.1E-03	2.67E-5	8.91E-2	4.05E-1
	<i>Photons (deep dose)</i>			
	10 cm 2.2E-03 1 m 1.8E-03			

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.78E-1	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 8.81E-3	Alpha ++	1E-1
	Beta ++	Fixed contamination
	Gamma ++	1E+1
	X rays ++	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		-
Plastic		-
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	2
Steel	12	29

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion	f₁		Inhalation		1 µm	5 µm
All unspec. compounds	0.020	4.6E-08	Most hexavalent compounds	F	5.1E-07	6.0E-07
Most tetravalent compounds	0.002	8.3E-09	Less solub. comp.; most hexav. comp.	M	2.8E-06	1.8E-06
			Highly insoluble compounds	S	7.7E-06	6.1E-06
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	4.3E+05 (Bq)	20 mSv ALI _{inhalation}	2.6E+03 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
UO ₂ U ₃ O ₈	0.001	8E+03	8E+04	3E+04	3E+05	3E+07
Other compounds	0.001	2E+04	2E+05	7E+04	7E+05	7E+07

Uranium - ^{238}U

 $^{238}\text{U}_{92}$

Half life: 4.47E+9 years

Specific activity: 1.24E+04 Bq.g⁻¹ Decay to be considered: ^{238}U to ^{210}Po (pages 13, 166)

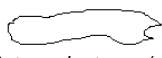
Risk group: 1

Risk colour: Red

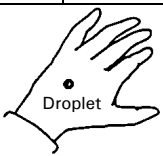
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	15	9			4039	< 1
E2	50	< 1			4147	23
E3					4196	77
% omitted	0					0

Exemption levels	
Quantity (Bq)	1E+04
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	Unlimited
IAEA ST1 A2 value	Unlimited

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.00E+0	10 cm 0.0E+00 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
1.25E-5	10 cm 2.3E-04 1 m 9.0E-05	2.40E-8	5.00E-5	2.29E-4
	<i>Photons (deep dose)</i>			
	10 cm 2.6E-05 1 m 1.0E-05			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.27E-3	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.38E-3	Alpha ++	1E-1
	Beta	Fixed contamination
	Gamma	1E+1
	X rays +	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		-
Plastic		-
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	< 1
Steel	< 1	< 1

INTERNAL EXPOSURE FOR WORKERS							
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)							
Ingestion		f _i	Inhalation		1 µm	5 µm	
All unspec. compounds		0.020	4.4E-08	Most hexavalent compounds	F	4.9E-07	5.8E-07
Most tetravalent compounds		0.002	7.6E-09	Less solub. comp., most hexav. comp.	M	2.6E-06	1.6E-06
				Highly insoluble compounds	S	7.3E-06	5.7E-06
Highest dose organ	Lungs		20 mSv ALI _{ingestion}	4.5E+05 (Bq)	20 mSv ALI _{inhalation}	2.7E+03 (Bq)	

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
UO ₂ U ₃ O ₈	0.001	8E+03	8E+04	3E+04	3E+05	3E+07

Neptunium - 239

 $^{239}\text{Np}_{93}$

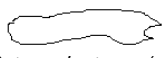
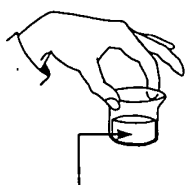
Half life: 2.35 days
Specific activity: $8.60\text{E}+15 \text{ Bq.g}^{-1}$

Risk group: 4
Risk colour: Green

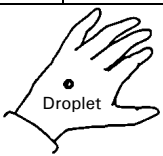
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
E1	14	62	330	35
E2	106	23	436	52
E3	334	2	714	4
% omitted		82		9
				204

Exemption levels	
Quantity (Bq)	1E+07
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	7
IAEA ST1 A2 value	4

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
Betas, electrons (skin dose)	Betas, electrons (skin)			
2.6E-02	10 cm 5.8E-02 1 m 0.0E+00			
	Photons (skin)			
	10 cm 3.8E-03 1 m 2.5E-03			
Gammas, X rays (deep tissue dose)	Photons (deep dose)	100 cm		
4.5E-04	10 cm 2.7E-03 1 m 2.1E-03	3.0E-05	1.0E-01	8.6E-01

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h ⁻¹)	Detection	Derived limits (Bq.cm ⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.6E+00	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 4.3E-01	Alpha	5E+01
	Beta ++	Fixed contamination
	Gamma	2E+02
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		1.1
Plastic		2.1
Gamma and X rays (half and tenth value thickness)		
	1/2	1/10
Lead	2	9
Steel	20	55

