

Curriculum Vitae

Personal Data

Title	Prof. Dr. rer. nat. habil., Dipl.-Psych.
First name	Julia
Name	Martini
Current position	Professor
Current institution(s)/ site(s), country	Department of Psychiatry and Psychotherapy, Faculty of Medicine, UKD, Technische Universität Dresden (TUD), Germany
Identifiers/ORCID	0000-0002-9524-8257

Qualifications and Career

Stages	Periods and Details	
Degree programme	2000–2005	Diploma Psychology, TUD, Germany
Doctorate	2011	Dissertation, Clinical Psychology and Psychotherapy: “Mental disorders in women and family transmission with particular focus on anxiety disorders”, Faculty of Science, TUD, Germany
Postdoctoral qualification/ Habilitation	2023	Habilitation in Psychiatry and Psychotherapy: “Peripartum anxiety and depressive disorders: Risk factors, course and implications for mother and child” Faculty of Medicine, TUD, Germany
Stages of academic/ professional career	2023–present	Associate Professor, Department of Psychiatry and Psychotherapy, TUD, Germany
	2015–present	Head of work group “Psychosocial research in pediatric oncology Dresden - Leipzig”, TUD & Universität Leipzig
	2015–2016	Head of the Outpatient Clinic for Families, Department of Child and Adolescent Psychiatry, TUD, Germany
	2015–2023	Junior Professor for Psychiatric Diagnostics & Intervention, Department of Psychiatry and Psychotherapy, TUD, Germany
	2012	Board Certificate, Cognitive Behavioral Psychotherapy, TUD, Germany
	2009–present	Head of work group “Maternal and Infant Health”, TUD, Germany
	2005–2015	Research and Teaching Assistant and Postdoctoral Researcher, Department of Psychology, TUD, Germany
	2006–2012	Postgraduate Psychotherapy Training in Cognitive Behavioral Psychotherapy, TUD, Germany

Engagement in the Research System

since 2024	Teaching Coordinator "Psychiatry and Psychotherapy", Faculty of Medicine, TUD
since 2022	Steering Committee, Scientific Coordinator and Equal Opportunities Officer, International Research Training Group 2773 (DFG), TUD and King's College London
since 2019	Equal Opportunities Officer School of Medicine, TUD
2016	Founding member of the PSAPOH Research Division
since 2008	Journal Reviewer, e.g. Archives of Women's Mental Health, British Medical Journal, Development and Psychopathology, European Child and Adolescent Psychiatry, European Journal of Pediatrics, International Journal of Bipolar Disorders, International Journal of Women's Health, Journal of Affective Disorders, Journal of Psychiatric Research, Journal of Women's Health, Social Psychiatry and Psychiatric Epidemiology, Social Science and Medicine, World Journal of Biological Psychiatry
present	Member of Deutsche Gesellschaft für Bipolare Störungen (DGBS), Deutsche Gesellschaft für Psychologie (DGPs), Deutscher Hochschulverband (DHV), Deutsche Gesellschaft für Kinder- und Jugendpsychiatrie, Psychosomatik und Psychotherapie (DGKJP), International Marcé Society for Psychiatric Disorders of Childbearing, Ostdeutsche Psychotherapeutenkammer (OPK), Psychosozialen Arbeitsgemeinschaft in der Pädiatrischen Onkologie und Hämatologie (PSAPOH) der Gesellschaft für Pädiatrische Onkologie und Hämatologie (GPOH)

Editorial board memberships

present	International Journal of Bipolar Disorders, Journal of Reproductive and Infant Psychology, Frontiers in Psychiatry, Frontiers in Public Health
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Supervision of Researchers in Early Career Phases

- Regular teaching and training for national and international undergraduate, graduate and postgraduate students of psychology, educational science and medicine, offering lectures, practical courses, lab visits and seminars in Psychiatry and Psychotherapy and Clinical Psychology and Psychotherapy in children, adolescents and adults. Personal supervision of >10 PhD and >30 Diploma/BSc/MSc students.

Scientific Results

Contributions:¹Conceptualization/Methodology, ²Analysis, ³Investigation, ⁴Funding Acquisition, ⁵Writing

Category A (10 selected publications out of 63)

Martini J^{1,2,3,4,5}, Soltmann B*, Herzog K, Hautzinger M, **Bauer M**, **Pfennig A**: Evidence-based inpatient psychotherapy of bipolar disorders. *Nervenarzt* 2023; 94(3):198-205. DOI: 10.1007/s00115-022-01432-w

Mikolas P ..., **Martini J**^{2,5}, **Jansen A**, **Kircher T**, ..., **Ritter P**, **Bauer M**, **Pfennig A**: Prediction of estimated risk for bipolar disorder using machine learning and structural MRI features. *Psychol Med* 2023; 22:1-11. DOI: 10.1017/S0033291723001319

Schönthaler EMD, ..., **Martini J**^{1,2,3,4,5}, **Bauer M**, Sperling JD, Vinverg M, Reininghaus E: Greater emotional distress due to social distancing and greater symptom severity during the covid-19 pandemic in individuals with bipolar disorder: A multicenter study in Austria, Germany, and Denmark. *Int J Environ Res Public Health* 2022; 19(13):7626. DOI: 10.3390/ijerph19137626

Dalkner N, ..., **Martini J**^{1,2,3,4,5}, **Bauer M**, ..., Reininghaus E: Psychological and behavioral response on the covid-19 pandemic in individuals with bipolar disorder: A multicenter study. *Psychiat Res* 2022; 310:114451. DOI: 10.1016/j.psychres.2022.114451

