

Unconscious Bias Awareness –

How to Recognize what we don't Realize

An exclusive workshop for IRTG (1901) The Brain in Action – BrainAct

Date: October 10, 2022, 9:00 am–5 pm

Venue: Justus-Liebig-Universität Gießen GCSC - International Graduate Centre
Otto-Behaghel-Str. 12, 35394 Gießen – Conference Room in the ground floor

Trainer: Dirk Bansch, www.akww.de

Most of us probably think that we are quite rational beings, but we are all influenced by biases that are often outside our conscious awareness. Unconscious biases are systematic patterns of deviation from rationality that affect the way we search for, evaluate, interpret, judge, use and remember information, as well as the way we make decisions.

In this highly interactive workshop, we will explore

- Where biases come from.
- What the differences are between biases and prejudices.
- What my biases say about me.
- Whether all people have biases.
- How I can test myself for biases.

We will learn about

- What impact unconscious biases have on individuals and organizations.
- What the benefits of a more diverse, inclusive and bias-aware workplace are.
- Examples of biased behaviors, micro indignities, unearned privilege and systemic bias
- How we should challenge such behaviors without blaming or attacking others.

Target group

The workshops will be held in English and can be attended by a maximum of 15 participants. This is an exclusive workshop for members of the IRTG The Brain in Action – BrainAct.

The trainer

Dirk Bansch is an expert speaker and coach on Emotional Intelligence and Behavioral Change. He is working internationally with organizations and individuals and his seminars and coaching sessions are designed to give participants a higher level of flexibility, personal responsibility and more self-confidence.