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁	Inhalation	1 μm	5 μm
All compounds	5.0E-04 8.0E-10		F	
		All compounds	M	9.0E-10 1.1E-09
			S	
Highest dose organ	Lungs	20 mSv ALI _{ingestion}	2.5E+07 (Bq)	20 mSv ALI _{inhalation} 1.8E+07 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.001	3E+06	3E+07	9E+06	9E+07	5E+09

Plutonium - 238

²³⁸Pu₉₄

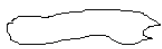
Half life: 87.7 years
Specific activity: 6.34E+11 Bq.g⁻¹

Risk group: 1
Risk colour: Red

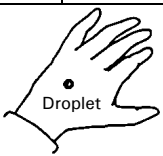
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	16	12			5456	29
E2	44	< 1			5499	71
E3	100	< 1				
% omitted		0				0

Exemption levels	
Quantity (Bq)	1E+04
Concentration (Bq.g ⁻¹)	1E+00

Transport (TBq)	
IAEA ST1 A1 value	1E+1
IAEA ST1 A2 value	1E-3

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
-	10 cm 0.0E+00			
	1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
2.04E-5	10 cm 2.8E-04	2.15E-8	2.16E-5	1.05E-4
	1 m 1.1E-04			
	<i>Photons (deep dose)</i>			
	10 cm 4.3E-05			
	1 m 1.7E-05			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 3.70E-3	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 0.0E+00	Alpha ++	4E-2
	Beta	Fixed contamination
	Gamma	4E+0
	X rays +	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		-
Plastic		-
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	
Steel	< 1	2

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁	Inhalation	1 µm	5 µm
All unspec. compounds	0.0005		F	
Nitrates	0.0001	All unspec. compounds	M	4.3E-05
Insoluble oxides	0.00001	Insoluble oxides	S	1.5E-05
				1.1E-05
Highest dose organ	Bone surfaces	20 mSv ALL_{ingestion}	8.7E+04 (Bq)	20 mSv ALL_{inhalation}
				4.7E+02 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds except below	0.001	Forbidden	2E+04	Forbidden	5E+04	5E+06
PuO ₂	0.001	Forbidden	4E+04	Forbidden	1E+05	1.3E+07

Plutonium - 239

²³⁹Pu₉₄

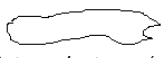
Half life: 2.41E+4 years
Specific activity: 2.30E+09 Bq.g⁻¹

Risk group: 1
Risk colour: Red

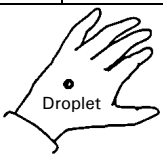
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	16	6			5105	11.7
E2	52	< 1			5143	15.1
E3	129	< 1			5156	73
% omitted		< 1				< 1

Exemption levels	
Quantity (Bq)	1E+04
Concentration (Bq.g ⁻¹)	1E+00

Transport (TBq)	
IAEA ST1 A1 value	1E+1
IAEA ST1 A2 value	1E-3

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.00E+0	10 cm 0.0E+00 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
7.87E-6	10 cm 1.1E-04 1 m 4.1E-05	1.57E-8	3.39E-5	1.52E-4
	<i>Photons (deep dose)</i>			
	10 cm 1.7E-05 1 m 6.6E-06			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.43E-3	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 9.19E-4	Alpha ++	4E-2
	Beta	Fixed contamination
	Gamma	4E+0
	X rays +	
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique		

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		-
Plastic		-
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	<1	<1
Steel	<1	<1

INTERNAL EXPOSURE FOR WORKERS											
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)											
Ingestion		f _i	Inhalation			1 µm	5 µm				
All unspec. compounds		0.0005	2.5E-07			F					
Nitrates		0.0001	5.3E-08	All unspec. compounds		M	4.7E-05	3.2E-05			
Insoluble oxides		0.00001	9.0E-09	Insoluble oxides		S	1.5E-05	8.3E-06			
Highest dose organ		Bone surface		20 mSv A	L _{ingestion}	8.0E + 04	(Bq)	20 mSv A	L _{inhalation}	4.3E + 02	(Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds except below	0.001	Forbidden	1E+04	Forbidden	4E+04	4E+06
PuO ₂	0.001	Forbidden	4E+04	Forbidden	1E+05	1E+07

Plutonium - 240

 $^{240}\text{Pu}_{94}$

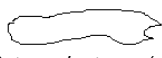
Half life: 6563 years
Specific activity: $8.40\text{E}+09 \text{ Bq.g}^{-1}$