- Martini J^{2,5}**, Leopold K, ..., **Young AH**, Correll CU, **Bauer M**, **Pfennig A**: Early detection of bipolar disorders and treatment recommendations for help-seeking adolescents and young adults: Findings of the Early Detection and Intervention Center Dresden. *Int J Bipolar Disord* 2021; 9:23. DOI: 10.1186/s40345-021-00227-3
- Sperling JD, Dalkner N, Bernd C, ..., **Martini J^{1,2,3,4,5}**, **Pfennig A**, **Bauer M**, Reininghaus E, Vinberg M: Physical health profile and associated behaviour during the COVID-19 pandemic in patients with bipolar disorder. *Front Psych* 2021; 12:759694. DOI: 10.3389/fpsy.2021.759694
- Martini J^{1,2,3,4,5}**, **Bauer M**, Lewitzka U, Voss C, **Pfennig A**, Ritter D, Wittchen HU: Predictors and outcomes of suicidal ideation during peripartum period. *J Affect Disord* 2019; 257:518-526. DOI: 10.1016/j.jad.2019.07.040
- Martini J^{1,2,3,4,5}**, ..., Wittchen HU: Infant, maternal, and familial predictors and correlates of regulatory problems in early infancy: The differential role of infant temperament and maternal anxiety and depression. *Early Hum Dev* 2017; 115:23-31. DOI: 10.1016/j.earlhumdev.2017.08.005
- Martini J^{1,2,3,4,5}**, ..., Wittchen HU: Risk factors and course patterns of anxiety and depressive disorders during pregnancy and after delivery: A prospective longitudinal study. *J Affect Disord* 2015; 175:385-395. DOI: 10.1016/j.jad.2015.01.012 (highly cited in Web of Science)
- Martini J^{*1,2,3,4,5}**, Knappe S*, Beesdo-Baum K, Lieb R, Wittchen HU: Anxiety disorders before birth and self-perceived distress during pregnancy: associations with maternal depression and obstetric, neonatal and early childhood outcomes. *Early Hum Dev* 2010; 86(5): 305-310. DOI: 10.1016/j.earlhumdev.2010.04.004

Category B

- Pfennig A**, Leopold K, **Martini J^{2,5}**, ..., **Kircher T**, **Jansen A**, ..., **Ritter P**, Correll C, Bechdolf A, **Falkenberg I**, **Bauer M**: Improving early recognition and intervention in people at increased risk for the development of bipolar disorder – study protocol of a prospective-longitudinal, naturalistic cohort study (Early-BipoLife). *Int J Bipolar Disord* 2020;8(1):22. DOI:10.1186/s40345-020-00183-4
- Schepper F, Herzog K, Herrmann J, **Martini J^{1,2,3,4,5}**: Das Puppeninterview zur Erfassung subjektiver Krankheitsannahmen krebskranker Kinder [The puppet interview to measure illness perceptions in paediatric oncology] 2022; *Präv Gesundheitsf* 2022; 18:166-174. DOI: 10.1007/s11553-022-00938-0
- Engelhardt-Lohrke C, ..., **Martini J^{1,2,3,4,5}**: Evaluation eines manualisierten Gruppenprogrammes für Geschwister von erkrankten oder behinderten Kindern [Evaluation of a manualized group program for siblings of children with diseases or disabilities]. *Prax Kinderpsychol Kinderpsychiatr* 2020; 69(3):203-217. DOI: 10.13109/prkk.2020.69.3.203
- Martini J^{*1,2,3,4,5}**, Wittich J*, Taubert L, Strobel, A: Fragebögen zu Erziehungseinstellungen im Säuglings- und Kleinkindalter, in Mall V, Friedmann A (editors), *Frühe Hilfen in der Pädiatrie. Ein Leitfaden für die klinische Praxis*. Heidelberg, Springer 2016; 268-273.
- Schepper F, Abel K, **Martini J^{1,2,3,4,5}**: Progredienzangst bei Eltern krebskranker Kinder: Adaptation eines Fragebogens und Korrelate [Fear of progression in parents of children with cancer: Adaptation of the Fear of Progression Questionnaire and correlates]. *Klin Padiatr* 2015; 227(03):151-156. DOI: 10.1055/s-0035-1545352
- Martini J^{*1,2,3,4,5}**, Wittich J*, ..., Wittchen HU: Maternal anxiety disorders prior to conception, psychopathology during pregnancy and early infants' development: A prospective longitudinal study. *Arch Womens Ment Health* 2013; 16(6):549-560. DOI: 10.1007/s00737-013-0376-5
- Martini J^{1,2,3,4,5}**, ..., Hoyer J: Die Depression-Angst-Stress-Skala für die Peripartalzeit: Ein Screening- instrument für die Schwangerschaft und das Wochenbett. *Klin Diagn Eval* 2009; 4(2):288-309.

Martini J^{1,2,3,4,5}, ..., Steiner M: New women-specific diagnostic modules: The Composite International Diagnostic Interview for Women (CIDI-VENUS). Arch Womens Mental Health 2009; 12(5):281-9. DOI: 10.1007/s00737-009-0077-2

Science communication

2016–2022 Founding Member and Deputy Speaker, Fachgruppe Forschung Psychosoziale Arbeitsgemeinschaft in der Gesellschaft für Pädiatrische Onkologie und Hämatologie (PSAPOH)

Academic Distinctions

2025 2nd supervisor prize of Fachgruppe Klinische Psychologie (Deutsche Gesellschaft für Psychologie)

2010–2013 5 times “Karl-und-Charlotte-Bühler Prize” for outstanding teaching, Faculty of Psychology, TUD, Germany

2006 Werner-Straub Prize, Diploma Psychology passed with distinction, TUD (grade: 1.0)

Other Information

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