

Curriculum Vitae

Personal Data

Title	Prof. MB ChB MPhil PhD FRCP (Edin.) FRCPC FRCPsych
First name	Allan H.
Name	Young
Current position	Professor
Current institution(s)/ site(s), country	Department of Psychiatry and Psychotherapy, Faculty of Medicine, UKD, Technische Universität Dresden (TUD), Germany Institute of Psychiatry, Psychology and Neuroscience (IoPPN), King's College London, UK
Identifiers/ORCID	0000-0003-2291-6952

Qualifications and Career

Stages	Periods and Details	
Degree programme	1979–1984	Medicine (MB ChB), University of Edinburgh Medical School, UK
Doctorate	1996	Dissertation, Neuroscience, “Hormonal Effects on Serotonergic Neuronal Function”, University of Edinburgh, UK
Stages of academic/ professional career	2019–present	Transcampus Professor, TUD, Germany
	2013–present	Professor of Mood Disorders & Director of the Centre for Affective Disorders, IoPPN, King's College London, UK
	2010–2013	Chair of Psychiatry and Director of the Centre for Mental Health, Division of Brain Sciences, Department of Medicine, Imperial College London, UK
	2005–2010	Professor of Psychiatry, Leading Edge Endowment Fund Chair in Depression Research Director of the Institute of Mental Health, University of British Columbia, Canada
	1999–2007	Professor, University of Newcastle Upon Tyne, UK
	1994–1999	Senior Lecturer, University of Newcastle Upon Tyne, UK
	1992–1994	Clinical Lecturer, University of Oxford, UK
	1989–1992	Research Fellow, University of Edinburgh, UK
	1985–1989	Postgraduate Student & Trainee Psychiatrist, University of Edinburgh, UK
	1984–1985	House Physician/Surgeon, Royal Infirmary of Edinburgh and City Hospital Edinburgh, UK

Engagement in the Research System

2018–2020	President, British Association for Psychopharmacology
2015–2016	Scientific Programme Committee, International Society for Bipolar Disorders
2014–2018	President, International Society for Affective Disorders
since 2013	Bipolar UK Trustee and Executive Board
2012–2017	Chair of Psychopharmacology Committee, Royal College of Psychiatrists
2012–2014	Section Head, WPA Section on Affective Disorders
since 2011	Honorary Advisor to Asian Association of NeuroPsychopharmacology
2010–2012	Council Liaison of the Constitution and By-Laws Committee, Collegium Internationale Neuro-Psychopharmacologicum
2010	Member of Faculty of 1000, Mood Disorder Sector
2008	Member of Scientific Secretariat for the European Bipolar Forum
2007	Member of Canadian College of Neuropsychopharmacology
since 2006	Member of International Society of Affective Disorders (Treasurer since 2008)
since 2003	Member of International Society for Bipolar Disorders
since 2000	Trustee of DSRU Southampton
since 1999	Member of Collegium Internationale Neuro-Psychopharmacologicum (Fellow and Council Member since 2002)
since 1998	Member of Society for Biological Psychiatry
1997–2005	Spokesperson, British Medical Association Psychiatry
since 1995	Member of International Society of Psychoneuroendocrinology
since 1994	Member of British Neuroscience Association
since 1993	Member of Association of University Teachers of Psychiatry
since 1991	Member of British Neuropsychiatry Association
since 1989	Member of British Association for Psychopharmacology (Council and Secretary for External Affairs since 2001)
since 1988	Member of Royal of Psychiatrists (Fellow since 2004)
since 1982	Member of British Medical Association

Supervision of Researchers in Early Career Phases

- Long-standing and regular contributions to multidisciplinary training for national and international undergraduate, graduate and postgraduate students and physicians, offering lectures, practical courses and seminars on different topics. Supervision of both Masters, MD and PhD students (>40).

Scientific Results

Contributions:¹Conceptualization/Methodology, ²Analysis, ³Investigation, ⁴Funding Acquisition, ⁵Writing

Category A (10 selected publications out of >700)

Santana RP, Kerr-Gaffney J, Ancane A, **Young AH**^{1,5}: Impulsivity in bipolar disorder: state or trait? Brain Sci 2022; 12(10):1351. DOI: 10.3390/brainsci12101351

McIntyre RS, Alda M, Baldessarini RJ, **Bauer M**, ..., **Young AH**^{1,5}, Maj M: The clinical characterization of the adult patient with bipolar disorder aimed at personalization of management. World Psychiatry 2022; 21(3):364-387. DOI: 10.1002/wps.20997

Strawbridge R, ..., **Young AH**^{1,2,3,4,5}: A systematic review and meta-analysis of treatments for rapid cycling bipolar disorder. Acta Psychiatr Scand 2022; 146(4):290-311. DOI: 10.1111/acps.13471

Strawbridge R, **Young AH**^{1,2,3,4,5}: Lithium: Balancing mental and renal health. Lancet Psychiatry 2022; 9(10):760-761. DOI: 10.1016/S2215-0366(22)00308-X

Jelen LA, **Young AH**^{1,2,3,4,5}: New antidepressants: New day or false dawn? Eur Neuropsychopharmacol 2022; 63:1-3. DOI: 10.1016/j.euroneuro.2022.07.004

Bauer M, ..., **Pfennig A**, ..., **Ritter P**, ..., **Young AH**^{1,2,3,4,5}, Zgueb Y, Whybrow PC: Association between polarity of first episode and solar insolation in bipolar I disorder. J Psychosom Res 2022; 160:110982. DOI: 10.1016/j.jpsychores.2022.110982

Miskowiak KW, ..., **Young AH**^{1,2,3,4,5}, Vieta E, Stokes PRA: Can magnetic resonance imaging enhance the assessment of potential new treatments for cognitive impairment in mood disorders? A systematic review and position paper by the International Society for Bipolar Disorders Targeting Cognition. Task Force Bipolar Disord 2022; 24(6):615-636. DOI: 10.1111/bdi.13247

Jelen LA, Stone JM, **Young AH**^{1,2,3,4,5}, Mehta MA: The opioid system in depression. Neurosci Biobehav Rev 2022; 140:104800. DOI: 10.1016/j.neubiorev.2022.104800

Jelen LA, ..., **Young AH**^{1,2,3,4,5}, De Belleruche J, Stone JM: Variants in the zinc transporter-3 encoding gene (SLC30A3) in schizophrenia and bipolar disorder: Effects on brain glutamate – a pilot study. Front Psychiatry 2022; 13:929306. DOI: 10.3389/fpsyt.2022.929306

Strawbridge R, Alexander L, Richardson T, **Young AH**^{1,2,3,4,5}, Cleare AJ: Is there a 'bipolar iceberg' in UK primary care psychological therapy services? Psychol Med 2022; 1-10. DOI: 10.1017/S0033291722002343

Category B

n/a

Science communication

n/a

Academic Distinctions

Member of International Scientific Committee, Winter Workshop on Psychosis (WWP (02/2013))

Member of European Bipolar Foundation

Member of European BRAIN cOUNCIL

External Advisor to Mood Disorders Association of British Columbia

Member of St. Cross College, Oxford

Attempto Research Award, Tübingen University, Germany

Member of Scientific Advisory Board for Mindcare Centers, Canada

Patron of Mental Health Self Help Group Newcastle

International Advisor to the Asian Society for Bipolar Disorders

The Research in Clinical Psychopharmacology Prize, the British Association for Psychopharmacology (since 1995)

Other Information

n/a