Risk group: 1
Risk colour: Red

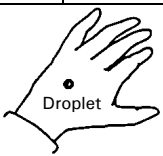
Main emissions (keV)				
	Gamma or X		Beta (Emax)	
	E	%	E	%
	E	%	E	%
E1	14	11		
E2	54	< 1		
E3				
% omitted	< 1		0	< 1

Exemption levels	
Quantity (Bq)	1E+03
Concentration (Bq.g ⁻¹)	1E+00

Transport (TBq)	
IAEA ST1 A1 value	10
IAEA ST1 A2 value	0.001

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.0E+00	10 cm 0.0E+00			
	1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
1.9E-05	10 cm 2.6E-04	2.1E-08	8.4E-05	7.9E-02
	1 m 1.0E-04			
	<i>Photons (deep dose)</i>			
	10 cm 4.1E-05			
	1 m 1.6E-05			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 0.0E+00	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 0.0E+00	Alpha ++	4E-02
	Beta	Fixed contamination
	Gamma	2E+00
	X rays	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	< 0.1	
Plastic	< 0.1	
Gamma and X rays (half and tenth value thickness)		
	$\frac{1}{2}$	$\frac{1}{10}$
Lead	< 1	< 1
Steel	< 1	< 1

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁	Inhalation	1 µm	5 µm
All unspec. compounds	5.0E-04		F	
Nitrates	1.0E-04		M	4.7E-05
Insoluble oxides	1.0E-05		S	1.5E-05
				8.3E-06
Highest dose organ	Bone surface	20 mSv ALL _{ingestion}	8.0E+04 (Bq)	20 mSv ALL _{inhalation}
				4.3E+02 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.001	Forbidden	1E+04	Forbidden	4E+04	4E+06

Plutonium - 241^{II}

²⁴¹Pu₉₄

Half life: 14.4 years

Specific activity: 3.81E+12 Bq.g⁻¹ ^{II}Decay to be considered: ²⁴¹Pu to ²⁰⁹Pb (pages 13, 166)

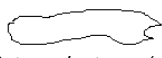
Risk group: 2

Risk colour: Orange

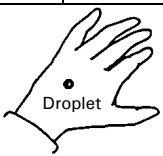
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1			21	100		
E2						
E3						
% omitted			0			

Exemption levels	
Quantity (Bq)	1E+05
Concentration (Bq.g ⁻¹)	1E+02

Transport (TBq)	
IAEA ST1 A1 value	40
IAEA ST1 A2 value	0.06

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.0E+00	10 cm 0.0E+00			
	1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
0.0E+00	10 cm 9.1E-06	0.0E+00	0.0E+00	0.0E+00
	1 m 4.9E-06			
	<i>Photons (deep dose)</i>			
	10 cm 4.8E-06			
	1 m 3.2E-06			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 0.0E+00	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 0.0E+00	Alpha	1E+00
	Beta	Fixed contamination
	Gamma	1E+02
	X rays	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	< 0.1	
Plastic	< 0.1	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	-	-
Steel	-	-

INTERNAL EXPOSURE FOR WORKERS						
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)						
Ingestion		f _i	Inhalation		1 μm	5 μm
All unspec. compounds		5.0E-04	4.7E-09		F	
Nitrates		1.0E-04	9.6E-10	All unspec. compounds	M	8.5E-07
Insoluble oxides		1.0E-05	1.1E-10	Insoluble oxides	S	1.6E-07
						8.4E-08
Highest dose organ	Bone surface	20 mSv ALI _{ingestion}	4.3E+06	(Bq)	20 mSv ALI _{inhalation}	2.4E+04
						(Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.001	7E+04	7E+05	2E+05	2E+06	2E+08

Americium - 241

²⁴¹Am₉₅

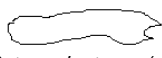
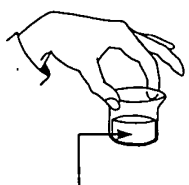
Half life: 432.7 years
 Specific activity: 1.27E+11 Bq.g⁻¹

Risk group: 1
 Risk colour: Red

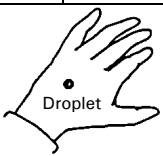
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	14	13			5388	1.4
E2	18	18			5443	12.8
E3	60	36			5486	85.2
% omitted		8.2				< 1

Exemption levels	
Quantity (Bq)	1E+04
Concentration (Bq.g ⁻¹)	1E+00

Transport (TBq)	
IAEA ST1 A1 value	1E+1
IAEA ST1 A2 value	1E-3

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.00E+0	10 cm 0.0E+00 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
1.49E-4	10 cm 1.2E-03 1 m 5.1E-04	5.65E-6	1.81E-2	8.80E-2
	<i>Photons (deep dose)</i>			
	10 cm 3.8E-04 1 m 1.9E-04			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 1.95E-2	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 6.05E-3	Alpha ++	4E-2
	Beta	Fixed contamination
	Gamma	4E+0
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		-
Plastic		-
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	< 1
Steel	1	3

