







Project and Self Management

Effectively Plan and Manage your PhD and other Research Projects

An exclusive workshop for IRTG (1901) The Brain in Action - BrainAct

Date: November 30, 2017, 10 am-6:00 pm, and December 1, 2017, 9 am-5:00 pm **Venue**: Universitätshauptgebäude der JLU Gießen, room 315, Ludwigstraße 23, Gießen

Trainer: Dr. Sandra Dierig

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Application of project management tools is a critical success factor for PhD and other research projects. Nowadays, project management skills rank among the core competencies for a carrier in academics or industry. In your present situation as a PhD student, you might face some of the following questions:

- How can I plan my PhD project (especially, when things change continuously)? Which parts are plannable? How long do I plan ahead? How detailed do I plan? How flexible is my plan?
- What do I do to adhere or stick to my plan? How do I check my progress? What, if my plan turns out to be unrealistic? What, if everything takes longer than planned? Or when my project gets bigger and bigger?
- How do I deal with problems or setbacks? How can I motivate myself in difficult phases? What can I expect from my supervisor or professor and how do I improve our cooperation?
- What are my biggest time eaters during my work? How can I enhance my progress and concentrate on my project?

Workshop goals

In this workshop, you will obtain a general understanding of the project management methodology and learn how to apply simple techniques for research project management on your PhD project. Hereby trainer inputs and active team sessions will alternate. The content of the workshop will be adjusted to match the needs and requirements of the trainees. After the workshop you will be able to define the scope and aim of your PhD project and you develop a realistic time schedule for your work.

Target group

The workshop will be held in English and can be attended by a maximum of 15 participants. This is an exclusive workshop for members of the IRTG The Brain in Action - BrainAct.

The trainer

Dr. Sandra Dierig is a management trainer and consultant in the field of project management. She trains and coaches project teams and project leaders, and consults companies in how to improve the company wide project management approach. Her seminars for PhD students, postdocs and professors are adjusted to the academic environment and capture the challenges of scientists.