

Curriculum Vitae

Personal Data

Title	PD Dr. med. habil.
First name	Philipp
Name	Ritter
Current position	Deputy Head of Department, Head of the Psychiatric Outpatient Clinic, Head of the Clinical Trials Unit
Current institution(s) site(s), country	Department of Psychiatry and Psychotherapy, Faculty of Medicine, UKD, Technische Universität Dresden (TUD), Germany
Identifiers/ORCID	0000-0003-4286-5830

Qualifications and Career

Stages	Periods and Details	
Degree programme	1996–2001	Medicine and Surgery, University College London, UK
Doctorate	2012	Dissertation, Psychiatry, “Chronobiological characteristics of patients with bipolar disorder, clinical high risk persons and healthy control subjects”, UKD, Technische Universität (TU) Dresden, Germany
Stages of academic/ professional career	2023–present	Deputy Head, Dept. of Psychiatry and Psychotherapy, TUD, Germany
	2021–2023	Leading Consultant, Dept. of Psychiatry and Psychotherapy, TUD, Germany
	2020–2021	Managerial Consultant, Dept. of Psychiatry and Psychotherapy, TUD, Germany
	2020	Habilitation in Psychiatry and Psychotherapy, TUD, Germany
	2016–2021	Consultant Affective Disorders Ward, Dept. of Psychiatry and Psychotherapy, TUD, Germany
	2015–2016	Registrar, Dept. of Psychiatry and Psychotherapy, TUD, Germany
	2012	Board Certificate, Psychiatry and Psychotherapy
	2009	Junior Researcher, Early Recognition Center, Dept. of Psychiatry and Psychotherapy, TUD, Germany
	2008	Senior House Officer, Dept. of Psychiatry and Psychotherapy, TUD, Germany
	2005–2008	Senior House Officer Forensic Psychiatry, Asklepios Hospital North, Hamburg, Germany

Stages of academic/ professional career	2003–2005	Senior House Officer Neurology, Asklepios Clinic North, Hamburg, Germany
	2002–2003	Senior House Officer Emergency Medicine, Royal United Hospital, Adelaide, Australia
	2001–2002	Medical Officer Gastroenterology and General Surgery, Royal Devon Hospital, Exeter and Royal United Hospital, Bath, UK

Engagement in the Research System

- since 2019 Member of the Global Bipolar Cohort Project and the Prechter Bipolar Research Program, University of Michigan, USA
- since 2019 Member Bipolar Disorders Network of the European College of Neuropsychopharmacology (ECNP)
- since 2018 Member of the International Group for The Study of Lithium Treated Patients (IGSLI)
- since 2018 Member of the International Society for Bipolar Disorders (ISBD) Chronobiology Task Force
- 2017–2018 Head of working group “Special Patient Populations” for the S3 guidelines on bipolar disorder, DGPPN, Germany
- since 2015 Study Coordinator for the consortium BipoLife as part of the federal “Forschungsnetz zu psychischen Erkrankungen” (BMBF) 2015-2022

Supervision of Researchers in Early Career Phases

- Regular contributions to multidisciplinary training for national and international undergraduate, graduate and postgraduate students, offering lectures, practical courses and seminars on different topics. Since 2019, personal supervision of 5 PhD students.

Scientific Results

Contributions: ¹Conceptualization/Methodology, ²Analysis, ³Investigation, ⁴Funding Acquisition, ⁵Writing

Category A (10 selected publications out of 77)

Kaulen L, Schwabedal JTC, Schneider J, **Ritter P**^{1,2,3,5}, Bialonski S: Advanced sleep spindle identification with neural networks. Sci Rep 2022; 12(1):7686. DOI: 10.1038/s41598-022-11210-y

Ritter P^{1,2,3,4,5}, ..., **Bauer M**, ..., Skene D: Supersensitivity of patients with bipolar-I- disorder to light- induced phase delay by narrow bandwidth blue light. Biol Psychiatry Glob Open Sci 2021; 2(1):28-35. DOI:10.1016/j.bpsgos.2021.06.004

Mikolas P, ..., **Kircher T**, **Falkenberg I**, ..., **Ritter P**^{1,2,3,5}, **Bauer M**, **Jansen A**, **Pfennig A**: Individuals at increased risk for development of bipolar disorder display structural alterations similar to people with manifest disease. Transl Psychiatry 2021; 11(1):485. DOI: 10.1038/s41398-021-01598-y

McCarthy MJ, ..., **Ritter P**^{1,2,5}, ..., Murray G: Neurobiological and behavioral mechanisms of circadian rhythm disruption in bipolar disorder: A critical multi-disciplinary literature review and agenda for future research from the ISBD task force on chronobiology. Bipolar Disord 2022; 24(3):232-263. DOI:10.1111/bdi.13165

Ritter P^{1,2,3,4,5}, ..., **Bauer M**, ..., Neumann S: Melatonin suppression by melanopsin-weighted light in patients with bipolar-I-disorder compared to healthy controls. *J Psychiatr Neurosci* 2019; 44(6):190005. DOI: 10.1503/jpn.190005

Ritter P^{1,2,3,4,5}, ..., **Pfennig A**, **Bauer M**, ..., Nikitin E: Sleep spindles in bipolar disorder – a comparison to healthy control subjects. *Acta Psychiatr Scand* 2018;138(2):163-172. DOI: 10.1111/acps.12924

Ritter P^{1,2,3,4,5}, ..., **Pfennig A**, **Bauer M**, Soltmann B: Role of the IL-6-receptor expression in CD14+ monocytes in modulating sleep in patients with bipolar disorder. *J Affect Disord* 2018;239:152-160. DOI: 10.1016/j.jad.2018.06.037

Ritter P^{1,4,5}, ..., **Jansen A**, ..., **Kircher T**, ..., **Pfennig A**, ..., **Bauer M**: Aims and structure of the German research consortium BipoLife for the study of bipolar disorder. *Int J Bipolar Disord* 2016; 4(1):26. DOI: 10.1186/s40345-016-0066-0

Ritter P^{1,2,3,5}, ..., **Bauer M**, **Pfennig A**, Beesdo-Baum K: Disturbed sleep as risk factor for the subsequent onset of bipolar disorder – data from a 10-year prospective-longitudinal study among adolescents and young adults. *J Psychiatr Res* 2015;68:76-82. DOI: 10.1016/j.jpsychires.2015.06.005

Ritter P^{1,2,3,4,5}, ..., **Bauer M**, **Pfennig A**: The characteristics of sleep in patients with manifest bipolar disorder, subjects at high risk of developing the disease and healthy controls. *J Neural Transm* 2012; 119(10):1173-84. DOI: 10.1007/s00702-012-0883-y

Category B

Pfennig A, Leopold K, **Martini J**, ..., **Kircher T**, **Jansen A**, ..., **Ritter P**^{1,2,3,4,5}, ..., **Falkenberg I**, **Bauer M**: Improving early recognition and intervention in people at increased risk for the development of bipolar disorder: Study protocol of a prospective-longitudinal, naturalistic cohort study (Early- BipoLife). *Int J Bipolar Disord* 2020;8(1):22. DOI: 10.1186/s40345-020-00183-4

Science communication

n/a

Academic Distinctions

n/a

Other Information

n/a