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f ₁	Inhalation	1 µm	5 µm
All compounds	0.0005		F	
		All compounds	M	3.9E-05
			S	
Highest dose organ	Bone surfaces	20 mSv ALI _{ingestion}	1.0E+05 (Bq)	20 mSv ALI _{inhalation}
				5.1E+02 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.001	2E+03	2E+04	5E+03	5E+04	5E+06

Americium - 243^{II}

²⁴³Am₉₅

Half life: 7370 years

Specific activity: 7.39E+09 Bq.g⁻¹ "Decay to be considered: ²⁴³Am to ²¹¹Po (pages 13, 166)

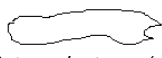
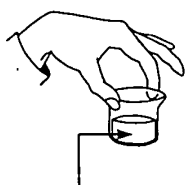
Risk group: 1

Risk colour: Red

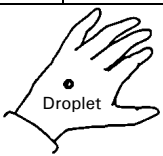
Main emissions (keV)							
	Gamma or X		Beta (Emax)	Electrons	Alpha		
	E	%	E	%	E	%	
E1	17	41		25	15	5181	1
E2	44	6		52	14	5234	11
E3	75	68		73	1	5276	88
% omitted		1		89		< 1	

Exemption levels	
Quantity (Bq)	1E+03
Concentration (Bq.g ⁻¹)	1E+00

Transport (TBq)	
IAEA ST1 A1 value	5
IAEA ST1 A2 value	0.001

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.0E+00	10 cm 6.3E-02 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
2.0E-04	10 cm 2.0E-03 1 m 1.3E-03	1.2E-05	3.4E-02	2.4E-01
	<i>Photons (deep dose)</i>			
	10 cm 1.3E-03 1 m 1.0E-03			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 4.7E-03	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 7.1E-05	Alpha ++	4E-02
	Beta	Fixed contamination
	Gamma	2E+00
	X rays ++	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass	< 0.1	
Plastic	0.1	
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	< 1
Steel	< 1	< 1

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f₁	Inhalation	1 μm	5 μm
All compounds	5.0E-04 2.0E-07		F	
		All compounds	M	3.9E-05 2.7E-05
			S	
Highest dose organ	Bone surface	20 mSv ALI_{ingestion}	1.0E+05 (Bq)	20 mSv ALI_{inhalation} 5.1E+02 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.001	Forbidden	2E+04	Forbidden	5E+04	5E+06

Curium - 244

 $^{244}\text{Cm}_{96}$

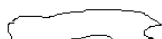
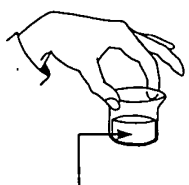
Half life: 18.1 years
 Specific activity: $3.00\text{E}+12 \text{ Bq.g}^{-1}$

Risk group: 1
 Risk colour: Red

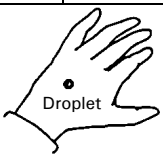
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	17	11			5763	23.6
E2	43	< 1			5805	76.4
E3						
% omitted	< 1				< 1	

Exemption levels	
Quantity (Bq)	1E+04
Concentration (Bq.g ⁻¹)	1E+01

Transport (TBq)	
IAEA ST1 A1 value	2E+1
IAEA ST1 A2 value	2E-3

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
<i>Betas, electrons (skin dose)</i>	<i>Betas, electrons (skin)</i>			
0.00E+0	10 cm 0.0E+00 1 m 0.0E+00			
<i>Gammas, X rays (deep tissue dose)</i>	<i>Photons (skin)</i>	100 cm		
2.26E-5	10 cm 2.2E-04 1 m 8.6E-05	2.05E-8	1.33E-5	6.37E-5
	<i>Photons (deep dose)</i>			
	10 cm 4.7E-05 1 m 1.9E-05			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION		
Contamination skin dose (mSv.h⁻¹)	Detection	Derived limits (Bq.cm⁻²)
Uniform deposit (1kBq.cm ⁻²) 2.24E-3	Recommended probes*	Removable contamination
0.05 ml droplet (1 kBq) 1.66E-3	Alpha ++	4E-2
	Beta	Fixed contamination
	Gamma	4E+0
	X rays +	

* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique

SHIELDING (mm)		
Betas and electrons (Total absorption)		
Glass		-
Plastic		-
Gamma and X rays (half and tenth value thickness)		
	½	1/10
Lead	< 1	< 1
Steel	1	3

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f₁	Inhalation	1 µm	5 µm
All compounds	0.0005		F	
		All compounds	M	2.5E-05
			S	
Highest dose organ	Bone surfaces	20 mSv ALI_{ingestion}	1.7E+05 (Bq)	20 mSv ALI_{inhalation}
				8.0E+02 (Bq)

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.001	Forbidden	2E+04	Forbidden	8E+04	8E+06

Californium - 252

²⁵²Cf₉₈

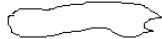
Half life: 2.65 years
Specific activity: 1.98E+13 Bq.g⁻¹

Risk group: 1
Risk colour: Red

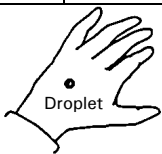
Main emissions (keV)						
	Gamma or X		Beta (Emax)	Electrons	Alpha	
	E	%	E	%	E	%
E1	18	7			6076	15.2
E2	43	< 1			6118	81.6
E3	100	< 1				
% omitted	< 1					< 1

Exemption levels	
Quantity (Bq)	1E + 04
Concentration (Bq.g ⁻¹)	1E + 01

Transport (TBq)	
IAEA ST1 A1 value	5E-2
IAEA ST1 A2 value	3E-3

EXTERNAL EXPOSURE (mSv.h ⁻¹) for an activity of 1 MBq or 1 MBq.m ⁻² (as appropriate)				
Point source (30 cm)	Infinite plane source	10 ml glass vial	Contact with 50 ml glass beaker	Contact with 5 ml plastic syringe
				
	<i>Neutrons (deep dose)</i>			
	10 cm			
	1 m			
	<i>Betas, electrons (skin dose)</i>			
	10 cm			
	1 m			
	<i>Photons (skin)</i>			
	10 cm			
	1 m			
	<i>Photons (deep dose)</i>			
	10 cm			
	1 m			

The values above do not include Bremsstrahlung radiation.

CONTAMINATION				SHIELDING (mm)			
Contamination skin dose (mSv.h ⁻¹)		Detection		Derived limits (Bq.cm ⁻²)		Betas and electrons (Total absorption)	
Uniform deposit (1kBq.cm ⁻²)	3.24E-3	Recommended probes*		Removable contamination	5E-2	Glass	-
0.05 ml droplet (1 kBq)	7.08E-4	Alpha	++			Plastic	-
		Beta		Fixed contamination	5E+0	Gamma and X rays (half and tenth value thickness)	
		Gamma					
		X rays	+				
* If no probes are indicated the recommended technique is to use a wipe test in association with a probe or liquid scintillation technique							

	½	1/10
Lead	< 1	< 1
Steel	2	5

INTERNAL EXPOSURE FOR WORKERS				
COMMITTED EFFECTIVE DOSE PER UNIT INTAKE (Sv.Bq ⁻¹)				
Ingestion	f _i	Inhalation	1 µm	5 µm
All compounds	0.0005		F	
		All compounds	M	1.8E-05
			S	
Highest dose organ Bone surfaces 20 mSv ALI_{ingestion} 2.2E+05 (Bq) 20 mSv ALI_{inhalation} 1.1E+03 (Bq)				

MAXIMUM RECOMMENDED ACTIVITIES IN LOW LEVEL OR INTERMEDIATE LEVEL LABORATORIES (Bq)						
PHYSICOCHEMICAL STATE	Subject to external exposure requirements which may be more restrictive					
	Volatility factor (k)	Supervised area		Controlled area		
		Bench	Fume hood	Bench	Fume hood	Glove box
All compounds	0.001	3E+03	3E+04	1E+04	1E+05	1E+07

APPENDIX – HEAVY ELEMENT DECAY

Pb-210 decay

Pb-210 to Po-210 (see pages 13 and 141)

Nuclide	Half-life	0.1 day	1 day	10 days	100 days	1 year	10 years	100 years
Pb-210	2.22E+1 yr	1.00E+00	1.00E+00	1.00E+00	1.00E+00	1.00E+00	1.00E+00	1.00E+00
Bi-210	5.01E+0 d	1.37E-02	1.29E-01	7.48E-01	1.00E+00	1.00E+00	1.00E+00	1.00E+00
Po-210	1.38E+2 d	3.44E-06	3.30E-04	2.52E-02	3.69E-01	8.43E-01	1.02E+00	1.02E+00

Ra-226 decay

Ra-226 to Po-210 (see pages 13 and 147)

Nuclide	Half-life	0.1 day	1 day	10 days	100 days	1 year	10 years	100 years
Ra-226	1.60E+3 yr	1.00E+00	1.00E+00	1.00E+00	1.00E+00	1.00E+00	1.00E+00	1.00E+00
Rn-222	3.82E+0 d	1.80E-03	1.65E-01	8.40E-01	1.00E+00	1.00E+00	1.00E+00	1.00E+00
Po-218	3.05E+0 min	1.74E-02	1.65E-01	8.40E-01	1.00E+00	1.00E+00	1.00E+00	1.00E+00
Pb-214	2.68E+1 min	1.27E-02	1.61E-01	8.30E-01	1.00E+00	1.00E+00	1.00E+00	1.00E+00
Bi-214	1.99E+1 min	9.46E-03	1.58E-01	8.30E-01	1.00E+00	1.00E+00	1.00E+00	1.00E+00
Po-214	1.64E-4 sec	9.46E-03	1.58E-01	8.30E-01	1.00E+00	1.00E+00	1.00E+00	1.00E+00
Pb-210	2.22E+1 yr	2.70E-08	6.60E-06	4.55E-04	8.01E-03	3.01E-02	2.66E-01	9.73E-01
Bi-210	5.01E+0 d	8.90E-11	2.84E-07	1.69E-04	7.40E-03	2.95E-02	2.66E-01	9.73E-01
Po-210	1.38E+2 d	8.40E-15	3.44E-10	2.40E-06	1.41E-03	1.57E-02	2.53E-01	9.73E-01

U-235 decay

U-235 to Po-211 (see pages 13 and 154)

Nuclide	Half-life	0.1 day	1 day	10 days	100 days	1 year	10 years	100 years
U-235	7.04E+8 yr	1.00E+00	1.00E+00	1.00E+00	1.00E+00	1.00E+00	1.00E+00	1.00E+00
Th-231	2.55E+1 hr	6.31E-02	4.78E-01	1.00E+00	1.00E+00	1.00E+00	1.00E+00	1.00E+00
Pa-231	3.28E+4 yr	1.84E-10	1.53E-08	4.90E-07	5.70E-06	2.10E-05	2.11E-04	2.11E-03
Ac-227	2.18E+1 yr	<E-10	<E-10	1.90E-10	2.44E-08	3.30E-07	3.03E-05	1.48E-03
Fr-223	2.18E+1 min	<E-10	<E-10	<E-10	3.36E-10	4.55E-09	4.18E-07	2.04E-05
Ra-223	1.14E+1 d	<E-10	<E-10	<E-10	2.42E-10	4.17E-09	4.15E-07	2.04E-05
Rn-219	3.96E+0 sec	<E-10	<E-10	<E-10	2.42E-10	4.17E-09	4.15E-07	2.04E-05
Po-215	1.78E-3 sec	<E-10	<E-10	<E-10	2.42E-10	4.17E-09	4.15E-07	2.04E-05
Pb-211	3.61E+1 min	<E-10	<E-10	<E-10	2.42E-10	4.17E-09	4.15E-07	2.04E-05
Bi-211	2.13E+0 min	<E-10	<E-10	<E-10	2.42E-10	4.17E-09	4.15E-07	2.04E-05
Tl-207	4.77E+0 min	<E-10	<E-10	<E-10	2.42E-10	4.15E-09	4.14E-07	2.03E-08
Po-211	5.16E-1 sec	<E-10	<E-10	<E-10	<E-10	<E-10	1.13E-09	5.6E-08
Th-227	1.87E+1 d	<E-10	<E-10	<E-10	1.44E-08	2.81E-07	2.95E-05	1.45E-03
Ra-223	1.14E+1 d	<E-10	<E-10	<E-10	9.76E-09	2.55E-07	2.93E-05	1.45E-03
Rn-219	3.96E+0 sec	<E-10	<E-10	<E-10	9.76E-09	2.55E-07	2.93E-05	1.45E-03
Po-215	1.78E-3 sec	<E-10	<E-10	<E-10	9.76E-09	2.55E-07	2.93E-05	1.45E-03
Pb-211	3.61E+1 min	<E-10	<E-10	<E-10	9.75E-09	2.55E-07	2.93E-05	1.45E-03
Bi-211	2.13E+0 min	<E-10	<E-10	<E-10	9.75E-09	2.55E-07	2.93E-05	1.45E-03
Tl-207	4.77E+0 min	<E-10	<E-10	<E-10	9.72E-09	2.55E-07	2.92E-05	1.45E-03
Po-211	5.16E-1 sec	<E-10	<E-10	<E-10	<E-10	6.97E-10	7.99E-08	3.97E-06

U-238 decay**U-238 to Po-210 (see pages 13 and 155)**

Nuclide	Half-life	0.1 day	1 day	10 days	100 days	1 year	10 years	100 years
U-238	4.47E+9 yr	1.00E+00	1.00E+00	1.00E+00	1.00E+00	1.00E+00	1.00E+00	1.00E+00
Th-234	2.41E+1 d	2.87E-03	2.83E-02	2.50E-01	9.44E-01	1.00E+00	1.00E+00	1.00E+00
Pa-234m	1.17E+0 min	2.83E-03	2.83E-02	2.50E-01	9.44E-01	1.00E+00	1.00E+00	1.00E+00
Pa-234	6.70E+0 hr	5.14E-07	2.87E-05	3.86E-04	1.50E-03	1.60E-03	1.60E-03	1.60E-03
U-234	2.44E+5 yr	<E-10	<E-10	<E-10	8.30E-10	4.10E-09	4.49E-08	4.3E-07
Th-230	7.7E+4 yr	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	2.0E-10
Ra-226	1.60E+3 yr	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Rn-222	3.82E+0 d	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Po-218	3.05E+0 min	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Pb-214	2.68E+1 min	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Bi-214	1.99E+1 min	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Po-214	1.64E-4 sec	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Pb-210	2.23E+1 yr	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Bi-210	5.0E+0 d	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Po-210	1.38E+2 d	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
U-234	2.44E+5 yr	<E-10	1.01E-08	1.01E-18	5.21E-07	2.56E-06	2.80E-05	2.83E-04
Th-230	7.7E+4 yr	<E-10	<E-10	<E-10	<E-10	<E-10	1.25E-09	1.27E-07
Ra-226	1.60E+3 yr	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	2.27E-10
Rn-222	3.82E+0 d	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	1.81E-09
Po-218	3.05E+0 min	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	1.81E-09
Pb-214	2.68E+1 min	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	1.81E-09
Bi-214	1.99E+1 min	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	1.81E-09
Po-214	1.64E-4 sec	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	1.81E-09
Pb-210	2.23E+1 yr	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	8.44E-10
Bi-210	5.01E+0 d	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	8.44E-10
Po-210	1.38E+2 d	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	8.28E-10

Pu-241 decay**Pu-241 to Pb-209 (see pages 13 and 160)**

Nuclide	Half-life	0.1 day	1 day	10 days	100 days	1 year	10 years	100 years
Pu-241	1.44E+1 yr	1.00E+00	1.00E+00	1.00E+00	1.00E+00	1.00E+00	1.00E+00	1.00E+00
Am-241	4.32E+2 yr	4.39E-07	4.39E-06	4.39E-05	4.48E-04	1.64E-03	2.04E-02	3.58E+00
Np-237	2.14E+6 yr	<E-10	<E-10	<E-10	<E-10	2.69E-10	3.58E-08	9.85E-05
Pa-233	2.70E+1 d	<E-10	<E-10	<E-10	<E-10	2.17E-10	3.51E-08	9.85E-05
U-233	1.59E+5 yr	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	1.85E-08
Th-229	7.34E+3 yr	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Ra-225	1.48E+1 d	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Ac-225	1.00E+1 d	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Fr-221	4.8E+0 min	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
At-217	3.23E-2 sec	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Bi-213	4.56E+1 min	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Tl-209	2.20 E+0 min	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Pb-209	3.24E+0 hr	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Po-213	4.20E-6 sec	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Pb-209	3.25E+0 hr	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
U-237	6.75E+6	2.50E-07	2.39E-06	1.57E-05	2.48E-05	2.46E-05	2.45E-05	2.45E-05
Np-237	2.14E+6 yr	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	2.00E-08
Pa-233	2.70E+1 d	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	2.00E-08
U-233	1.59E+5 yr	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Th-229	7.34E+3 yr	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Ra-225	1.48E+1 d	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10

Continued

RADIONUCLIDE AND RADIATION PROTECTION DATA (2002)

Pu-241 decay (*Continued*)

Ac-225	1.00E+1 d	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Fr-221	4.8E+0 min	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
At-217	3.23E-2 sec	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Bi-213	4.56E+1 min	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Tl-209	2.20 E+0 min	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Pb-209	3.24E+0 hr	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Po-213	4.20E-6 sec	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Pb-209	3.25E+0 hr	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10

Am-243 decay

Am-243 to Po-211 (see pages 13 and 162)

Nuclide	Half-life	0.1 day	1 day	10 days	100 days	1 year	10 years	100 years
Am-243	7.38E+3 yr	1.00E+00	1.00E+00	1.00E+00	1.00E+00	1.00E+00	1.00E+00	1.00E+00
Np-239	2.35E+0 d	2.90E-02	2.55E-01	9.47E-01	1.00E+00	1.00E+00	1.00E+00	1.00E+00
Pu-239	2.41E+4 yr	1.14E-10	1.05E-08	5.33E-07	7.60E-06	2.84E-05	2.87E-04	2.88E-03
U-235	7.04E+8 yr	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	1.42E-10
Th-231	2.55E+1 hr	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	1.42E-10
Pa-231	3.28E+4 yr	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Ac-227	2.18E+1 yr	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Fr-223	2.18E+1 min	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Ra-223	1.14E+1 d	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Rn-219	3.96E+0 sec	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Po-215	1.78E-3 sec	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Pb-211	3.61E+1 min	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Bi-211	2.13E+0 min	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Tl-207	4.77E+0 min	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Po-211	5.16E-1 sec	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Th-227	1.87E+1 d	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Ra-223	1.14E+1 d	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Rn-219	3.96E+0 sec	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Po-215	1.78E-3 sec	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Pb-211	3.61E+1 min	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Bi-211	2.13E+0 min	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Tl-207	4.77E+0 min	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10
Po-211	5.16E-1 sec	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10	<E-10

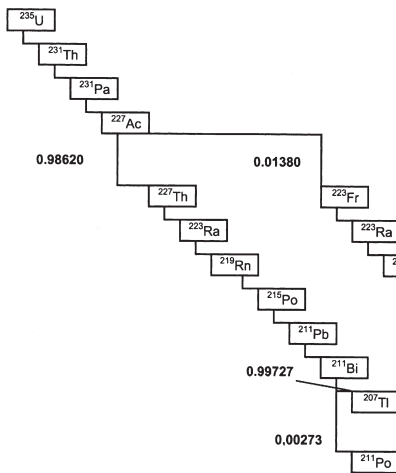
Note:

The above tables for U-235, U-238, Pu-241 and Am-243 should be read in conjunction with the corresponding decay chains shown overleaf. These chains clearly show the branching in the decay chains, clarifying the lines apparently repeated in the tables.

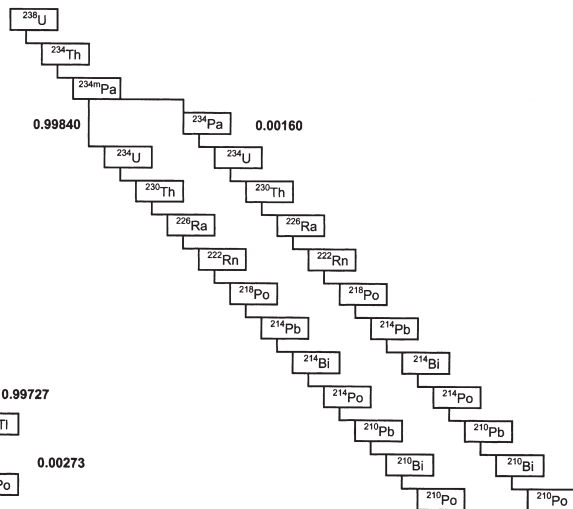
REFERENCE

1. RadDecay for Windows Version 1.13. Grove Engineering (Maryland) 1996.

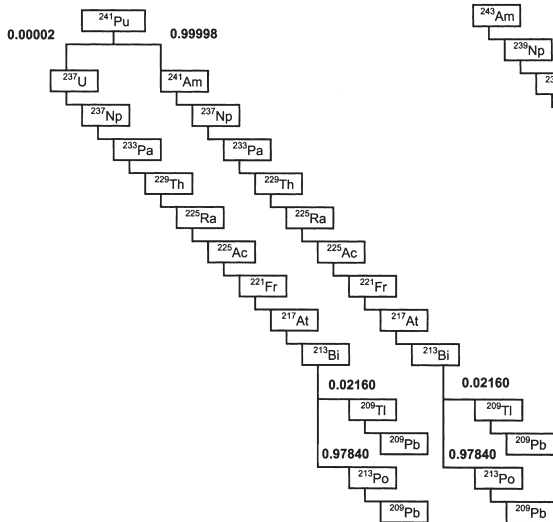
U-235 Decay Chain



U-238 Decay Chain



Pu-241 Decay Chain



Am-243 Decay Chain

